

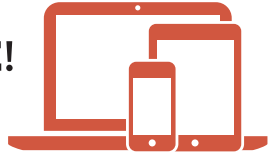
# MIDDLE SCHOOL menu DECEMBER

# BREAKFAST

ALL MEALS INCLUDE AN ENTREE, FRUIT, 100% FRUIT JUICE AND/OR MILK.  
Peach Mango Smoothie and Granola available at select locations.



VISIT OUR WEBSITE!  
diningservices.scps.us



MY SCHOOL BUCKS  
Pay for breakfast and lunch at:  
myschoolbucks.com

\$ Breakfast \$1.75  
Lunch \$3.00

Menu is subject to change.  
🐷 = Contains Pork  
🐠 = Contains Shellfish



**MONDAY**  
French Toast Sticks  
Golden Grahams and Cheese Stick  
BeneFIT Bar (Apple Blueberry or Oatmeal Chocolate Chip)  
Cinnamon Cream Cheese Bagel-ful

**TUESDAY**  
Chicken Biscuit  
Trix and Cheese Stick  
BeneFIT Bar (Apple Blueberry or Oatmeal Chocolate Chip)  
Cranberry-Orange Scone & Yogurt

**WEDNESDAY**  
Mini Maple Pancakes and Sausage  
Honey Nut Cheerios and Cheese Stick  
BeneFIT Bar (Apple Blueberry or Oatmeal Chocolate Chip)  
Cinnamon Cream Cheese Bagel-ful

**THURSDAY**  
Breakfast Quesadilla  
Apple Jacks and Cheese Stick  
BeneFIT Bar (Apple Blueberry or Oatmeal Chocolate Chip)  
Cranberry-Orange Scone & Yogurt

**FRIDAY**  
Italian Sausage Breakfast Bowl  
Cinnamon Toast Crunch and Cheese Stick  
BeneFIT Bar (Apple Blueberry or Oatmeal Chocolate Chip)  
Cinnamon Cream Cheese Bagel-ful



# LUNCH EVERYDAY FAVORITES

ALL MEALS INCLUDE AN ENTREE, SEASONAL FRUIT, VEGETABLES, JUICE AND/OR MILK.



**CHICKEN SANDWICH MEAL**  
Choose from:  
Grilled Chicken Sandwich or  
Crispy Chicken Sandwich



**GIANNI'S™ OVEN FRESH PIZZA MEAL**  
Choose from:  
Cheese, Pepperoni  
or BBQ Chicken



**SUB SANDWICH MEAL**  
Choose from:  
Hot Italian Sub  
or Buffalo Chicken Flatbread



**SPECIALTY SALAD MEAL**  
Freshly prepared salads topped with  
flavorful meats and cheeses  
(Vegan options available)



**YOGURT PARFAIT MEAL**  
Yoplait® yogurt and  
fruit topped with  
homemade granola



# DAILY SPECIALS

ALL MEALS INCLUDE AN ENTREE, SEASONAL FRUIT, VEGETABLES, JUICE AND/OR MILK.

**NEW**  
**SHRIMP TACOS**  
**FRIDAY, DECEMBER 1**



**FRIDAY 12/1**



**NEW!** Shrimp Tacos<sup>3</sup>  
Black Beans

**MONDAY 12/4**



Flame Grilled® Burger  
or  
Black Bean Burger  
French Fries

**TUESDAY 12/5**



Chicken or Beef Burrito  
Refried Beans

**WEDNESDAY 12/6**



Spaghetti & Meatballs<sup>3</sup>  
Broccoli  
Garlic Breadstick

**THURSDAY 12/7**



Chicken Nuggets  
Mashed Potatoes  
Gravy  
Dinner Roll

**FRIDAY 12/8**



Szechuan Chicken or  
Sriracha Chicken  
Green Beans  
Rice or Noodles

**MONDAY 12/11**



Flame Grilled® Burger  
or  
Black Bean Burger  
French Fries

**TUESDAY 12/12**



Hard or Soft Tacos  
with toppings  
Tortilla Chips  
Black Beans

**WEDNESDAY 12/13**



Baked Ziti  
Broccoli  
Garlic Breadstick

**THURSDAY 12/14**



Chicken Nuggets  
Mashed Potatoes  
Gravy  
Dinner Roll

**FRIDAY 12/15**



Chicken Tenders  
Maple Waffles  
Sweet Potato Fries

**MONDAY 12/18**



Flame Grilled® Burger  
or  
Black Bean Burger  
French Fries

**TUESDAY 12/19  
(EARLY RELEASE)**



Sub  
Crunchy Cheetos  
Fruit & Veggies  
Juice

**WEDNESDAY 12/20  
(EARLY RELEASE)**



Chicken Sandwich  
Cool Ranch Doritos  
Fruit & Veggies  
Juice

**THURSDAY 12/21  
(EARLY RELEASE)**



Hot Dog  
Cheddar Sunchips Mix  
Fruit & Veggies  
Juice

**FRIDAY 12/22**

**NO SCHOOL**

**MONDAY 12/25**

**TUESDAY 12/26**

**WEDNESDAY 12/27**

**THURSDAY 12/28**

**FRIDAY 12/29**

# Happy Holidays



**ALA CARTE**  
AVAILABLE EVERYDAY

**FRESH FROM THE OVEN**  
Gianni's® Pizza Slice 2.25  
Personal Pan Pizza 2.50

**CLASSIC FAVORITES**  
Chicken Sandwich 2.25  
Sub/Flatbread 2.25  
Popcorn Chicken 2.00

**LIGHTER CREATIONS**  
Assorted Specialty Salads 2.75

**SIDES & SNACKS**  
Fresh Fruit .75  
Fresh Veggies with Dip .75  
Cheese Stick .40  
Side Salad 1.25  
Baked Chips or Popcorn .75  
Fresh Baked Cookie .75  
BeneFIT Bar 1.25  
Hershey® Ice Cream 1.00  
Welch's® Fruit Snacks 1.00  
Rice Krispies Treats 1.00

**DRINKS**  
Nestle® Water 1.00  
T.G. Lee® Milk .75  
Envy® 1.50  
Apple & Eve® Juice Box .65  
Fruit Smoothie 1.75

