



## Breakfast and Lunch Ingredients List Elementary Schools

The information contained in this list is reported by each of the manufacturers or vendors. Variations may occur due to the differences in suppliers, ingredient substitutions, recipe revisions, product assembly at the school level, and/or season of the year. This information is effective as of April 30, 2018.

Single ingredient items, such as fruit, milk, vegetables, 100% juice and rice, are not listed below. **Fresh fruit and vegetables along with other single ingredient items are offered daily.** For more information about these items, please contact the Dining Services Department.

Seminole County Public Schools and employees do not assume responsibility for a particular sensitivity or allergy to any food product provided in our schools. We encourage anyone with food sensitivities, allergies or special dietary needs to check with <http://diningservices.scps.us/> on a regular basis to obtain the most current information. If your child has a special diet need due to a medical condition, please contact Von Nguyen, MS, RD at [von\\_nguyen@scps.k12.fl.us](mailto:von_nguyen@scps.k12.fl.us) for more information. If you have specific questions or concerns with any of the products listed, please feel free to call or write:

Seminole County Public Schools  
Dining Services Department  
400 East Lake Mary Blvd.  
Sanford, FL 32773  
407-320-0226

## **BREAKFAST INGREDIENTS**

### **Applesauce (Monarch®)**

Ingredients: apples, water, ascorbic acid

### **Applesauce, Cup (Mott's® Natural)**

Ingredients: Apples, water, ascorbic acid (vitamin c)

### **Bagel-ful®, Apple Cinnamon**

Ingredients: Water, Whole Wheat Flour, Enriched Unbleached Wheat Flour (Wheat Flour, Malted Barley Flour, Niacin, Reduced Iron, Thiamin Mononitrate, Riboflavin, Folic Acid), Cream Cheese (Pasteurized Milk and Cream, Cheese Culture, Salt, Carob Bean Gum), Apple Cinnamon Filling (Water, Sugar, Evaporated Apples, Modified Food Starch, Cellulose Gel or Gum, Malic Acid, Cinnamon, Natural Flavors, Salt, Potassium Sorbate [preservative], Gellan Gum, Benzoate of Soda [preservative], Citric Acid, Nutmeg, Sodium Citrate), Brown Sugar, Dough Conditioners (Wheat Flour, Sugar, Corn Flour, Soybean Oil, Calcium Sulfate, L-Cysteine, Ascorbic Acid, Calcium Iodate, Calcium Peroxide, Enzymes), Vital Wheat Gluten, Extract of Malted Barley and Corn, Bagel Premix (Dimagnesium Phosphate, Dicalcium Phosphate, Calcium Carbonate, Niacinamide, Zinc Oxide, Thiamin Mononitrate, Pyridoxine Hydrochloride, Riboflavin), Yeast (Yeast, Sorbitan Monostearate, Ascorbic Acid), Salt, Ammonium Sulfate. Contains Milk, Wheat, Soy.

### **Bagel-ful®, Cinnamon Cream Cheese**

Ingredients: Water, Whole Wheat Flour, Enriched Unbleached Wheat Flour (Wheat Flour, Malted Barley Flour, Niacin, Reduced Iron, Thiamin Mononitrate, Riboflavin, Folic Acid), Cream Cheese (Pasteurized Milk and Cream, Cheese Culture, Salt, Carob Bean Gum), Cinnamon Filling (Water, Sugar, Brown Sugar, Modified Food Starch, Cellulose Gel and Gum, Salt, Cinnamon, Natural Flavors, Fumaric Acid, Benzoate of Soda and Potassium Sorbate [preservatives], Gellan Gum, Sodium Citrate), Brown Sugar, Dough Conditioners (Wheat Flour, Sugar, Corn Flour, Soybean Oil, Calcium Sulfate, L-Cysteine, Ascorbic Acid, Calcium Iodate, Calcium Peroxide, Enzymes), Vital Wheat Gluten, Extract of Malted Barley and Corn, Bagel Premix (Dimagnesium Phosphate, Dicalcium Phosphate, Calcium Carbonate, Niacinamide, Zinc Oxide, Thiamin Mononitrate, Pyridoxine Hydrochloride, Riboflavin), Yeast (Yeast, Sorbitan Monostearate, Ascorbic Acid), Salt, Ammonium Sulfate. Contains Milk, Wheat, Soy.

### **Bagel-ful®, Strawberry**

Ingredients: Water, whole wheat flour, enriched unbleached wheat flour (wheat flour, malted barley flour, niacin, reduced iron, thiamin mononitrate, riboflavin, folic acid), cream cheese (pasteurized milk and cream, cheese culture, salt, carob bean gum), apple cinnamon filling (water, sugar, evaporated apples, modified food starch, cellulose gel or gum, malic acid, cinnamon, natural flavors, salt, potassium sorbate [preservative], gellan gum, benzoate of soda [preservative], citric acid, nutmeg, sodium citrate), brown sugar, dough conditioners (wheat flour, sugar, corn flour, soybean oil, calcium sulfate, l-cysteine, ascorbic acid, calcium iodate, calcium peroxide, enzymes), vital wheat gluten, extract of malted barley and corn, bagel premix (dimagnesium phosphate, dicalcium phosphate,

calcium carbonate, niacinamide, zinc oxide, thiamin mononitrate, pyridoxine hydrochloride, riboflavin), yeast (yeast, sorbitan monostearate, ascorbic acid), salt, ammonium sulfate. Contains milk, wheat, soy.

#### **Biscuit, Blueberry**

Ingredients: Water, Whole Wheat Flour, Enriched Flour (Wheat Flour, Malted Barley Flour, Niacin, Reduced Iron, Thiamin Mononitrate, Riboflavin, Folic Acid), Sugar, Palm Oil, Nonfat Milk, Leavening (Sodium Bicarbonate, Sodium Aluminum Phosphate, Calcium Acid Pyrophosphate, Potassium Bicarbonate, Sodium Acid Pyrophosphate). Contains 2% or less of the following: Dextrose, Soybean Oil, Sea Salt (Potassium Chloride, Sodium Chloride, Magnesium Chloride), Artificial and Natural Flavors, Dairy Whey, Wheat Starch, Buttermilk, Sorbic Acid (Preservative), Sodium Caseinate (from Milk), Diacetyl Tartaric Acid Esters of Mono- and Diglycerides, Maltodextrin, Modified Food Starch, Citric Acid, Guar Gum, Dried Blueberries, Color (Red 40 and Blue 2).

#### **Biscuit, Ham and Cheese**

Ingredients: Biscuit, whole grain (Rich's®), Canadian bacon, turkey (Jennie-O), American Cheese (Bongards)

#### **Biscuit, Whole Grain (Rich's®)**

Ingredients: Whole wheat flour, buttermilk, enriched bleached wheat flour (wheat flour, niacin, iron as ferrous sulfate, thiamine mononitrate, enzyme, riboflavin, folic acid), palm oil, skim milk, leavening (sodium aluminum phosphate, baking soda), maltodextrin, contains less than 2% of the following: water, potassium chloride, sugar, modified cornstarch, soybean oil, artificial flavor, salt, datem, soy lecithin.

#### **Canadian Bacon (Jennie-O)**

Ingredients: Turkey Thigh Meat with a Portion of Ground Turkey Thigh Trim Added, Vinegar, Sugar, Contains 2% Or Less Sea Salt, Natural Flavor (Celery Juice Powder), Salt, Potassium Chloride, Baking Soda, Natural Smoke Flavor.

#### **Cereal, Apple Jacks (Kellogg's®)**

Ingredients: Corn flour blend (whole grain yellow corn flour, degerminated yellow corn flour), sugar, wheat flour, whole grain oat flour, contains 2% or less of vegetable oil (hydrogenated coconut, soybean and/or cottonseed, canola), oat fiber, salt, soluble corn fiber, degerminated yellow corn flour, apple juice concentrate, modified corn starch, dried apples, cornstarch, cinnamon, yellow 6, natural flavor, baking soda, turmeric extract color, red 40, blue 1. vitamins and minerals: vitamin c (sodium ascorbate and ascorbic acid), niacinamide, reduced iron, zinc oxide, vitamin b6 (pyridoxine hydrochloride), vitamin b2 (riboflavin), vitamin b1 (thiamin hydrochloride), vitamin a palmitate, folic acid, vitamin b12, vitamin d3.

**Cereal, Corn Flakes, Frosted (Mary Lee®)**

Ingredients: Whole grain yellow corn flour, degermed yellow corn meal, sugar, contains 2% or less of: salt, malt extract, vitamin C (sodium ascorbate, ascorbic acid), iron (ferrous fumarate), vitamin A (palmitate), niacinamide, vitamin B2 (riboflavin), vitamin B1 (thiamine mononitrate), vitamin B6 (pyridoxine hydrochloride), vitamin d (cholecalciferol), folic acid BHT added to packaging to help preserve freshness

**Cereal, Cinnamon Toast Crunch (General Mills®)**

Ingredients: Whole grain wheat, sugar, rice flour, canola oil, fructose, maltodextrin, dextrose, salt, cinnamon, trisodium phosphate, soy lecithin, caramel color. bht added to preserve freshness. vitamins and minerals: calcium carbonate, zinc and iron (mineral nutrients), vitamin c (sodium ascorbate), a b vitamin (niacinamide), vitamin b6 (pyridoxine hydrochloride), vitamin b2 (riboflavin), vitamin b1 (thiamin mononitrate), vitamin a (palmitate), a b vitamin (folic acid), vitamin b12, vitamin d3. Contains wheat and soy ingredients.

**Cereal, Froot Loops (General Mills®)**

Ingredients: Corn flour blend (whole grain yellow corn flour, degerminated yellow corn flour), sugar, wheat flour, whole grain oat flour, contains 2% or less of oat fiber, hydrogenated vegetable oil (coconut, soybean and/or cottonseed), salt, soluble corn fiber, natural flavor, red 40, turmeric extract color, blue 1, yellow 6, annatto extract color. Vitamins and minerals: vitamin c (sodium ascorbate and ascorbic acid), niacinamide, reduced iron, zinc oxide, vitamin b6 (pyridoxine hydrochloride), vitamin b2 (riboflavin), vitamin b1 (thiamin hydrochloride), vitamin a palmitate, folic acid, vitamin b12, vitamin d3.

**Cereal, Golden Grahams (General Mills®)**

Ingredients: Whole grain wheat, corn meal, sugar, brown sugar syrup, canola oil, dextrose, baking soda, salt, natural flavor. Vitamins and minerals: calcium carbonate, iron and zinc (mineral nutrients), vitamin c (sodium ascorbate), a b vitamin (niacinamide), vitamin b6 (pyridoxine hydrochloride), vitamin b2 (riboflavin), vitamin b1 (thiamin mononitrate), vitamin a (palmitate), a b vitamin (folic acid), vitamin b12, vitamin d3. Contains wheat ingredients.

**Cereal, Cheerios (General Mills®)**

Ingredients: Whole Grain Oats, Corn Starch, Sugar, Salt, Tripotassium Phosphate. Vitamin E (mixed tocopherols) Added to Preserve Freshness. Vitamins and Minerals: Calcium Carbonate, Iron and Zinc (mineral nutrients), Vitamin C (sodium ascorbate), A B Vitamin (niacinamide), Vitamin B6 (pyridoxine hydrochloride), Vitamin A (palmitate), Vitamin B1 (thiamin mononitrate), A B Vitamin (folic acid), Vitamin B12, Vitamin D3. Gluten-free.

