



Snack Ingredients List

The information contained in this list is reported by each of the manufacturers or vendors. Variations may occur due to the differences in suppliers, ingredient substitutions, recipe revisions, product assembly at the school level, and/or season of the year. This information is effective as of August 1, 2018.

Single ingredient items, such as fruit, milk, vegetables, and 100% juice are not listed below. **Fresh fruit and vegetables along with other single ingredient items are offered daily.** For more information about these items, please contact the Dining Services Department.

Seminole County Public Schools and employees do not assume responsibility for a particular sensitivity or allergy to any food product provided in our schools. We encourage anyone with food sensitivities, allergies or special dietary needs to check with <http://diningservices.scps.us/> on a regular basis to obtain the most current information. If you have specific questions or concerns with any of the products listed, please feel free to call or write:

Seminole County Public Schools
Dining Services Department
400 East Lake Mary Blvd.
Sanford, FL 32773
407-320-0226

SNACK INGREDIENTS LIST

Applesauce Cup (Mott's® Original)

Ingredients: Apples, high fructose corn syrup, water, ascorbic acid (Vitamin C).

Apple Slices (Peterson Farms®)

Ingredients: Apples, calcium ascorbate (to maintain freshness and color)

Bread, Sliced, Whole Grain (CEM®)

Ingredients: Whole grain flour, unbleached enriched wheat flour (malted barley flour, niacin, iron, thiamine mononitrate (vitamin b1), riboflavin (vitamin b2), folic acid), water, soybean oil, sugar, yeast, wheat gluten, salt, enzyme (wheat flour, enzyme).

Cereal, Apple Jacks (Kelloggs®)

Ingredients: Corn flour blend (whole grain yellow corn flour, degerminated yellow corn flour), sugar, wheat flour, whole grain oat flour contains 2% or less of vegetable oil (hydrogenated coconut, soybean and/or cottonseed, canola), oat fiber, salt, soluble corn fiber, degerminated yellow corn flour, apple juice concentrate, modified corn starch, dried apples, cornstarch, cinnamon, yellow 6, natural flavor, baking soda, turmeric extract color, red 40, blue 1. Vitamins and minerals: vitamin C (sodium ascorbate and ascorbic acid), niacinamide, reduced iron, zinc oxide, vitamin B6 (pyridoxine hydrochloride), vitamin B2 (riboflavin), vitamin B1 (thiamin hydrochloride), vitamin A palmitate, folic acid, vitamin b12, vitamin D3.

Cereal, Cinnamon Toast Crunch (General Mills®)

Ingredients: Whole Grain Wheat, Sugar, Rice Flour, Canola Oil, Fructose, Maltodextrin, Dextrose, Salt, Cinnamon, Trisodium Phosphate, Soy Lecithin, Caramel Color. BHT Added to Preserve Freshness. Vitamins and Minerals: Calcium Carbonate, Iron and Zinc (mineral nutrients), Vitamin C (sodium ascorbate), A B Vitamin (niacinamide), Vitamin B6 (pyridoxine hydrochloride), Vitamin B2 (riboflavin), Vitamin B1 (thiamin mononitrate), Vitamin A (palmitate), A B Vitamin (folic acid), Vitamin B12, Vitamin D3.

Cereal, Froot Loops (General Mills®)

Ingredients: Corn flour blend (whole grain yellow corn flour, degerminated yellow corn flour), sugar, wheat flour, whole grain oat flour, contains 2% or less of oat fiber, hydrogenated vegetable oil (coconut, soybean and/or cottonseed), salt, soluble corn fiber, natural flavor, red 40, turmeric extract color, blue 1, yellow 6, annatto extract color. Vitamins and minerals: vitamin c (sodium ascorbate and ascorbic acid), niacinamide, reduced iron, zinc oxide, vitamin b6 (pyridoxine hydrochloride), vitamin b2 (riboflavin), vitamin b1 (thiamin hydrochloride), vitamin a palmitate, folic acid, vitamin b12, vitamin d3.

Cereal, Golden Grahams (General Mills®)

Ingredients: Whole grain wheat, corn meal, sugar, brown sugar syrup, canola oil, dextrose, baking soda, salt, natural flavor. vitamins and minerals: calcium carbonate, iron and zinc (mineral nutrients), vitamin c (sodium ascorbate), a b vitamin (niacinamide), vitamin b6 (pyridoxine hydrochloride), vitamin b2 (riboflavin), vitamin b1 (thiamin mononitrate), vitamin a (palmitate), a b vitamin (folic acid), vitamin b12, vitamin d3. Contains wheat ingredients.

