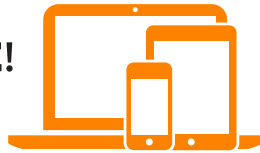


# HIGH SCHOOL Menu SEPTEMBER

VISIT OUR WEBSITE!  
diningservices.scps.us



**\$** Breakfast \$1.75  
Lunch \$3.00

Menu is subject to change.  
 = Contains Pork

## BREAKFAST

EACH ENTREE IS SERVED WITH FRUIT, 100% FRUIT JUICE AND MILK.  
Strawberry-Banana Smoothie and Granola. Available at select locations.

### MONDAY

Mini Maple Pancakes & Sausage<sup>™</sup>  
Golden Grahams and Cheese Stick  
BenefIT Bar (French Toast or Oatmeal Chocolate Chip)  
Cinnamon Cream Cheese Bagel-ful

### TUESDAY

Chicken Biscuit  
Trix and Cheese Stick  
BenefIT Bar (French Toast or Oatmeal Chocolate Chip)  
Apple Cinnamon Scone & Yogurt

### WEDNESDAY

French Toast Sticks  
Honey Nut Cheerios and Cheese Stick  
BenefIT Bar (French Toast or Oatmeal Chocolate Chip)  
Cinnamon Cream Cheese Bagel-ful

### THURSDAY

Breakfast Quesadilla<sup>™</sup>  
Apple Jacks and Cheese Stick  
BenefIT Bar (French Toast or Oatmeal Chocolate Chip)  
Apple Cinnamon Scone & Yogurt

### FRIDAY

Italian Sausage Breakfast Bowl<sup>™</sup>  
Cinnamon Toast Crunch and Cheese Stick  
BenefIT Bar (French Toast or Oatmeal Chocolate Chip)  
Cinnamon Cream Cheese Bagel-ful

## LUNCH

### EVERYDAY FAVORITES

ALL ITEMS INCLUDE A VARIETY OF SEASONAL FRUIT, VEGETABLES, JUICE AND MILK.



#### CHICKEN SANDWICH MEAL

Choose from:  
Grilled Chicken Sandwich or  
Crispy Chicken Sandwich



#### GIANNI'S™ OVEN FRESH PIZZA MEAL

Choose from:  
Cheese, Pepperoni<sup>™</sup>  
or Buffalo Chicken



#### SUB SANDWICH MEAL

Choose from:  
Hot Italian<sup>™</sup>  
or Turkey Bacon Flatbread<sup>™</sup>



#### SPECIALTY SALAD MEAL

Freshly prepared salads topped with  
flavorful meats and cheeses  
(Vegan options available)



#### YOGURT PARFAIT MEAL

Yoplait® yogurt and  
fruit topped with  
homemade granola

# DAILY SPECIALS

ALL ITEMS INCLUDE A VARIETY OF SEASONAL FRUIT, VEGETABLES, JUICE AND MILK.

## New Signs Above Our Dining Lines!

See what meal options are available in each line before you enter it.  
Choose your entrée. Find your line. Enjoy your meal.

**MONDAY 9/4**



**TUESDAY 9/5**



Flame Grilled® Burger  
or  
Black Bean Burger  
French Fries

**WEDNESDAY 9/6**



Spaghetti & Meatballs\*  
Broccoli  
Garlic Breadstick

**THURSDAY 9/7**



Chicken Nuggets  
Mashed Potatoes  
Gravy  
Dinner Roll

**FRIDAY 9/1**



Chicken Quesadilla  
Corn  
Black Beans

**FRIDAY 9/8**

SCHOOLS  
CLOSED

**MONDAY 9/11**

**TUESDAY 9/12**

**WEDNESDAY 9/13**

**THURSDAY 9/14**

**FRIDAY 9/15**

SCHOOLS CLOSED

**MONDAY 9/18**



Flame Grilled® Burger  
or  
Black Bean Burger  
French Fries

**TUESDAY 9/19**



Chicken Fajitas  
Peppers & Onions  
Cheese  
Salsa

**WEDNESDAY 9/20**



Baked Ziti  
Broccoli  
Garlic Breadstick

**THURSDAY 9/21**



Chicken Nuggets  
Mashed Potatoes  
Gravy  
Dinner Roll

**FRIDAY 9/22**



Chicken Tenders  
Maple Waffles  
Sweet Potato Fries

**MONDAY 9/25**



Flame Grilled® Burger  
or  
Black Bean Burger  
French Fries

**TUESDAY 9/26**



Hard or Soft Tacos  
with toppings  
Tortilla Chips  
Black Beans

**WEDNESDAY 9/27**



Chicken Parmesan  
Spaghetti  
Broccoli

**THURSDAY 9/28**



Chicken Nuggets  
Mashed Potatoes  
Gravy  
Dinner Roll

**FRIDAY 9/29**



Szechuan Chicken or  
Orange Chicken  
Green Beans  
Rice or Noodles

## ALA CARTE AVAILABLE EVERYDAY

### FRESH FROM THE OVEN

Gianni's® Pizza Slice 2.25  
Personal Pan Pizza 2.50

### CLASSIC FAVORITES

Chicken Sandwich 2.25  
Sub/Flatbread 2.25  
Popcorn Chicken 2.00

### LIGHTER CREATIONS

Assorted Specialty Salads 2.75

### SIDES & SNACKS

Fresh Fruit .75  
Fresh Veggies with Dip .75  
Cheese Stick .40  
Side Salad 1.25  
Baked Chips or Popcorn .75  
Fresh Baked Cookie .75  
BeneFIT Bar 1.25  
Hershey® Ice Cream 1.00\*  
Welch's® Fruit Snacks 1.00

### DRINKS

Nestle® Water 1.00  
T.G. Lee® Milk .75  
Envy® 1.50  
Apple & Eve® Juice Bottle 1.00  
Fruit Smoothie 1.75  
Apple & Eve® Juice Box .75

\* Ice Cream available  
at select locations.