**Cereal, Honey Nut Cheerios (General Mills®)**

Ingredients: Whole grain oats, sugar, oat bran, corn starch, honey, brown sugar syrup, salt, tripotassium phosphate, rice bran oil and/or canola oil, natural almond flavor. Vitamin E (mixed tocopherols) added to preserve freshness. Vitamins and minerals: calcium carbonate, zinc and iron (mineral nutrients), Vitamin C (sodium ascorbate), a B vitamin (niacinamide), vitamin B6 (pyridoxine hydrochloride), vitamin B2 (riboflavin), vitamin B1 (thiamin mononitrate), vitamin a (palmitate), a B vitamin (folic acid), vitamin B12, vitamin D3. Contains almond ingredients. Gluten-free.

**Cereal, Rice Chex (General Mills®)**

Ingredients: Whole Grain Rice, Rice, Sugar, Salt, Molasses. Vitamin E (mixed tocopherols) Added to Preserve Freshness. Vitamins and Minerals: Calcium Carbonate, Iron and Zinc (mineral nutrients), Vitamin C (sodium ascorbate), A B Vitamin (niacinamide), Vitamin B6 (pyridoxine hydrochloride), Vitamin B2 (riboflavin), Vitamin B1 (thiamin mononitrate), Vitamin A (palmitate), A B Vitamin (folic acid), Vitamin B12, Vitamin D3.

**Cheese Stick, Colby Jack (Bongards®)**

Ingredients: Cultured Pasteurized Reduced-Fat Milk, Salt, Enzymes, Annatto Color, Vitamin A Palmitate.

**Cheese Stick, Mozzarella (Bongards®)**

Ingredients: Pasteurized part skim milk, cheese cultures, salt, enzymes.

**Chicken Patty, 1.6 oz (Rich Chicks®)**

Antibiotic Free Chicken Breast with Rib Meat, Soy Protein Concentrate, Antibiotic Free Chicken Protein, Water, Salt, Isolated Oat Product. Seasoning Ingredients: Salt, Hydrolyzed Corn Gluten, Onion Powder, Spices, Wheat Flour, not more than 2% Silicon Dioxide added to prevent caking. Pre-dusted and Breaded With: Whole Wheat Flour, Enriched Wheat Flour (Enriched with Niacin, Reduced Iron, Thiamine Mononitrate, Riboflavin, Folic Acid), Salt, Soybean Oil (As a Processing Aid), Spices, Leavening (Sodium Aluminum Phosphate, Sodium Bicarbonate), Hydrolyzed Wheat Gluten, Garlic Powder, Soy Flour, Extractives of Paprika, Natural Flavors. Battered with: Water, Whole Wheat Flour, Enriched Wheat Flour (Enriched With Niacin, Reduced Iron, Thiamine Mononitrate, Riboflavin, Folic Acid), Yellow Corn Flour, Salt, Leavening (Sodium Bicarbonate, Sodium Aluminum Phosphate), Egg Whites, Spice Extractive, Cellulose Gum. Breeding Set in Soy Bean Oil. Allergens: Wheat, Egg and Soy

**Cream Cheese, Strawberry (Glenview Farms®)**

Ingredients: Pasteurized milk and cream, sugar, strawberries, water, cheese culture, natural flavor, salt, stabilizers (carob bean and/or xanthan guar gums), modified food starch, caramel color, sodium benzoate (preservative in strawberries), red #40 (color).

**French Toast Sticks (Bake Crafters®)**

Ingredients: Whole Wheat Bread (Whole Wheat Flour, Water, Enriched Wheat Flour, Malted Barley Flour, Niacin, Reduced Iron, Thiamine Mononitrate, Riboflavin, Folic Acid), Sugar, Wheat Gluten, Yeast, Salt, Soybean Oil, Mono And Diglycerides, Calcium Propionate (Preservative), DATEM, Calcium Sulfate, Citric Acid, Soy Lecithin, Grain Vinegar, Potassium Iodate), Water, Whole Wheat Batter (Whole Wheat Flour, Sugar, Enriched Wheat Flour [Enriched With Niacin, Reduced Iron, Thiamine Mononitrate, Riboflavin, Folic Acid], Dextrose, Eggs, Yellow Corn Flour, Corn Syrup Solids, Natural Flavor, Modified Corn Starch, Salt, Leavening (Sodium Aluminum Phosphate, Sodium Bicarbonate), Nonfat Milk, Spice, Artificial Flavor, Modified Cellulose Gum, Spice Extractive), Coating (Enriched Wheat Flour [Wheat Flour, Niacin, Iron, Thiamine Mononitrate, Riboflavin, Folic Acid], Yellow Corn Flour, Sugar, Soy Flour, Salt, Dextrose, Leavening [Sodium Bicarbonate, Monocalcium Phosphate], Yeast), Soybean Oil, Cinnamon Sugar (Sugar, Spices, Natural Flavor, Silicon Dioxide [Added To Prevent Caking]).

**Granola, Homemade**

Ingredients: Oatmeal (quick oats), Syrup (Harvest Value®), Sugar, Light Brown, Vanilla flavoring, Butter, Unsalted

**Jelly, Grape (Heinz®)**

Ingredients: Cane sugar, water, red grape juice concentrate, concord grape juice concentrate, citric acid, pectin, potassium sorbate (preservative).

**Juice (Ardmore Farms®)**

**Apple Juice-** Ingredients: Filtered water, apple juice concentrate, malic acid, sodium benzoate and potassium sorbate (To assure freshness).

**Fruit Blend** - Ingredients: Filtered water, apple, pineapple, orange and grape juice concentrates, natural flavors, malic acid.

**Orange Juice-** Ingredients: Filtered water, orange juice concentrate.

**Milk, Chocolate (TrooMoo®)**

Ingredients: nonfat milk, sugar, contains less than 1% of: cocoa (processed with alkali), corn starch, salt, carrageenan, natural flavor, vitamin A palmitate, vitamin D3.

**Muffin, Blueberry (Chef Pierre®)**

Ingredients: Wheat flour (whole wheat flour, enriched bleached flour (wheat flour, niacin, iron, thiamine mononitrate, riboflavin, folic acid)), sugar, water, vegetable oil (soybean, canola), blueberries, eggs, contains 2% or less: maltodextrin, baking powder (corn starch, sodium aluminum phosphate, sodium bicarbonate and monocalcium phosphate), modified corn starch, salt, potassium sorbate (preservative), baking soda, mono- and diglycerides, xanthan gum, malic acid, sodium stearoyl lactylate, natural and artificial flavors.  
Contains: wheat, eggs.

**Sausage Patty (Advanced Pierre®)**

Ingredients: Ground Pork, not more than 20%fat, seasoning (dextrose flavorings, hydrolyzed corn protein, carmel color), salt.

**Scone, Apple-Cinnamon (FatCat®)**

Ingredients: FatCat Whole Wheat Flour Blend (52% whole wheat pastry flour, 48% unbleached enriched wheat flour (wheat flour, naicin, reduced iron, thiamine mononitrate, riboflavin, folic acid, malted barley flour)), cane sugar, apple sauce (apples, water, asocrbic acid), apples, nonfat milk, butter, vegetable oil, baking powder (sodium acid pyrophosphate, sodium bicarbonate, corn starch, mono calcium phosphate), Kortinji cinnamon and salt. Glaze: Powdered cane sugar (sugar, corn starch), filtered water, Korintji cinnamon.

**Scone, Cranberry Orange (FatCat®)**

Ingredients: FatCat Whole Wheat Flour Blend (52% whole wheat pastry flour, 48% unbleached enriched wheat flour (wheat flour, naicin, reduced iron, thiamine mononitrate, riboflavin, folic acid, malted barley flour)), cane sugar, apple sauce (apples, water, asocrbic acid), cranberries, nonfat milk, butter, vegetable oil, orange peel (orange peel, sugar, orange oil), baking powder (sodium acid pyrophosphate, sodium bicarbonate, corn starch, mono calcium phosphate), orange extract and salt. Glaze: Powdered cane sugar (sugar, corn starch), mandarin oranges

**Scone, Lemon (FatCat®)**

Ingredients: FatCat Whole Wheat Flour Blend (52% whole wheat pastry flour, 48% unbleached enriched wheat flour (wheat flour, niacin, reduced iron, thiamine mononitrate, riboflavin, folic acid, malted barley flour)), cane sugar, apple sauce (apples, water, ascorbic acid), nonfat milk, butter, lemon peel (lemon peel, sugar, lemon oil), vegetable oil, baking powder (sodium acid pyrophosphate, sodium bicarbonate, corn starch, mono calcium phosphate), lemon extract and salt. Glaze: Powdered cane sugar (sugar, corn starch), filtered water, lemon peel (lemon peel, sugar, lemon oil) and lemon extract.

**Scone, Pumpkin (FatCat®)**

Ingredients: FatCat Whole Wheat Flour Blend (52% whole wheat pastry flour, 48% unbleached enriched wheat flour (wheat flour, naicin, reduced iron, thiamine mononitrate, riboflavin, folic acid, malted barley flour)), cane sugar, apple sauce (apples, water, asocrbic acid), pumpkin, nonfat milk, butter, vegetable oil, baking powder (sodium acid pyrophosphate, sodium bicarbonate, corn starch, mono calcium phosphate), spices and salt. Glaze: Powdered cane sugar (sugar, corn starch), filtered water, Korintji cinnamon.

**Scone, Strawberry (FatCat®)**

Ingredients: FatCat Whole Wheat Flour Blend (52% whole wheat pastry flour, 48% unbleached enriched wheat flour (wheat flour, niacin, reduced iron, thiamine mononitrate, riboflavin, folic acid, malted barley flour)), cane sugar, apple sauce (apples, water, ascorbic acid), strawberries, nonfat milk, butter, vegetable oil, baking powder (sodium acid pyrophosphate, sodium bicarbonate, corn starch, mono calcium phosphate), orange peel (orange peel, sugar, orange oil), strawberry extract, orange extract, and salt. Glaze: Powdered cane sugar (sugar, corn starch), strawberries, natural strawberry extract.

**Strawberries and Cream**

Ingredients: **Strawberry Topping**; whipped cream (Rich's®): water, high fructose corn syrup, hydrogenated vegetable oil (palm, palm kernel, coconut and/or cottonseed), contains less than 2% of the following: \*sodium caseinate (a milk derivative), dextrose, artificial flavor, polysorbate 60, sorbitan monostearate, guar gum, xanthan gum, colored with turmeric and annatto extracts. Contains: milk \*not a source of lactose.

**Strawberry Topping**

Ingredients: Sliced strawberries, sugar, vanilla extract, cornstarch

**Syrup (Heinz®)**

Ingredients: sugar, water, corn syrup, corn starch, contains 2% or less of natural flavor, salt, citric acid, maple syrup.

**Waffle, Maple (Bake Crafters®)**

Ingredients: Water, Whole Wheat Flour, Enriched Flour (Wheat Flour, Niacin, Reduced Iron, Thiamine Mononitrate, Riboflavin, Folic Acid), Soybean Oil, Maplebit (Sugar, Wheat Flour, Dextrose, Soybean Oil, Natural and Artificial Flavors and Caramel Color), Sugar, Contains 2% or Less of the Following: Soy Lecithin, Eggs, Wheat Bran, Sodium Acid Pyrophosphate, Sodium Bicarbonate, Natural and Artificial Flavors, Nonfat Dry Milk, Salt, Corn Starch, Mono Calcium Phosphate.