Cereal, Honey Nut Cheerios (General Mills®)

Ingredients: Whole grain oats, sugar, oat bran, corn starch, honey, brown sugar syrup, salt, tripotassium phosphate, rice bran oil and/or canola oil, natural almond flavor. Vitamin E (mixed tocopherols) added to preserve freshness. Vitamins and minerals: calcium carbonate, zinc and iron (mineral nutrients), Vitamin C (sodium ascorbate), a B vitamin (niacinamide), vitamin B6 (pyridoxine hydrochloride), vitamin B2 (riboflavin), vitamin B1 (thiamin mononitrate), vitamin a (palmitate), a B vitamin (folic acid), vitamin B12, vitamin D3. Contains almond ingredients. Gluten-free.

Cheese, Low-fat American, Sliced (Bongards®)

Ingredients: Cultured skim milk and milk, water, sodium citrate, salt, potassium citrate, color added (if colored), cream, sorbic acid (preservative), enzymes, soy lecithin (non-sticking agent).

Cheese Stick, Mozzarella (Bongards®)

Ingredients: Pasteurized part skim milk, cheese cultures, salt, enzymes.

Cheese Stick, Colby Jack (Bongards®)

Ingredients: Cultured Pasteurized Reduced-Fat Milk, Salt, Enzymes, Annatto Color, Vitamin A Palmitate.

Chips, Baked! Lay's BBQ Potato Crisps (Frito Lay®)

Ingredients: Dried Potatoes, Corn Starch, Corn Oil, Sugar, Salt, Soy Lecithin, Onion Powder, Maltodextrin (Made from Corn), Dextrose, Brown Sugar, Molasses, Spices, Fructose, Tomato Powder, Garlic Powder, Yeast, Soybean Oil, Natural Flavors (Contains Milk), Sunflower Oil, Paprika, Acacia Gum, Paprika Extracts, Annatto Extracts and Caramel Color. Contains milk and soy ingredients.

Chips, Baked Ruffles Cheddar and Sour Cream (Frito Lay®)

Ingredients: Dried Potatoes, Corn Starch, Corn Oil, Sugar, Maltodextrin (made from corn), Salt, Soy Lecithin, Dextrose, Whey, Whey Protein Concentrate, Onion Powder, Cheddar Cheese (Milk, Cheese Cultures, Salt, Enzymes), Monosodium Glutamate, Blue Cheese (Milk, Cheese Cultures, Salt, Enzymes), Citric Acid, Artificial Color (Yellow 6 Lake, Yellow 5 Lake, Yellow 5, Yellow 6), Skim Milk, Natural and Artificial Flavors, Garlic Powder, Lactic Acid, Disodium Inosinate, and Disodium Guanylate. Contains milk and soy ingredients.

Chips, Oven Baked Crunchy Cheese Cheetos (Frito Lay®)

Ingredients: Whole Corn Meal, Enriched Corn Meal (Corn Meal, Ferrous Sulfate, Niacin, Thiamin Mononitrate, Riboflavin, Folic Acid), Vegetable Oil (Corn, Canola, and/or Sunflower Oil), Whey, Cheddar Cheese (Milk, Cheese Cultures, Salt, Enzymes), Salt, Maltodextrin (Made from Corn), Natural and Artificial Flavors, Whey Protein Concentrate, Monosodium Glutamate, Lactic Acid, Citric Acid, and Artificial Color (Yellow 6). Contains milk ingredients

Chips, Reduced Fat Cheetos Puffs (Frito Lay®)

Ingredients: Whole Cornmeal, Enriched Corn Meal (Corn Meal, Ferrous Sulfate, Niacin, Thiamin Mononitrate, Riboflavin, Folic Acid), Vegetable Oil (Corn, Canola, and/or Sunflower Oil), Cheese Seasoning (Whey, Cheddar Cheese [Milk, Cheese Cultures, Salt, Enzymes], Sea Minerals [Calcium Carbonate, Magnesium Carbonate], Canola Oil, Maltodextrin [Made From Corn], Salt, Whey Protein Concentrate, Monosodium Glutamate, Natural and Artificial Flavors, Lactic Acid, Citric Acid, Artificial Color [Yellow 6, Yellow 5]), Artificial Color (Yellow 6), and Salt. Contains milk ingredients

