

# HIGH SCHOOL Menu JANUARY

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diningservices.scps.us



**\$** Breakfast \$1.75  
Lunch \$3.00

Menu is subject to change.  
 = Contains Pork  
 = Contains Shellfish

## BREAKFAST

ALL MEALS INCLUDE AN ENTREE, FRUIT, 100% FRUIT JUICE AND/OR MILK.  
Strawberry Banana Smoothie and Granola available at select locations.

**MONDAY**  
 French Toast Sticks  
 Golden Grahams and Cheese Stick  
 BeneFIT Bar (French Toast or Oatmeal Chocolate Chip)  
 Cinnamon Cream Cheese Bagel-ful

**TUESDAY**  
 Chicken Biscuit  
 Froot Loops and Cheese Stick  
 BeneFIT Bar (French Toast or Oatmeal Chocolate Chip)  
 Cranberry-Orange Scone & Yogurt

**WEDNESDAY**  
 Mini Maple Pancakes and Sausage\*  
 Honey Nut Cheerios and Cheese Stick  
 BeneFIT Bar (French Toast or Oatmeal Chocolate Chip)  
 Cinnamon Cream Cheese Bagel-ful

**THURSDAY**  
 Breakfast Quesadilla\*  
 Apple Jacks and Cheese Stick  
 BeneFIT Bar (French Toast or Oatmeal Chocolate Chip)  
 Cranberry-Orange Scone & Yogurt

**FRIDAY**  
 Italian Sausage Breakfast Bowl\*  
 Cinnamon Toast Crunch and Cheese Stick  
 BeneFIT Bar (French Toast or Oatmeal Chocolate Chip)  
 Cinnamon Cream Cheese Bagel-ful

## LUNCH

### EVERYDAY FAVORITES

ALL ITEMS INCLUDE A VARIETY OF SEASONAL FRUIT, VEGETABLES, JUICE AND MILK.



#### CHICKEN SANDWICH MEAL

Choose from:  
 Grilled Chicken Sandwich or  
 Crispy Chicken Sandwich



#### GIANNI'S™ OVEN FRESH PIZZA MEAL

Choose from:  
 Cheese, Pepperoni\*  
 or Buffalo Chicken



#### SUB SANDWICH MEAL

Choose from:  
 Hot Italian Sub\*  
 or Turkey Bacon Flatbread\*



#### SPECIALTY SALAD MEAL

Freshly prepared salads topped with  
 flavorful meats and cheeses  
 (Vegan options available)



#### YOGURT PARFAIT MEAL

Yoplait® yogurt and  
 fruit topped with  
 homemade granola

## DAILY SPECIALS

ALL ITEMS INCLUDE A VARIETY OF SEASONAL FRUIT, VEGETABLES, JUICE AND MILK.

**MONDAY 1/1**  
 HAPPY  
 NEW  
 YEAR

**DID YOU KNOW?**

A VARIETY OF SIGNATURE MENU ITEMS ARE OFFERED EVERY SINGLE DAY.  
 To see the featured items of the month, view our **Everyday Favorites** section on the first page under the breakfast menu.

**MONDAY 1/8**  
  
 Flame Grilled® Burger  
 or  
 Black Bean Burger  
 French Fries

**TUESDAY 1/9**  
  
 Chicken or Beef Burrito  
 Refried Beans

**WEDNESDAY 1/10**  
  
 Spaghetti & Meatballs\*  
 Broccoli  
 Garlic Breadstick

**THURSDAY 1/11**  
  
 Chicken Nuggets  
 Mashed Potatoes  
 Gravy  
 Dinner Roll

**FRIDAY 1/12**  
  
 Szechuan Chicken or  
 Sriracha Chicken  
 Green Beans  
 Rice or Noodles

**MONDAY 1/15**

**TUESDAY 1/16**  
  
 Flame Grilled® Burger  
 or  
 Black Bean Burger  
 French Fries

**WEDNESDAY 1/17**  
  
 Baked Ziti  
 Broccoli  
 Garlic Breadstick

**THURSDAY 1/18**  
  
 Chicken Nuggets  
 Mashed Potatoes  
 Gravy  
 Dinner Roll

**FRIDAY 1/19**  
  
 Chicken Tenders  
 Maple Waffles  
 Sweet Potato Fries

**MONDAY 1/22**  
  
 Flame Grilled® Burger  
 or  
 Black Bean Burger  
 French Fries

**TUESDAY 1/23**  
  
 Nachos  
 with toppings  
 Black Beans

**WEDNESDAY 1/24**  
  
 Chicken Parmesan  
 Spaghetti  
 Broccoli

**THURSDAY 1/25**  
  
 Chicken Nuggets  
 Mashed Potatoes  
 Gravy  
 Dinner Roll

**FRIDAY 1/26**  
  
 Teriyaki Chicken or  
 Orange Chicken  
 Green Beans  
 Rice or Noodles

**MONDAY 1/29**  
  
 Flame Grilled® Burger  
 or  
 Black Bean Burger  
 French Fries

**TUESDAY 1/30**  
  
 Shrimp Taco\*  
 Black Beans

**WEDNESDAY 1/31**  
  
 Baked Ziti  
 Broccoli  
 Garlic Breadstick

### ALA CARTE AVAILABLE EVERYDAY

**FRESH FROM THE OVEN**  
 Gianni's® Pizza Slice 2.25  
 Personal Pan Pizza 2.50  
**CLASSIC FAVORITES**  
 Chicken Sandwich 2.25  
 Sub/Flatbread 2.25  
 Popcorn Chicken 2.00  
**LIGHTER CREATIONS**  
 Assorted Specialty Salads 2.75

**SIDES & SNACKS**  
 Fresh Fruit .75  
 Fresh Veggies with Dip .75  
 Cheese Stick .40  
 Side Salad 1.25  
 Baked Chips or Popcorn .75  
 Fresh Baked Cookie .75  
 BeneFIT Bar 1.25  
 Hershey® Ice Cream 1.00\*  
 Welch's® Fruit Snacks 1.00

**DRINKS**  
 Nestle® Water 1.00  
 T.G. Lee® Milk .75  
 Envy® 1.50  
 Fruit Smoothie 1.75  
 Apple & Eve® Juice Box .75  
 \* Ice Cream available at select locations.