**Yogurt, Danimals, Strawberry Banana (Dannon®)**

Ingredients: Cultured grade a nonfat milk, sugar, water, modified corn starch, contains less than 1% of modified corn starch, kosher gelatin, beta carotene and vegetable juice (for color), natural flavors, agar agar, potassium sorbate (to maintain freshness), malic acid, vitamin d3, sodium citrate. Contains active yogurt cultures. Contains milk.

**Yogurt, Vanilla (Yoplait®)**

Ingredients: cultured pasteurized grade a low fat milk, sugar, modified corn starch, kosher gelatin, natural flavor, potassium sorbate added to maintain freshness, vitamin A acetate, vitamin D3.



## **LUNCH INGREDIENTS**

### **Applesauce (Monarch®)**

Ingredients: apples, water, ascorbic acid

### **Applesauce, Cup (Mott's® Natural)**

Ingredients: Apples, water, ascorbic acid (vitamin c)

### **Apple Topping**

Ingredients: Apple slices, sugar, cinnamon

### **Beans, Baked**

Ingredients: Beans, vegetarian (Furmano's®), BBQ Sauce (Sweet Baby Ray's®)

### **Beans, Vegetarian (Furmanos®)**

Ingredients: White Beans, Water, Sugar, Tomato Paste, Salt, Onion Powder, Garlic Powder, Spice

### **Beans, Black, Seasoned**

Ingredients: Black beans (black beans, water, salt, calcium chloride), onion, green pepper, chili powder, garlic powder, cumin, oregano, vinegar, black pepper, cilantro

### **Beef Crumbles (Pierre®)**

Ingredients: Ground Beef (No More Than 20% Fat), Water, Textured Vegetable Protein Product (Soy Protein Concentrate, Caramel Color, Zinc Oxide, Niacinamide, Ferrous Sulfate, Copper Gluconate, Vitamin A Palmitate, Calcium Pantothenate, Thiamine Mononitrate [B1], Pyridoxine Hydrochloride [B6], Riboflavin [B2], Cyanocobalamin [B12], Salt, Flavorings, Sodium Phosphate.

### **Beef Crumbles (Pierre®) Seasoned for Tacos**

Ingredients: Ground beef (no more than 20% fat), water, textured vegetable protein product [soy protein concentrate, caramel color, zinc oxide, niacinamide, ferrous sulfate, copper gluconate, Vitamin A palmitate, calcium pantothenate, thiamine mononitrate (B1), pyridoxine hydrochloride (B6), riboflavin (B2), cyanocabolamin (B12)], salt, flavorings, sodium phosphate. Seasoned with dextrose, salt, corn flour, chili pepper, cumin, onion powder, garlic powder, oregano, citric acid, silicon dioxide (anticaking agent), extractives of paprika.

### **Beef Patty, Hamburger (Advanced Pierre®)**

Ingredients: Ground beef (not more than 20% fat), water, textured vegetable protein product (soy protein concentrate, caramel color, zinc oxide, niacinamide, ferrous sulfate, copper gluconate, Vitamin A palmitate, calcium pantothenate, thiamine mononitrate, pyridoxine hydrochloride, riboflavin, cyanocobalamin), seasoning (hydrolyzed corn protein, dextrose, salt, onion powder, spices), sodium phosphates, caramel color. Contains: Soy

**Bread, Flat Rounds (Rich's®)**

Ingredients: Whole wheat flour, enriched unbleached wheat flour (wheat flour, malted barley flour, ascorbic acid added as a dough conditioner, niacin, reduced iron, thiamine mononitrate, riboflavin, folic acid), water, soybean oil, yeast, contains less than 2% of the following: sugar, nonfat dry milk, salt, wheat gluten, sodium stearoyl lactylate, leavening (sodium acid pyrophosphate, baking soda, monocalcium phosphate), guar gum, enzyme. Contains: Milk, wheat may contain soy

**Bread, Goldfish (Pepperidge Farm®)**

Ingredients: Made from: whole wheat flour, water, yeast, wheat gluten, honey, sugar, sugar cane fiber, contains 2 percent or less of: modified food starch, monoglycerides, soybean oil, salt, calcium propionate to retard spoilage, natural flavors, enzymes, cellulose gum, maltodextrin, carrageenan. may contain sesame seeds.

**Bread, Hamburger Bun, Whole Grain (Baked Crafters®)**

Ingredients: Whole Wheat Flour, Enriched Wheat Flour, Sugar, Wheat Gluten, Soybean Oil, Yeast, Salt, Contains Less Than 2% Of Each of the Following: Mono and Diglycerides, Sodium Stearoyl Lactylate, Calcium Propionate, Yeast Food, Monocalcium Phosphate.

**Bread, Hot Dog Bun, Whole Grain (Baked Crafters®)**

Ingredients: Whole Grain Wheat Flour, Water, Enriched Wheat Flour (Wheat Flour, Malted Barley Flour, Niacin, Reduced Iron, Thiamine Mononitrate, Riboflavin, Folic Acid), Sugar, Yeast, Honey, Wheat Starch, Calcium Stearate (Caking Agent), Soybean Oil, Salt, Monoglycerides, Calcium Propionate, Diacetyl Tartaric Acid Esters of Mono-Diglycerides, Enzymes (Contains Wheat), Ascorbic Acid (Vitamin C), and 2% or Less of each of the Following: Malted Wheat Flour, Calcium Sulfate, Preservatives (Propionic Acid, Phosphoric Acid). Contains: Soy and Wheat.

**Bread, Sliced, Whole Grain (CEM®)**

Ingredients: Whole grain flour, unbleached enriched wheat flour (malted barley flour, niacin, iron, thiamine mononitrate (vitamin b1), riboflavin (vitamin b2), folic acid), water, soybean oil, sugar, yeast, wheat gluten, salt, enzyme (wheat flour, enzyme).

**Breadsticks, Garlic (Bake Crafters®)**

Ingredients: Breadstick: Whole Wheat Flour, Enriched Flour (Bleached Wheat Flour, Niacin, Reduced Iron, Thiamine Mononitrate, Riboflavin, Folic Acid), Malted Barley Flour, Water, Soybean Oil, Sugar, Contains Less Than 1%: Salt, Potassium Chloride, Yeast, Vegetable Protein, Ascorbic Acid, Enzymes. Spread: Vegetable Oil Blend (Soybean, Palm), Water, Garlic, Contains 2% Or Less: Salt, Sweet Cream Buttermilk, Spice, Mono And Diglycerides, Onion Powder, Soy Lecithin, Natural Flavor, Potassium Sorbate (Used To Protect Quality), Citric Acid, Beta Carotene (For Color), Vitamin A Palmitate.

**Butter Mist Spray (Butter Buds®)**

Ingredients: Canola oil, sunflower lecithin, salt, beta carotene (natural color), silicon dioxide, concentrated natural butter flavor, beta carotene (color), propellant. Contains Milk.

**Cheese, Low-fat American, Sliced (Bongards®)**

Ingredients: Cultured skim milk and milk, water, sodium citrate, salt, potassium citrate, color added (if colored), cream, sorbic acid (preservative), enzymes, soy lecithin (non-sticking agent).

**Cheese, Cheddar, Shredded (Bongards®)**

Ingredients: Mild Cheddar Cheese (Pasteurized Milk, Cheese Culture, Salt, Enzymes, Annatto (Vegetable Color), Powdered Cellulose (to prevent caking), Potassium Sorbate, Natamycin (a preservative).

**Cheese, Low-fat Mozzarella, Shredded (Bongards®)**

Ingredients: Pasteurized Part Skim Milk, Cheese Cultures, Salt, Enzymes, Powdered Cellulose (to prevent caking), Natamycin (a natural mold inhibitor).

**Cheese, Parmesan (Mosaic®)**

Ingredients: Parmesan cheese (cultured pasteurized part-skim milk, salt, enzymes), powdered cellulose added to prevent caking, salt, potassium sorbate (preservative).

**Cheese Stick, Mozzarella (Bongards®)**

Ingredients: Pasteurized part skim milk, cheese cultures, salt, enzymes.

**Cheese Stick, Colby Jack (Bongards®)**

Ingredients: Pasteurized milk, cheese culture, salt, enzymes, annatto color.

**Cheesy Eggs**

Ingredients: Eggs (frozen, pasteurized, homogenized whole eggs with color stabilizer), cheddar cheese (Bongards®)

**Chicken Alfredo**

Ingredients: Penne pasta (Roseli®), diced chicken (Goldkist Farms®), alfredo sauce (Midas®), vegetable oil (Monarch®), Italian seasoning, garlic powder, black pepper

**Chicken, Diced (Goldkist Farms®)**

Ingredients: White and dark chicken meat, water, modified food starch, salt, sodium phosphates

**Chicken Nuggets, Breaded (Rich Chicks®)**

Ingredients: White Meat/Trim, Soy Protein Concentrate, Chicken Protein, Water, Seasoning (Salt, Hydrolyzed Corn Gluten, Onion Powder, Garlic Powder, Spices, Wheat Flour, not more than 2% Silicon Dioxide added to prevent caking), Salt, Isolated Oat Product. Pre-dusted and Breaded With: Whole Wheat Flour, Enriched Wheat Flour (Enriched with Niacin, Reduced Iron, Thiamine Mononitrate, Riboflavin, Folic Acid), Salt, Soybean Oil (As a Processing Aid), Spices, Leavening (Sodium Aluminum Phosphate, Sodium Bicarbonate), Hydrolyzed Wheat Gluten, Garlic Powder, Soy Flour, Extractives of Paprika, Natural Flavors. Battered with: Water, Whole Wheat Flour, Enriched Wheat Flour (Enriched With Niacin, Reduced Iron, Thiamine Mononitrate, Riboflavin, Folic Acid), Yellow Corn Flour, Salt, Leavening (Sodium Bicarbonate, Sodium Aluminum Phosphate), Egg Whites, Spice Extractive, Cellulose Gum. Breeding Set in Vegetable Oil. Allergens: Wheat, Egg, Soy

**Chicken, Orange (Yang's®)**

Ingredients: Chicken: Dark meat chicken chunks, water, cornstarch, white whole grain wheat flour, soybean oil, liquid whole eggs, salt, white pepper powder, garlic, ginger, and green onion. Sauce: Sugar, vinegar, water, soy sauce (water, soybean, salt, sugar, wheat flour, extract of mushroom) modified starch, mandarin orange juice and peel, ginger, garlic, green onion and chili powder. Allergens: Egg products, soy, wheat, and citrus

**Chicken Patty, Breaded 3 oz (Rich Chicks®)**

Ingredients: Antibiotic Free Chicken Breast with Rib Meat, Soy Protein Concentrate, Chicken Protein, Water, Salt, Isolated Oat Product. Pre-dusted and Breaded With: Whole Wheat Flour, Enriched Wheat Flour (Enriched with Niacin, Reduced Iron, Thiamine Mononitrate, Riboflavin, Folic Acid), Salt, Soybean Oil (As a Processing Aid), Spices, Leavening (Sodium Aluminum Phosphate, Sodium Bicarbonate), Hydrolyzed Wheat Gluten, Garlic Powder, Soy Flour, Extractives of Paprika, Natural Flavors. Battered with: Water, Whole Wheat Flour, Enriched Wheat Flour (Enriched With Niacin, Reduced Iron, Thiamine Mononitrate, Riboflavin, Folic Acid), Yellow Corn Flour, Salt, Leavening (Sodium Bicarbonate, Sodium Aluminum Phosphate), Egg Whites, Spice Extractive, Cellulose Gum. Breeding Set in Soy Bean Oil. Allergens: Wheat, Egg, and Soy