Chips, Reduced Fat Doritos, Cool Ranch (Frito Lay®):

Ingredients: Whole Corn, Corn, Vegetable Oil (Corn, Canola, and/or Sunflower Oil), Maltodextrin (Made From Corn), Corn Bran, Salt, Tomato Powder, Corn Starch, Lactose, Whey, Skim Milk, Corn Syrup Solids, Onion Powder, Sugar, Garlic Powder, Monosodium Glutamate, Cheddar Cheese (Milk, Cheese Cultures, Salt, Enzymes), Dextrose, Malic Acid, Buttermilk, Natural and Artificial Flavors, Sodium Acetate, Artificial Color (Red 40, Blue 1, Yellow 5), Sodium Caseinate, Spice, Citric Acid, Disodium Inosinate, and Disodium Guanylate. Contains milk ingredients

Chips, Reduced Fat Doritos Nacho Cheese (Frito Lay®)

Ingredients: Whole Corn, Corn, Vegetable Oil (Corn, Canola, and/or Sunflower Oil), Maltodextrin (Made From Corn), Corn Bran, Salt, Cheddar Cheese (Milk, Cheese Cultures, Salt, Enzymes), Whey, Monosodium Glutamate, Buttermilk, Romano Cheese (Part-Skim Cow's Milk, Cheese Cultures, Salt, Enzymes), Whey Protein Concentrate, Onion Powder, Corn Flour, Natural and Artificial Flavors, Dextrose, Tomato Powder, Lactose, Spices, Artificial Color (Yellow 6, Yellow 5, Red 40), Lactic Acid, Citric Acid, Sugar, Garlic Powder, Skim Milk, Red and Green Bell Pepper Powder, Disodium Inosinate, and Disodium Guanylate. Contains milk ingredients.

Cookie, Chocolate Brownie (David's Cookies®)

Ingredients: Whole wheat flour blend (whole wheat flour, enriched wheat flour (wheat, niacin, reduced iron, thiamine mononitrate, riboflavin, folic acid), vegetable oil blend (palm fruit, soybean and olive oils, water, salt, mono and diglycerides, soy lecithin, potassium sorbate as a preservative, natural flavor, vitamin A palmitate, beta carotene color), brown sugar, sugar, corn syrup, eggs, cocoa processed with alkali, prune paste, water, whey, baking powder (corn starch, sodium aluminum phosphate, baking soda,

monocalcium phosphate), baking soda, natural vanilla flavor, salt. Contains: egg, milk, soy, wheat.

Cookie, Chocolate Chip (David's Cookies®)

Ingredients: Whole wheat flour blend (whole wheat flour, enriched wheat flour (wheat, niacin, reduced iron, thiamine mononitrate, riboflavin, folic acid), sugar, brown sugar, vegetable oil blend (palm fruit, soybean and olive oils, water, salt, mono and diglycerides, soy lecithin, potassium sorbate as a preservative, natural flavor, vitamin A palmitate, beta carotene color), chocolate chips (sugar, unsweetened chocolate, cocoa butter, soy lecithin, vanilla), eggs, corn syrup, prune paste, water, molasses, dextrose, whey, baking soda, salt, natural vanilla flavor, baking powder (sodium acid pyrophosphate, corn starch, baking soda, monocalcium phosphate). Contains: Egg, Milk, Soy, Wheat.

Cookie, Oatmeal Raisin (David's Cookies®)

Ingredients: whole grain flour blend (rolled oats, enriched wheat flour (wheat, niacin, reduced iron, thiamine mononitrate, riboflavin, folic acid), whole wheat flour), raisins, vegetable oil blend (palm fruit, soybean and olive oils, water, salt, mono and diglycerides, soy lecithin, potassium sorbate as a preservative, natural flavor, vitamin A palmitate, beta carotene color), brown sugar, sugar, prune paste, eggs, corn syrup, water, molasses, whey, modified corn starch, baking soda, natural vanilla flavor, baking powder (sodium acid pyrophosphate, corn starch, baking soda, monocalcium phosphate), cinnamon, salt. Contains: egg, milk, soy, wheat.