**Chicken, Teriyaki (Yang's®)**

Ingredients: Chicken: Chicken leg meat, water, sugar, soy sauce (water, soy bean, salt, sugar, wheat flour, extract of mushroom) lime juice 100%, salt, garlic, ginger and green onion. Sauce: Water, sugar, soy sauce (water, soy beans, salt, sugar, wheat flour and extract of mushroom) modified starch, salt, garlic, lime juice, ginger and green onion. Allergens: Soy, wheat, and citrus

**Chicken, Tenders (Rich Chicks®)**

Ingredients: Antibiotic Free Chicken Breast with Rib Meat, Soy Protein Concentrate, Chicken Protein, Water, Salt, Isolated Oat Product. Pre-dusted and Breaded With: Whole Wheat Flour, Enriched Wheat Flour (Enriched with Niacin, Reduced Iron, Thiamine Mononitrate, Riboflavin, Folic Acid), Salt, Soybean Oil (As a Processing Aid), Spices, Leavening (Sodium Aluminum Phosphate, Sodium Bicarbonate), Hydrolyzed Wheat Gluten, Garlic Powder, Soy Flour, Extractives of Paprika, Natural Flavors. Battered with: Water, Whole Wheat Flour, Enriched Wheat Flour (Enriched With Niacin, Reduced Iron, Thiamine Mononitrate, Riboflavin, Folic Acid), Yellow Corn Flour, Salt, Leavening (Sodium Bicarbonate, Sodium Aluminum Phosphate), Egg Whites, Spice Extractive, Cellulose Gum. Breeding Set in Soy Bean Oil.

**Chicken Wrap**

Ingredients: Tortilla (Azteca® Flour 8”), Chicken Tender (Rich Chicks®), Cheddar Cheese (Bongards®), Mozzarella Cheese (Bongards®). Optional: Honey Mustard.

**Chips, Baked! Lay’s BBQ Potato Crisps (Frito Lay®)**

Ingredients: Dried Potatoes, Corn Starch, Corn Oil, Sugar, Salt, Soy Lecithin, Onion Powder, Maltodextrin (Made from Corn), Dextrose, Brown Sugar, Molasses, Spices, Fructose, Tomato Powder, Garlic Powder, Yeast, Soybean Oil, Natural Flavors (Contains Milk), Sunflower Oil, Paprika, Acacia Gum, Paprika Extracts, Annatto Extracts and Caramel Color. Contains milk and soy ingredients.

**Chips, Baked Ruffles Cheddar and Sour Cream (Frito Lay®)**

Ingredients: Dried Potatoes, Corn Starch, Corn Oil, Sugar, Maltodextrin (made from corn), Salt, Soy Lecithin, Dextrose, Whey, Whey Protein Concentrate, Onion Powder, Cheddar Cheese (Milk, Cheese Cultures, Salt, Enzymes), Monosodium Glutamate, Blue Cheese (Milk, Cheese Cultures, Salt, Enzymes), Citric Acid, Artificial Color (Yellow 6 Lake, Yellow 5 Lake, Yellow 5, Yellow 6), Skim Milk, Natural and Artificial Flavors, Garlic Powder, Lactic Acid, Disodium Inosinate, and Disodium Guanylate. Contains milk and soy ingredients.

**Chips, Oven Baked Crunchy Cheese Cheetos (Frito Lay®)**

Ingredients: Whole Corn Meal, Enriched Corn Meal (Corn Meal, Ferrous Sulfate, Niacin, Thiamin Mononitrate, Riboflavin, Folic Acid), Vegetable Oil (Corn, Canola, and/or Sunflower Oil), Whey, Cheddar Cheese (Milk, Cheese Cultures, Salt, Enzymes), Salt, Maltodextrin (Made from Corn), Natural and Artificial Flavors, Whey Protein Concentrate, Monosodium Glutamate, Lactic Acid, Citric Acid, and Artificial Color (Yellow 6). Contains milk ingredients.

**Chips, Reduced Fat Cheetos Puffs (Frito Lay®)**

Ingredients: Whole Cornmeal, Enriched Corn Meal (Corn Meal, Ferrous Sulfate, Niacin, Thiamin Mononitrate, Riboflavin, Folic Acid), Vegetable Oil (Corn, Canola, and/or Sunflower Oil), Cheese Seasoning (Whey, Cheddar Cheese [Milk, Cheese Cultures, Salt, Enzymes], Sea Minerals [Calcium Carbonate, Magnesium Carbonate], Canola Oil, Maltodextrin [Made From Corn], Salt, Whey Protein Concentrate, Monosodium Glutamate, Natural and Artificial Flavors, Lactic Acid, Citric Acid, Artificial Color [Yellow 6, Yellow 5]), Artificial Color (Yellow 6), and Salt. Contains milk ingredients

**Chips, Reduced Fat Doritos, Cool Ranch (Frito Lay®):**

Ingredients: Whole Corn, Corn, Vegetable Oil (Corn, Canola, and/or Sunflower Oil), Maltodextrin (Made From Corn), Corn Bran, Salt, Tomato Powder, Corn Starch, Lactose, Whey, Skim Milk, Corn Syrup Solids, Onion Powder, Sugar, Garlic Powder, Monosodium Glutamate, Cheddar Cheese (Milk, Cheese Cultures, Salt, Enzymes), Dextrose, Malic Acid, Buttermilk, Natural and Artificial Flavors, Sodium Acetate, Artificial Color (Red 40, Blue 1, Yellow 5), Sodium Caseinate, Spice, Citric Acid, Disodium Inosinate, and Disodium Guanylate. Contains milk ingredients.

**Chips, Reduced Fat Doritos, Flamas (Frito Lay®)**

Ingredients: Whole corn, corn, vegetable oil corn, canola, and/or sunflower oil, maltodextrin made from corn, salt, citric acid, sugar, monosodium glutamate, artificial color red 40 lake, yellow 6 lake, hydrolyzed corn protein, yeast extract, sodium diacetate, cheddar cheese milk, cheese cultures, salt, enzymes, modified corn starch, natural flavor, onion powder, whey, corn syrup solids, garlic powder, romano cheese part-skim cow's milk, cheese cultures, salt, enzymes, buttermilk, whey protein concentrate, disodium inosinate and disodium guanylate. Contains milk ingredients.

**Chips, Reduced Fat Doritos Nacho Cheese (Frito Lay®)**

Ingredients: Whole Corn, Corn, Vegetable Oil (Corn, Canola, and/or Sunflower Oil), Maltodextrin (Made from Corn), Corn Bran, Salt, Cheddar Cheese (Milk, Cheese Cultures, Salt, Enzymes), Whey, Monosodium Glutamate, Buttermilk, Romano Cheese (Part-Skim Cow's Milk, Cheese Cultures, Salt, Enzymes), Whey Protein Concentrate, Onion Powder, Corn Flour, Natural and Artificial Flavors, Dextrose, Tomato Powder, Lactose, Spices, Artificial Color (Yellow 6, Yellow 5, Red 40), Lactic Acid, Citric Acid, Sugar, Garlic Powder, Skim Milk, Red and Green Bell Pepper Powder, Disodium Inosinate, and Disodium Guanylate. Contains milk ingredients.

**Chips, Tortilla for Nachos (Azteca®)**

Ingredients: Whole ground corn (treated with lime), corn oil, salt.

**Cookie, Chocolate Brownie (David's Cookies®)**

Ingredients: Whole wheat flour blend (whole wheat flour, enriched wheat flour (wheat, niacin, reduced iron, thiamine mononitrate, riboflavin, folic acid), vegetable oil blend (palm fruit, soybean and olive oils, water, salt, mono and diglycerides, soy lecithin, potassium sorbate as a preservative, natural flavor, vitamin A palmitate, beta carotene color), brown

sugar, sugar, corn syrup, eggs, cocoa processed with alkali, prune paste, water, whey, baking powder (corn starch, sodium aluminum phosphate, baking soda, monocalcium phosphate), baking soda, natural vanilla flavor, salt. Contains: egg, milk, soy, wheat.

**Cookie, Chocolate Chip (David's Cookies®)**

Ingredients: Whole wheat flour blend (whole wheat flour, enriched wheat flour (wheat, niacin, reduced iron, thiamine mononitrate, riboflavin, folic acid), sugar, brown sugar, vegetable oil blend (palm fruit, soybean and olive oils, water, salt, mono and diglycerides, soy lecithin, potassium sorbate as a preservative, natural flavor, vitamin A palmitate, beta carotene color), chocolate chips (sugar, unsweetened chocolate, cocoa butter, soy lecithin, vanilla), eggs, corn syrup, prune paste, water, molasses, dextrose, whey, baking soda, salt, natural vanilla flavor, baking powder (sodium acid pyrophosphate, corn starch, baking soda, monocalcium phosphate). Contains: Egg, Milk, Soy, Wheat.

**Cookie, Fun & Fitness (Dick and Jane®)**

Ingredients: Whole Grain Wheat Flour, Enriched Wheat Flour (Contains: Wheat Flour, Niacin, Reduced Iron, Thiamine Mononitrate, Riboflavin, Folic Acid), Sugar, Sunflower Oil, Sunflower Lecithin, Salt, Honey, Leavening (Baking Soda), Natural Flavors, Whole Eggs, Milk

**Cookie, Food & Nutrition (Dick and Jane®)**

Ingredients: Whole Grain Wheat Flour, Enriched Wheat Flour (Contains: Wheat Flour, Niacin, Reduced Iron, Thiamine Mononitrate, Riboflavin, Folic Acid), Sugar, Sunflower Oil, Sunflower Lecithin, Salt, Honey, Leavening (Baking Soda), Natural Flavors, Whole Eggs, Milk.

**Cookie, Oatmeal Raisin (David's Cookies®)**

Ingredients: whole grain flour blend (rolled oats, enriched wheat flour (wheat, niacin, reduced iron, thiamine mononitrate, riboflavin, folic acid), whole wheat flour), raisins, vegetable oil blend (palm fruit, soybean and olive oils, water, salt, mono and diglycerides, soy lecithin, potassium sorbate as a preservative, natural flavor, vitamin A palmitate, beta carotene color), brown sugar, sugar, prune paste, eggs, corn syrup, water, molasses, whey, modified corn starch, baking soda, natural vanilla flavor, baking powder (sodium acid pyrophosphate, corn starch, baking soda, monocalcium phosphate), cinnamon, salt. Contains: egg, milk, soy, wheat.

**Cookie, Presidents (Dick and Jane®)**

Ingredients: Whole Grain Wheat Flour, Enriched Wheat Flour (Wheat flour, Niacin, Reduced Iron, Thiamine Mononitrate, Riboflavin, Folic Acid), Sugar, Palm Oil, Canola Oil, Natural Flavors (contains milk), Honey, Baking Soda, Salt, Soy Lecithin.

**Cookie, Rainbow (David's Cookies®)**

Ingredients: Whole wheat flour blend (whole wheat flour, enriched wheat flour (wheat, niacin, reduced iron, thiamine mononitrate, riboflavin, folic acid), vegetable oil blend (palm fruit, soybean and olive oils, water, salt, mono and diglycerides, soy lecithin, potassium sorbate as a preservative, natural flavor, vitamin A palmitate, beta carotene color), brown sugar, chocolate candies (sugar, chocolate liquor, cocoa butter, milk fat, soy lecithin, vanillin, corn syrup, gum arabic, artificial colors [ red 40 lake, yellow 6 lake, yellow 6, yellow 5 lake, blue 2 lake, blue 1 lake, yellow 5, blue 1], confectioner's glaze), sugar, eggs, water, corn syrup, prune paste, whey, molasses, baking soda, natural vanilla flavor, salt, baking powder (corn starch, sodium aluminum phosphate, baking soda, monocalcium phosphate).  
Contains: egg, milk, soy, wheat.

**Cookie, Red Velvet WG (David's Cookies®)**

ingredients: Whole wheat flour blend (whole wheat flour, enriched wheat flour (wheat, niacin, reduced iron, thiamine mononitrate, riboflavin, folic acid), sugar, margarine (vegetable oil blend (palm fruit oil, soybean and olive oils), water, salt, mono and diglycerides, natural flavor, vitamin A palmitate, beta carotene color), brown sugar, white chocolate chips (sugar, cocoa butter, milk powder, soy lecithin, vanilla), water, eggs, corn syrup, prune paste, cocoa processed with alkali, whey, dextrose, artificial color (FD&C red #40 & #3, blue #1, yellow #6), molasses, baking soda, salt, natural vanilla flavor, baking powder (sodium acid pyrophosphate, corn starch, baking soda, mono calcium phosphate).  
Contains: egg, milk, soy, wheat.

**Cookie, States and Capital (Dick and Jane®)**

Ingredients: Whole Grain Wheat Flour, Enriched Wheat Flour (Wheat flour, Niacin, Reduced Iron, Thiamine, Mononitrate, Riboflavin, Folic Acid), Sugar, Palm Oil, Canola Oil, Natural Flavors (contains milk), Honey, Baking Soda, Salt, Soy Lecithin.

**Cookie, Sugar (David's Cookies®)**

Ingredients: Whole grain flour blend (rolled oats, enriched wheat flour (wheat, niacin, reduced iron, thiamine mononitrate, riboflavin, folic acid), whole wheat flour), raisins, vegetable oil blend (palm fruit, soybean and olive oils, water, salt, mono and diglycerides, soy lecithin, potassium sorbate as a preservative, natural flavor, vitamin A palmitate, beta carotene color), brown sugar, sugar, prune paste, eggs, corn syrup, water, molasses, whey, modified corn starch, baking soda, natural vanilla flavor, baking powder (sodium acid pyrophosphate, corn starch, baking soda, monocalcium phosphate), cinnamon, salt.  
Contains: egg, milk, soy, wheat

**Cracker, Animal (Bake Crafters®)**

Ingredients: Whole Wheat Flour, Sugar, Sunflower Oil, Invert Syrup, Salt, Soy Lecithin (An Emulsifier), Leavenings (Monocalcium Phosphate, Ammonium Bicarbonate, Sodium Bicarbonate), Natural Flavors, Whole Egg Solids, Corn Syrup Solids. Allergens: Contain egg, soy, and wheat



**Cracker, Cheez-it (Sunshine®)**

Whole wheat flour, enriched flour (wheat flour, niacin, reduced iron, vitamin B1 [thiamin mononitrate], vitamin B2 [riboflavin], folic acid), white cheddar cheese (milk, cheese cultures, salt, enzymes), soybean oil (with TBHQ for freshness).

**Cracker, Elf Graham Original (Keebler®)**

Ingredients: Whole wheat flour, enriched flour (wheat flour, niacin, reduced iron, thiamin mononitrate [vitamin b1], riboflavin [vitamin b2], folic acid), sugar, vegetable oil (soybean and palm oil with TBHQ for freshness), honey, contains two percent or less of calcium carbonate, molasses, salt, baking soda, soy lecithin, vitamin A palmitate, bht for freshness. Contains: Wheat and Soy.

**Cracker, Goldfish Cheddar (Pepperidge Farm®)**

Ingredients: Whole grain wheat flour, unbleached enriched wheat flour [flour, niacin, reduced iron, thiamin mononitrate (vitamin b1), riboflavin (vitamin b2), folic acid], cheddar cheese [(pasteurized cultured milk, salt, enzymes), annatto], vegetable oils (canola, sunflower and/or soybean), salt, contains 2 percent or less of: autolyzed yeast, yeast, onion powder, leavening (baking soda, monocalcium phosphate) and spices.

**Cracker, Goldfish Colors Cheddar (Pepperidge Farm®)**

Ingredients: whole wheat flour, enriched wheat flour (flour, niacin, reduced iron, thiamine mononitrate, riboflavin, folic acid), canola and/or sunflower oils, cheddar cheese ([cultured milk, salt, enzymes], annatto), salt, contains 2% or less of: yeast, natural flavors, yeast extract, spices, celery, sugar, monocalcium phosphate, baking soda, onion powder, colors (beet, huito, and watermelon juice concentrates; paprika, turmeric, and annatto extracts). Contains: wheat, milk

**Cracker, Goldfish Pretzels (Pepperidge Farm®)**

Ingredients: Made with smiles and whole wheat flour, enriched wheat flour (flour, niacin, reduced iron, thiamine mononitrate, riboflavin, folic acid), vegetable oils (canola and/or sunflower), salt, contains 2 percent or less of: baking powder (sodium acid pyrophosphate, baking soda, cornstarch, monocalcium phosphate), malted barley flour, nonfat milk. contains: wheat, milk.

**Craisins, Blueberry (Ocean Spray®)**

Ingredients: Cranberries, Sugar, Grape Juice Concentrate, Blueberry Juice Concentrate, Sunflower Oil.

**Craisins, Cherry (Ocean Spray®)**

Ingredients: cranberries, sugar, cherry juice concentrate, natural flavors, citric acid, sunflower oil.

**Dressing, Honey Mustard (Naturally Fresh®)**

Ingredients: Soybean Oil, Vinegar, Water, Honey, Corn Syrup, Ground Mustard Seed, Apple Cider Vinegar, Sugar, Egg, Salt, Egg Yolk, Cinnamon, Turmeric & Paprika Color, Xanthan Gum (Food Fiber).

**Dressing, Italian (Heinz®)**

Ingredients: Water, distilled vinegar, high fructose corn syrup, soybean oil, salt, modified food starch, dehydrated garlic, dehydrated bell peppers, propylene glycol alginate, dehydrated onion, xanthan gum, sodium benzoate and potassium sorbate as preservatives, dehydrated lemon peel, lemon juice concentrate, spices, artificial coloring.

**Dressing, Light Ranch, Dip Cup (Ken's)**

Ingredients: Water, buttermilk, soybean oil, corn syrup, buttermilk solids, egg yolk, salt, contains less than 2% of: lemon juice concentrate, garlic, onion, potassium sorbate as a preservative, propylene glycol alginate, xanthum gum, spices, polysorbate 60, maltodextrin, yeast extract, sunflower oil

**Eggs (Glenview Farmsl®)**

Ingredients: whole eggs, citric acid, .15% water added as a carrier for citric acid. Citric acid added to preserve color.

**Fruit, Mixed (Del Monte®)**

Ingredients: Fruit (peaches, pears, grapes), water, high fructose corn syrup, corn syrup, sugar

**Granola Bar, Oats 'n Honey (Nature Valley®)**

Ingredients: Whole Grain Oats, Sugar, Canola Oil, Rice Flour, Honey, Salt, Brown Sugar Syrup, Baking Soda, Soy Lecithin, Natural Flavor. Contains soy; may contain peanut, almond and pecan ingredients

**Gravy, Kentucky Style (Midas®)**

Ingredients: Modified food starch (corn) bleached wheat flour, salt, chicken flavor (yeast extract, flavoring, salt), dextrose, chicken fat with extracts of rosemary, dipotassium phosphate, onion powder, caramel color, xanthan gum, spice and natural flavor.

**Ham, Turkey Sliced (Jennie-O®)**

Ingredients: Turkey Thigh Meat with a Portion of Ground Turkey Thigh Trim Added, Vinegar, Sugar, Contains 2% Or Less Sea Salt, Cultured Celery Powder, Salt, Potassium Chloride, Baking Soda, Natural Smoke Flavor.

**Ham, Turkey Diced (Jennie-O®)**

Ingredients: Turkey Thigh Meat with a Portion of Ground Turkey Thigh Trim Added, Vinegar, Sugar, Contains 2% or less Salt, Cultured Celery Powder, Potassium Chloride, Baking Soda, Natural Smoke Flavor.

**Ice Cream, Birthday Cake Yogurt Twister Cup (Hershey's®)**

Ingredients: Milk, nonfat milk, sugar, corn syrup, grade a nonfat dry milk, grade a whey protein concentrate, grade a dairy solids (whey protein concentrate, skim milk, and yogurt), yellow cake base flavor (corn syrup, water, propylene glycol, artificial flavoring, potassium sorbate, sodium benzoate, sulfites), mono & diglycerides, natural and artificial flavors, locust bean gum, guar gum, sodium citrate, calcium sulfate, carrageenan, sodium silicoaluminate, artificial colors fd & c, yellow #5 & #6, red #40, and blue #1. Live cultures added. Contains: milk.

**Ice Cream, Chocolate and Vanilla Twist Cone (Hershey's®)**

Ingredients: Ice cream (nonfat milk, sugar, high fructose corn syrup, whey cocoa, cream maltodextrin, mono & diglycerides, locust bean gum, cellulose gum, guar gum, food starch, polysorbate 80, carrageenan, calcium carbonate, vitamin A palmitate, artificial flavor), cone (bleached white flour, sugar, contains 2% or less of vegetable shortening [soybean and/or palm oil, soy lecithin, salt, caramel color and artificial flavor), chocolate sprinkles (sugar, cornstarch, palm oil, palm kernel oil, cocoa, cocoa [processed with alkali] soy lecithin, confectioners glaze, natural and artificial flavor, carnauba wax. Contains: Milk, soy, wheat.

**Ice Cream, Chocolate Scooter Bar (Hershey's®)**

Ingredients: Ice cream (nonfat milk, sugar, corn syrup, whey, cream, cellulose gel, mono & diglycerides, cellulose gum, polysorbate 80, carrageenan, artificial flavor and vitamin a palmitate), flavored center (water, sugar, cocoa [processed with alkali], whey, dextrose, caramel color, salt, locust bean & guar gums, carrageenan, artificial colors fd & c blue #1 & red #40, artificial flavoring), cake crunch (bleached wheat flour, sugar, vegetable shortening [partially hydrogenated oils-may contain soybean and/or cottonseed oil], caramel color, salt, cocoa, corn syrup, baking soda, artificial flavor and soy lecithin), dip coating (soybean oil, coconut oil, sugar, partially hydrogenated vegetable oil [palm kernel or cottonseed], nonfat milk powder, lecithin, salt, and vanillin. contains: wheat, soy, milk.

**Ice cream, Cotton Candy Twister Cup (Hershey's®)**

Ingredients: Milk, nonfat milk, sugar, corn syrup, grade a nonfat dry milk, grade a whey protein concentrate, grade a cultured dairy solids (whey protein concentrate, skim milk and yogurt), mono & diglycerides, artificial flavor, locust bean gum, guar gum, sodium citrate, calcium sulfate, carrageenan, sodium silicoaluminate, artificial colors fd & c red #40 & blue #1. Contains: milk.

**Ice cream, Crazy Cone (Hershey's®)**

Ingredients: Ice cream (nonfat milk, sugar, corn syrup, whey, cream, cellulose gel, mono & diglycerides, cellulose gum, polysorbate 80, carrageenan, artificial flavor, artificial color fd & c blue #1 & yellow #5), cone (blended flour, sugar, partially hydrogenated shortening [contains soybean and/or cottonseed oil], lecithin, salt, caramel color and artificial flavoring. Contains: milk, wheat and soy.

**Ice Cream, Cookies & Cream Cone (Hershey's®)**

Ingredients: Ice cream: nonfat milk, sugar, chocolate cookie crumb (enriched flour [wheat flour, niacin, reduced iron, thiamine, mononitrate, riboflavin, folic acid], sugar, cocoa processed with alkali, soybean and/or palm oils, high fructose corn syrup, chocolate liquor, salt, corn flour, dextrose, sodium bicarbonate, soy lecithin), corn syrup, whey, chocolate crunch (bleached wheat flour, sugar, caramel color, palm oil, contains 2% or less of: cocoa, baking soda, salt, soy lecithin), cream, cellulose gel, mono & diglycerides, cellulose gum, polysorbate 80, carrageenan, calcium bicarbonate, natural & artificial flavor. Cone ingredients: bleached wheat flour, sugar, cocoa (processed with alkali), contains 2% or less of: vegetable shortening (soybean and/or palm oil, soy lecithin), salt, artificial flavor. Contains: milk, wheat, soy.

**Ice Cream, Fudge bar (Hershey's®)**

Ingredients: Nonfat milk, high fructose corn syrup, corn syrup, whey, cocoa (processed with alkali), mono & diglycerides, guar gum, polysorbate 80, carrageenan and vanillin. Contains: milk.

**Ice Cream, Minty Mint Sandwich (Hershey's®)**

Ingredients: Ice cream (nonfat milk, sugar, corn syrup, whey, cream, cellulose gel, mono & diglycerides, cellulose gum, polysorbate 80, carrageenan, natural mint flavor, artificial colors fd & c yellow #5 & 6, blue 1 and vitamin a palmitate), wafers (bleached wheat flour, sugar, caramel color, dextrose, palm oil, corn flour, contains 2% or less of: high fructose corn syrup, corn syrup, baking soda, modified cornstarch, salt, mono & diglycerides, soy lecithin, cocoa). Contains: milk, wheat and soy.

**Ice cream, Orange Blossom Bar**

Ingredients: Ice cream (nonfat milk, sugar, cream, cellulose gel, mono & diglycerides, cellulose gum, polysorbate 80, maltodextrin, carrageenan, sodium chloride, calcium carbonate, artificial flavor and vitamin a palmitate), orange sherbet (sugar, high fructose corn syrup, corn syrup, whey, orange puree [concentrated orange juice, water, natural flavor, pulp cells, gum tragacanth, artificial color fd & c yellow #6, citric acid], mono & diglycerides, guar gum, polysorbate 80, carrageenan and citric acid. Contains: milk.

**Ice Cream, Polar Blast Fruit Punch Bar (Hershey's®)**

Ingredients: ard from concentrate (water and concentrated apple juice), sugar, corn syrup, citric acid, natural and artificial flavors, ascorbic acid, guar gum, carrageenan and artificial color fd & c red #40.

**Ice Cream, Salted Caramel Brownie Crunch Bar (Hershey's®)**

Ingredients: Nonfat milk, sugar, corn syrup, whey, high fructose corn syrup, sea salt base (water, sea salt, natural & artificial flavor, caramel color, potassium sorbate), maltodextrin, mono & diglycerides, cellulose gum, guar gum, food starch, polysorbate 80, carrageenan, artificial flavor, calcium carbonate, vitamin a palmitate. flavored center: sugar, nonfat milk, corn syrup, milk protein concentrate, maltodextrin, whey, cocoa (processed with alkali), mono & diglycerides, guar gum, locust bean gum, carrageenan. cake crunch: bleached wheat flour, sugar, caramel color, palm oil, contains 2% or less of: cocoa, baking soda, salt, soy lecithin. dip coating: soybean oil, sugar, corn starch, coconut oil, palm oil, nonfat milk powder, soy lecithin, salt, vanillin, tbhq.

**Ice Cream, Sour Blue Raspberry Twister Cup (Hershey's®)**

Ingredients: Apple juice (water and concentrated apple juice), sugar, corn syrup, citric acid, natural and artificial flavors, ascorbic acid, guar carob gums, carrageenan and artificial flavor and artificial color fd & c blue 1.

**Ice cream, Sour Apple Twister Cup (Hershey's)**

Ingredients: Apple juice (water, concentrated apple juice), sugar, corn syrup, citric acid, natural & artificial flavors, ascorbic acid, guar & carob gums, mono & diglycerides, polysorbate 80, carrageenan, artificial flavor and artificial color fd & c blue #1

**Ice Cream, Strawberry Scooter Bar (Hershey's®)**

Ingredients: Ice cream (nonfat milk, sugar, corn syrup, whey, cream, cellulose gel, mono & diglycerides, cellulose gum, polysorbate 80, carrageenan, artificial flavor and vitamin a palmitate), flavored center (water, sugar, dextrose, adipic acid, artificial flavoring, locust bean gum, guar gum, propylene glycol alginate and fd & c red #40), cake crunch (bleached wheat flour, sugar, vegetable shortening [partially hydrogenated oils-soybean or cottonseed), salt, baking soda, artificial flavoring, soy lecithin, artificial color fd & c red #3), dip coating (soybean oil, coconut oil, sugar, partially hydrogenated vegetable oil [palm kernel or cottonseed], nonfat milk powder, lecithin, salt, and vanillin). Contains: wheat, soy, milk.

**Ice Cream, Vanilla Sandwich (Hershey's®)**

Ingredients: Ice cream: nonfat milk, sugar, corn syrup, whey, cream, cellulose gel, mono & diglycerides, cellulose gum, polysorbate 80, carrageen, artificial flavor and vitamin a palmitate. wafers: bleached wheat flour, sugar, caramel color, dextrose, palm oil, corn flour. Contains 2% or less of: high fructose corn syrup, corn syrup, baking soda, modified corn starch, salt, mono and diglycerides, soy, lecithin and cocoa. Contains: milk, wheat, soy.

**Hot Dog, Turkey/Beef (Berk's®)**

Ingredients: mechanically separated turkey, beef, water, dextrose, spices, contains 2% or less: salt, potassium lactate, corn syrup solids, sodium phosphate, sodium erythorbate, flavorings, extractives of paprika, spice extractives, sodium nitrite.

**Juice Box (Apple & Eve®)****Apple Juice**

Ingredients: 100% apple juice (filtered water sufficient to reconstitute apple juice concentrate), ascorbic acid (Vitamin C), calcium lactate, calcium gluconate, Vitamin A palmitate, Vitamin E acetate. Kosher

**Fruit Punch**

Ingredients: 100% fruit juice (filtered water sufficient to reconstitute apple, pear, jujube fruit, cherry, orange & pineapple juice concentrates), ascorbic acid, (Vitamin C), calcium lactate, calcium gluconate, natural flavors, citric acid, vegetable color. Vitamin A palmitate, Vitamin E acetate. Kosher

**Berry**

Ingredients: 100% fruit juice (filtered water sufficient to reconstitute apple, pear, jujube fruit, raspberry and strawberry juice concentrates), natural flavors, citric acid, ascorbic acid (Vitamin C), calcium lactate, calcium gluconate, vegetable color, Vitamin A palmitate, Vitamin E acetate

**Strawberry-Kiwi**

Ingredients: 100% juice (filtered water sufficient to reconstitute apple, pear, jujube fruit, strawberry and kiwi juice concentrates) natural flavors, citric acid, ascorbic acid, (vitamin C), calcium lactate, calcium gluconate, vegetable color, vitamin A palmitate, vitamin E acetate.

**Juice Rush, Lemon Orange (Hershey's®)**

Ingredients: Fruit juice (water, apple juice concentrate), natural flavoring, citric acid, artificial coloring: fd & c red #40, yellow #6, less than 2% of: xanthan, cellulose gum and guar gum.

**Juice Rush, Strawberry Mango (Hershey's®)**

Ingredients: Fruit juice (water, apple juice concentrate), natural flavoring, natural coloring, beta carotene and citric acid, less than 2% of: xanthan gum, cellulose gum, gum tragacanth and guar gum

**Ketchup, Dispenser (Heinz®)**

Ingredients: Tomato concentrate made from red ripe tomatoes, distilled vinegar, high fructose corn syrup, corn syrup, salt, spice, onion powder, natural flavoring.

**Ketchup, Packet (Heinz®)**

Ingredients: tomato concentrate from red ripe tomatoes, distilled vinegar, high fructose corn syrup, corn syrup, potassium chloride, salt, spice, onion powder, natural flavoring.

**Lunchedible, Pizza**

Ingredients: Bread, Rounds (Father's Table®), Mozzarella Cheese, Shredded (Bongard's®), Pizza Sauce (Heinz Bell' Orto®)

**Macaroni and Cheese**

Ingredients: Pasta, Macaroni (Roseli®), Cheese Sauce (Midas Foods®)  
Cheddar Cheese (Bongards®), milk; optional: with turkey ham (Jennie-O®)

**Mayonnaise, Dispenser (Heinz®)**

Ingredients: Soybean oil, distilled white vinegar, water, egg yolks, salt, sugar, mustard flour, onion powder, lemon juice concentrate, calcium disodium edta added to protect flavor, natural flavor.

**Mayonnaise, Packet (Heinz®)**

Ingredients: Soybean oil, water, egg yolks, distilled vinegar, corn syrup, high fructose corn syrup, salt, spices, calcium disodium edta added to protect flavor, natural flavor.

**Meatballs, Pork (JTM®)**

Ingredients: Ground pork (no more than 20% fat), water, textured vegetable protein (soy protein concentrate, caramel color), bread crumbs (wheat flour, enriched, malted, bromated [wheat flour, malted barley flour, niacin, reduced iron, potassium bromate, thiamine mononitrate, riboflavin, folic acid], water, palm oil, salt, sweet whey, sugar, yeast [natural yeast, sorbitan monostearate, ascorbic acid], calcium propionate, sodium metabisulfite), nonfat dry milk, seasoning (potassium chloride, natural flavor [contains maltodextrin]), dehydrated onion, sugar, salt, grated romano cheese (sheep's milk, cheese culture, salt, enzymes, calcium propionate), spice, caramel color, dehydrated garlic.

**Milk, chocolate (TrooMoo®)**

Ingredients: Nonfat milk, sugar, contains less than 1% of: cocoa (processed with alkali), corn starch, salt, carrageenan, natural flavor, vitamin A palmitate, vitamin D3.

**Mustard, Dispenser (Heinz®)**

Ingredients: Distilled white vinegar, mustard seed, water, salt, turmeric, natural flavor and spices.

**Mustard, Packet (Heinz®)**

Ingredients: Distilled vinegar, ground mustard seed, salt, turmeric, spices.

## **Noodles**

**Ingredients: Pasta, spaghetti (Roseli®); stir fry sauce** (water, soy sauce (water, wheat, soybeans, salt, sodium benzoate [preservative]), high fructose corn syrup, sherry wine, modified cornstarch, soybean oil, Worcestershire sauce (distilled vinegar, molasses, corn syrup, water, salt, caramel color, garlic powder, sugar, spices, anchovies, tamarind, natural flavor), 2% or less of vinegar, sesame oil, oyster flavored sauce (oyster extractives, sugar, water, salt, modified corn starch, caramel color), dried garlic, salt, onion powder, garlic powder, citric acid, spice, caramel color, natural flavors. contains: soy, anchovy, wheat ingredients. contains soy, anchovy, wheat), **Ponzu sauce** (water, soy sauce (water, soybeans, wheat, salt, alcohol), vinegar, sugar, salt, lime juice concentrate, natural flavor, yeast extract, sodium benzoate: less than 1/10 of 1% as a preservative) 100% apple juice from concentrate, oil (soybean oil with citric acid added as a preservative)

## **Oil, Vegetable (Monarch®)**

Ingredients: Soybean oil

## **Pancakes, Mini Maple (Bake Crafters®)**

Ingredients: Water, Whole Wheat Flour, Unbleached Enriched Flour (Wheat Flour, Malted Barley Flour, Niacin, Reduced Iron, Thiamine Mononitrate, Riboflavin, Folic Acid), Sugar, Maple Chips (Sugar, Wheat Flour, Soybean Oil, Soy Flour, Whey, Buttermilk, Invert Sugar Syrup, Eggs, Baking Powder (Sodium Acid Pyrophosphate, Sodium Bicarbonate, Corn Starch, Monocalcium Phosphate), Salt, Mono & Diglyceride, Sorbic Acid, Potassium Sorbate, Enzyme.

## **Pasta, Baked**

Ingredients: Pasta, penne (Roseli®), Spaghetti sauce (Bell O'rto®), Mozzarella cheese (Bongard's®), Italian Seasoning: oregano, thyme, basil, rosemary, sage.

## **Pasta, Elbow (Roseli®)**

Ingredients: whole wheat durum flour, durum wheat semolina and durum wheat flour [enriched with iron (ferrous sulfate) and b vitamins (niacin, thiamin mononitrate, riboflavin, folic acid)]. contains: wheat.

## **Pasta, Penne (Roseli®)**

Ingredients: Whole Wheat Durum Flour, Durum Wheat Semolina And Durum Wheat Flour {Enriched With Iron (Ferrous Sulfate) And B Vitamins (Niacin, Thiamin Mononitrate, Riboflavin, Folic Acid)}.

## **Pasta, Spaghetti (Roseli®)**

Ingredients: whole wheat durum flour, durum wheat semolina and durum wheat flour (enriched with iron (ferrous sulfate) and B vitamins (niacin, thiamin mononitrate, riboflavin, folic acid).

## **Peach Cup**

Ingredients: Peaches; may be packed in sugar, syrup, ascorbic acid and citric acid or juice.



**Pear Cup (Advance Pierre®)**

Ingredients: Pears (diced pears, water, light syrup, sugar), potassium sorbate.

**Pears, in Juice (Monarch®)**

Ingredients: Bartlett pears, water, pear juice from concentrate

**Peanut Butter Cup (Market Street®)**

Ingredients: roasted peanuts, sugar, hydrogenated vegetable oil (rapeseed, cottonseed, and/or soybean oils), salt.

**Pepperoni (Hormel®)**

Ingredients: pork and beef, salt, contains 2% or less of water, dextrose, natural spices, oleoresin of paprika, lactic acid starter culture, garlic powder, sodium nitrite, BHA, BHT, citric acid.

**Pineapple Cup (Advance Pierre®)**

Ingredients: Crushed pineapple (pineapple, pineapple juice, citric acid), pineapple tidbits (pineapple, pineapple juice, citric acid) potassium sorbate

**Pineapple Tidbits (Dole®)**

Ingredients: Pineapple, water, sugar, citric acid

**Pizza****Cheese Pizza**

Ingredients: Pizza crust (Tubito's Pizza®), pizza sauce (Heinz Bell' Orto®), low-fat mozzarella cheese, shredded (Bongard's®)

**Pepperoni**

Ingredients: Pizza crust (Tubito's Pizza®), pizza sauce (Heinz Bell' Orto®), low-fat mozzarella cheese, shredded (Bongard's®), pepperoni (Hormel®).

**Sausage**

Ingredients: Pizza crust (Tubito's Pizza®), pizza sauce (Heinz Bell' Orto®), low-fat mozzarella cheese, shredded (Bongard's®), sausage (Hormel®).

**White**

Ingredients: Pizza crust (Tubito's Pizza®), Sauce, Alfredo (Midas®), low-fat mozzarella cheese, shredded (Bongard's®)

**Pizza Crust, 14" (Tubito's Pizza®)**

Ingredients: Water, whole wheat flour, enriched wheat flour (wheat flour, niacin, reduced iron, thiamine mononitrate, riboflavin, folic acid), isolated soy protein, soybean oil, sugar, salt, dough conditioner (sodium bicarbonate, monocalcium, phosphate, l-cysteine, enzymes), yeast.

**Popcorn, Kettle (Vic's®)**

Ingredients: Popcorn, sugar, corn syrup, sunflower and/or corn oil, soy lecithin, salt, baking soda.

**Popcorn, Sea Salted Caramel (Smartfood®)**

Ingredients: Popcorn, Expeller-Pressed Sunflower Oil, Sugar, Brown Sugar, Sea Salt, Organic Maltodextrin (Made from Corn), Organic Butter (Cream, Salt), Organic Skim Milk, Sunflower Oil, Organic Cream, Natural Flavors, and Purified Stevia Leaf Extract.

**Pork Patty, Rib-B-Que (Advance-Pierre®)**

Ingredients: ground pork (not more than 20% fat), water, seasoning (tomato powder (dehydrated tomato), dextrose, brown sugar, artificial vinegar (malic acid, sodium acetates, lactose, fumaric acid, artificial flavorings), powdered Worcestershire sauce (corn syrup solids, salt, garlic powder, sugar, spices, soy sauce solids (wheat, soybeans, salt, maltodextrin, caramel color), tamarind, natural flavor), spices, spice extractive, onion powder, natural smoke flavor, garlic powder), textured vegetable protein product (soy protein concentrate, caramel color, zinc oxide, niacinamide, ferrous sulfate, copper gluconate, vitamin a palmitate, calcium pantothenate, thiamine mononitrate (b1), pyridoxine hydrochloride (b6), Riboflavin (B2), Cyanocobalamin (B12)), Salt, Sodium Phosphates. CONTAINS: MILK, WHEAT, SOY

**Potato, Home Fries (Ore-Ida®)**

Ingredients: potatoes, vegetable oil (contains one or more of the following oils: canola, soybean, cottonseed, sunflower, corn). contains 2% or less of dextrose, sodium acid pyrophosphate added to maintain natural color

**Potato, Mashed (Basic American®)**

Ingredients: Potato, Canola Oil, Contains 2% or Less of: Salt, Mono and Diglycerides, Ascorbic Acid (Vitamin C), Natural and Artificial Flavor and Artificial Color. Freshness Preserved with Sodium Bisulfite, Sodium Acid Pyrophosphate, Citric Acid and BHT.  
Contains: Milk

**Potato, Oven Fries (Lamb Weston)**

Ingredients: Potatoes, vegetable oil (may contain one or more of the following: canola oil, sunflower oil, cottonseed, palm oil, corn oil, soybean oil, hydrogenated soybean and/or cottonseed oil), salt, disodium dihydrogen pyrophosphate (to promote color retention), coloring (caramel color, annatto extract, turmeric), dextrose

**Quesadilla, Cheese**

Ingredients: Mozzarella Cheese (Bongards®), Butter Mist Spray, Tortilla, Flour, 8" (Azteca®), Shredded Cheddar Cheese (Bongards®)

**Rice Krispies Treats, Mini (Kellogg's®)**

Ingredients: Whole grain brown rice, corn syrup, fructose, soybean and palm oil with tbhq for freshness, sugar, corn syrup solids, contains 2% or less of glycerin, dextrose, salt, gelatin, natural and artificial butter flavor (contains milk), datem, natural and artificial marshmallow flavor, acetylated monoglycerides, iron, bht (preservative), niacinamide, vitamin b1 (thiamin hydrochloride), vitamin b6 (pyridoxine hydrochloride), vitamin b2 (riboflavin), soy lecithin.

**Rips Juice Slush, Blue Raspberry (Cool Tropics®)**

Ingredients: Water, pear juice concentrate, apple juice concentrate, maltodextrin, artificial flavor, citric acid, ascorbic acid (vitamin C), cellulose gum, gum Arabic, vitamin A palmitate, vitamin D 3.

**Rips Juice Slush, Kiwi Strawberry (Cool Tropics®)**

Ingredients: Water, pear juice concentrate, apple juice concentrate, maltodextrin, natural flavor, citric acid, ascorbic acid (vitamin C), cellulose gum, vitamin A palmitate, vitamin D 3.

**Roll, Wheat Dinner (Bake Crafters®)**

Ingredients: Whole Wheat Flour, Enriched Wheat Flour (Wheat Flour, Malted Barley Flour, Ascorbic Acid, Niacin, Reduced Iron, Thiamine Mononitrate, Riboflavin, Folic Acid), Water, Yeast, Sugar, Contains 2% or less of the Following Ingredients: Salt, Cracked Wheat, Wheat Gluten, Sodium Stearoyl Lactylate, Datem, Calcium Sulfate, Soybean Oil, Enzymes, L-Cysteine, Calcium Peroxide, Potassium Iodate, Corn Meal, Calcium Propionate

**Roll, Sub (Bake Crafters®)**

Ingredients: Water, Whole Wheat Flour, Enriched Wheat Flour (Wheat Flour, Malted Barley Flour, Ascorbic Acid [as a dough conditioner], Niacin, Reduced Iron, Thiamine Mononitrate, Riboflavin, Folic Acid), Yeast, Contains 2% or less of the Following Ingredients; Salt, Sugar, Sodium Stearoyl Lactylate, Datem, Calcium Sulfate, Wheat Gluten, Soybean Oil, Enzymes, Vegetable Protein (Corn Based), Calcium Peroxide, Potassium Iodate, Corn Meal, Calcium Propionate (as a mold inhibitor)

**Salad, Chef**

Ingredients: Lettuce (iceberg, romaine), spinach, tomato, cucumber and carrots with choice of turkey (Jennie-O®), tuna, turkey ham (Jennie-O®), egg or cheese (Bongards). Served with assorted cracker of the week. Ranch or Italian dressing available.

**Salad, Side**

Ingredients: Lettuce (iceberg, romaine), spinach, tomato, carrots, cucumber.

**Salsa (Pace®)**

Ingredients: Crushed tomatoes water, concentrated crushed tomatoes), fresh onions, fresh jalapeno peppers, diced tomatoes in tomato juice, distilled vinegar, salt, dehydrated onions, garlic and natural flavoring.

## **Sandwiches**

### **Grilled Cheese**

Ingredients: Bread, Sandwich, Whole Grain (CEM®), American Cheese (Bongards®), Butter Mist Spray (Butter Buds®).

### **Sauce, Alfredo (Midas®)**

Ingredients: Whole Milk Powder, Dehydrated Parmesan Cheese (pasteurized part-skim milk, cheese culture, salt, enzymes), Dehydrated Romano Cheese (part-skim milk, cheese culture, salt, enzymes), Modified Food Starch (Corn), Buttermilk Solids [whey protein concentrate, buttermilk powder, whey powder, and dried cream (nonfat milk solids, sodium caseinate)], Coconut Oil, Salt, and Contains Less than 2% of: Lactic Acid, Spice, Garlic Powder, Xanthan Gum, Lecithin(SOY), Maltodextrin, Sodium Phosphate, Sodium Caseinate, Dipotassium Phosphate, Mono- and Diglycerides, Autolyzed Yeast Extract, Artificial Colors (yellow 5, yellow 6), and Silicon Dioxide (anti-caking agent), butter, unsalted

### **Sauce, Barbeque (Sweet Baby Ray's®)**

Ingredients: high fructose corn syrup, distilled vinegar, tomato paste, modified food starch, contains less than 2% of: salt, pineapple juice concentrate, natural smoke flavor, spices, caramel color, sodium benzoate as a preservative, molasses, corn syrup, garlic, sugar, tamarind, natural flavor.

### **Sauce, Barbeque, Dip Cup (Taste Pleasers®)**

Ingredients: Water, high fructose corn syrup, corn syrup, tomato paste, distilled vinegar, salt, modified food starch, natural flavors, spices, caramel color, potassium sorbate and sodium benzoate as preservatives

### **Sauce, Cheese (Midas®)**

Dehydrated cheddar cheese (pasteurized milk, cheese culture, salt, enzymes), maltodextrin, modified food starch (corn), whey, nonfat dry milk, buttermilk solids, salt, natural flavors, sodium phosphate, lactic acid, lecithin(soy), cellulose gum, titanium dioxide, sodium citrate and artificial colors (yellow 5, yellow 6).

### **Sauce, Honey Mustard, Dip Cup (Taste Pleasers®)**

Ingredients: Water, soybean oil, high fructose corn syrup, distilled vinegar, modified food starch, sugar, egg yolk, mustard seed, salt, honey, turmeric, mustard bran, caramel color, apo-carotenal, xanthan gum, sodium benzoate as a preservative, corn syrup, paprika, calcium disodium edta to protect flavor, yellow #5, natural flavor. Contains: egg.

### **Sauce, Pizza (Heinz Bell' Orto®)**

Ingredients: Tomato Puree (from vine ripe fresh tomatoes), salt, sugar, extra virgin olive oil, spices, and garlic powder.

### **Sauce, Spaghetti (Heinz Bell O'rto®)**

Ingredients: Peeled ground tomatoes, tomato purée, extra virgin olive oil, garlic, salt, carrot purée, dehydrated onions, sugar, basil, spices.

**Sausage, Italian Crumbles (Hormel®)**

Ingredients: Pork, water, textured vegetable protein (soy flour, soy protein concentrate, isolated soy protein, caramel color), seasoning (sugar, spices), salt, sodium phosphates.

**Sausage Patty (Advanced Pierre®)**

Ingredients: Ground Pork, not more than 20%fat, seasoning (dextrose flavorings, hydrolyzed corn protein, carmel color), salt.

**Snack Mix, Harvest Cheddar (SunChips®)**

Ingredients: Whole Corn, Sunflower and/or Canola Oil, Whole Wheat, Brown Rice Flour, Whole Oat Flour, Sugar, Maltodextrin (Made from Corn), Salt, Cheddar Cheese (Milk, Cheese Cultures, Salt, Enzymes), Natural Flavors, Whey, Whey Protein Concentrate, Onion Powder, Romano Cheese (Cow's Milk, Cheese Cultures, Salt, Enzymes), Buttermilk, Yeast Extract, Citric Acid, Paprika Extracts, Lactic Acid, Garlic Powder, Parmesan Cheese (Milk, Cheese Cultures, Salt, Enzymes), and Skim Milk. Contains Wheat and Milk ingredients.

**Snack Mix, Munchies (Quaker®)**

Ingredients: **Quaker® squares** - Whole oat flour, whole wheat flour, brown sugar, sugar, maltodextrin (made from corn), malted barley extract, molasses, salt, calcium carbonate, sodium bicarbonate, natural flavor, ascorbic acid, corn syrup, artificial color (yellow 5, yellow 6), sodium ascorbate, reduced iron, tocopherol (vitamin e, antioxidant), bht (preservative), niacinamide (vitamin b3), zinc oxide, modified food starch, thiamin mononitrate (vitamin b1), folic acid, pyridoxine hydrochloride (vitamin b6), vitamin a palmitate, riboflavin (vitamin b2), and coconut oil. Contains a wheat ingredient.

**Rold Gold® brand Heartzels** - whole wheat flour, enriched flour (wheat flour, niacin, reduced iron, thiamin mononitrate, riboflavin, folic acid), corn syrup, corn oil, salt, yeast, ammonium bicarbonate. Contains wheat ingredients.

**Sunchips® Harvest Cheddar Minis** - whole corn, sunflower and/or canola oil, whole wheat, brown rice flour, whole oat flour, sugar, maltodextrin (made from corn), salt, cheddar cheese (milk, cheese cultures, salt, enzymes), natural flavors, whey, whey protein concentrate, onion powder, romano cheese (cow's milk, cheese cultures, salt, enzymes), buttermilk, yeast extract, citric acid, paprika extracts, lactic acid, garlic powder, parmesan cheese (milk, cheese cultures, salt, enzymes), and skim milk. Contains wheat and milk ingredients.

**Smartfood® brand Delight White Cheddar Cheese Popcorn** - popcorn, vegetable oil (corn, canola and/or sunflower oil), maltodextrin (made from corn), cheddar cheese (milk, cheese cultures, salt, enzymes), reduced lactose whey, salt, whey, whey protein concentrate, buttermilk, potassium chloride, natural flavors, yeast extract, lactic acid, and citric acid. Contains milk ingredients.

**Cheetos® brand Asteroids® Cheese Flavored Snacks** - enriched corn meal (corn meal, ferrous sulfate, niacin, thiamin mononitrate, riboflavin, and folic acid), vegetable oil (corn, canola, and/or sunflower oil), cheese seasoning (whey, cheddar cheese [milk, cheese cultures, salt, enzymes], canola oil, maltodextrin [made from corn], salt, whey protein concentrate, monosodium

**Soup, Tomato (Campbell's®)**

Ingredients: Tomato puree (water, tomato paste), water, wheat flour, high fructose corn syrup, contains less than 2% of: salt, vegetable oil (corn, canola, and/or soybean), potassium chloride, lower sodium natural sea salt, flavoring, ascorbic acid (vitamin C), citric acid, monopotassium phosphate, celery extract, garlic oil.

**Strawberry Cup** – Cut strawberries, strawberry puree, sugar.

**Sunflower Seeds, Honey Roasted (Sunrich Naturals®)**

Ingredients: Sunflower Kernels, Sugar, Sunflower Oil, Honey, Salt, Maltodextrin, Xanthan Gum.

**Sweet Potato Waffle Fries (Harvest Splendor®)**

Ingredients: Sweet Potatoes, Vegetable Oil (Contains One Or More of the Following Oils: Canola, Soybean, Cottonseed, Sunflower, Corn), Corn Starch - Modified, Potato Starch - Modified. Contains 2% or less of Baking Soda, Dextrin, Extractives of Paprika and Turmeric (color), Fiber (Pea, Oat, Corn), Molasses Powder (Refiners Syrup, Molasses), Rice Flour, Salt, Sodium Acid Pyrophosphate (Maintains Natural Color & Leavening), Sugar, Xanthan Gum.

**Syrup (Harvest Value®)**

Ingredients: Corn syrup, water, salt, preservatives (potassium sorbate, sodium benzoate and benzoic acid), cellulose gum, caramel color, sodium hexametaphosphate, natural and artificial flavor, phosphoric acid.

**Syrup (Heinz®)**

Ingredients: Sugar, water, corn syrup, corn starch, contains 2% or less of natural flavor, salt, citric acid, maple syrup

**Taco, Beef**

Ingredients: Taco shell, corn (Mission®); beef crumbles (Pierre®) seasoned for tacos; *optional* cheese, cheddar, shredded (Bongards®), lettuce, salsa (Pace®)

**Taco Shell, Corn (Mission®)**

Ingredients: Whole Grain Corn, water, vegetable oil (contains one or more of the following: cottonseed oil, corn oil, palm oil), contains 2% or less of niacin, reduced iron, thiamine mononitrate, riboflavin

**Tortilla, Flour, 6" (Azteca®)**

Ingredients: Whole wheat flour, water, unbleached enriched Flour (unbleached wheat flour, niacin, reduced iron, thiamine mononitrate, riboflavin, folic acid), vegetable shortening (palm oil with monoglycerides), sugar, honey, sodium bicarbonate, sodium aluminum phosphate, potassium sorbate (a preservative), mono and diglycerides, fumaric acid, calcium propionate (a preservative), salt, dough conditioner (sodium metabisulfite).

**Tortilla, Flour, 8" (Azteca®)**

Ingredients: Whole Wheat Flour, Water, Bleached Enriched Flour (bleached wheat flour, niacin, reduced iron, thiamine mononitrate, riboflavin, folic acid), Vegetable Shortening (palm oil with monoglycerides), Sugar, Honey, Sodium Bicarbonate, Sodium Aluminum Phosphate, Potassium Sorbate (a preservative), Mono and Diglycerides, Fumaric Acid, Calcium Propionate (a preservative), Salt, Dough Conditioner (sodium metabisulfite).

**Turkey, Diced (Jennie-O®)**

Ingredients: Turkey Breast Meat, Turkey Broth, Contains 2% or less Salt, Sugar, Rosemary Extract, Baking Soda.

**Turkey, Sliced (Jennie-O®)**

Ingredients: Turkey Breast Meat, Turkey Broth, Contains 2% or less Salt, Sugar, Rosemary Extract, Baking Soda

**Vegetable, California Blend (Monarch®)**

Ingredients: Broccoli, cauliflower, carrots

**Uncrustables, Grape (Smucker's®)**

Ingredients: peanut butter: peanuts, sugar, contains 2% or less of: molasses, fully Hydrogenated vegetable oils (rapeseed and soybean), mono and diglycerides, salt. Bread: unbleached whole wheat flour, enriched unbleached flour (wheat flour, malted barley flour, niacin, ferrous sulfate, thiamin mononitrate, riboflavin, folic acid), water, sugar, yeast, contains 2% or less of: wheat gluten, soybean oil, salt, dough conditioners (distilled mono and diglycerides, sodium stearoyl lactylate, datem, enzymes [with wheat starch, ascorbic acid, calcium peroxide]). Grape jelly: Sugar, grape juice, contains 2% or less of: pectin, citric acid, potassium sorbate (preservative).

**Uncrustables, Strawberry (Smucker's®)**

Ingredients: peanut butter: peanuts, sugar, contains 2% or less of: molasses, fully hydrogenated vegetable oils (rapeseed and soybean), mono and diglycerides, salt. Bread: unbleached whole wheat flour, enriched unbleached flour (wheat flour, malted barley flour, niacin, ferrous sulfate, thiamin mononitrate, Riboflavin, folic acid), water, sugar, yeast, contains 2% Or less of: wheat gluten, soybean oil, salt, dough conditioners (distilled mono and diglycerides, sodium stearoyl lactylate, datem, enzymes [with wheat starch, ascorbic acid, calcium peroxide]). Strawberry Jam: sugar, strawberries, contains 2% or less of: pectin, citric acid, potassium sorbate (preservative).