Cookie, Rainbow (David's Cookies®)

Ingredients: Whole wheat flour blend (whole wheat flour, enriched wheat flour (wheat, niacin, reduced iron, thiamine mononitrate, riboflavin, folic acid), vegetable oil blend (palm fruit, soybean and olive oils, water, salt, mono and diglycerides, soy lecithin, potassium sorbate as a preservative, natural flavor, vitamin A palmitate, beta carotene color), brown sugar, chocolate candies (sugar, chocolate liquor, cocoa butter, milk fat, soy lecithin, vanillin, corn syrup, gum arabic, artificial colors [red 40 lake, yellow 6 lake, yellow 6, yellow 5 lake, blue 2 lake, blue 1 lake, yellow 5, blue 1], confectioner's glaze), sugar, eggs, water, corn syrup, prune paste, whey, molasses, baking soda, natural vanilla flavor, salt, baking powder (corn starch, sodium aluminum phosphate, baking soda, monocalcium phosphate). Contains: egg, milk, soy, wheat.

Cookie, Red Velvet WG (David's Cookies®)

Ingredients: Whole wheat flour blend (whole wheat flour, enriched wheat flour (wheat, niacin, reduced iron, thiamine mononitrate, riboflavin, folic acid), sugar, margarine (vegetable oil blend (palm fruit oil, soybean and olive oils), water, salt, mono and diglycerides, natural flavor, vitamin A palmitate, beta carotene color), brown sugar, white chocolate chips (sugar, cocoa butter, milk powder, soy lecithin, vanilla), water, eggs, corn syrup, prune paste, cocoa processed with alkali, whey, dextrose, artificial color (FD&C red #40 & #3, blue #1, yellow #6), molasses, baking soda, salt, natural vanilla flavor, baking powder (sodium acid pyrophosphate, corn starch, baking soda, mono calcium phosphate). Contains: egg, milk, soy, wheat.

Cookie, Sugar (David's Cookies®)

Ingredients: wheat flour blend (whole wheat flour, enriched wheat flour (wheat, niacin, reduced iron, thiamine mononitrate, riboflavin, folic acid), sugar, vegetable oil blend (palm fruit, soybean and olive oils, water, salt, mono and diglycerides, soy lecithin, potassium sorbate as a preservative, natural flavor, vitamin A palmitate, beta carotene color), corn syrup, eggs, water, dextrose, whey, natural vanilla flavor, baking powder (sodium acid pyrophosphate, corn starch, baking soda, mono calcium phosphate), baking soda, salt. Contains egg, milk, soy, wheat.

Cookie, Fun & Fitness (Dick and Jane®)

Ingredients: Whole Grain Wheat Flour, Enriched Wheat Flour (Contains: Wheat Flour, Niacin, Reduced Iron, Thiamine Mononitrate, Riboflavin, Folic Acid), Sugar, Sunflower Oil, Sunflower Lecithin, Salt, Honey, Leavening (Baking Soda), Natural Flavors, Whole Eggs, Milk

Cookie, Food & Nutrition (Dick and Jane®)

Ingredients: Whole Grain Wheat Flour, Enriched Wheat Flour (Contains: Wheat Flour, Niacin, Reduced Iron, Thiamine Mononitrate, Riboflavin, Folic Acid), Sugar, Sunflower Oil, Sunflower Lecithin, Salt, Honey, Leavening (Baking Soda), Natural Flavors, Whole Eggs, Milk

Cookie, Presidents (Dick and Jane®)

Ingredients: Whole Grain Wheat Flour, Enriched Wheat Flour (Wheat flour, Niacin, Reduced Iron, Thiamine Mononitrate, Riboflavin, Folic Acid), Sugar, Palm Oil, Canola Oil, Natural Flavors (contains milk), Honey, Baking Soda, Salt, Soy Lecithin.

Cracker, Animal (Bake Crafters®)

Ingredients: Whole Wheat Flour, Sugar, Sunflower Oil, Invert Syrup, Salt, Soy Lecithin (An Emulsifier), Leavenings (Monocalcium Phosphate, Ammonium Bicarbonate, Sodium Bicarbonate), Natural Flavors, Whole Egg Solids, Corn Syrup Solids. Allergens: Contain egg, soy, and wheat

Cracker, Breakfast Graham (Keebler®)

Ingredients: Graham flour, enriched flour (wheat flour, niacin, reduced iron, vitamin b1 [thiamin mononitrate], vitamin b2 [riboflavin], folic acid), sugar, canola oil, molasses, honey, corn syrup, contains 2% or less of calcium carbonate, leavening (baking soda, sodium acid pyrophosphate, monocalcium phosphate), salt, artificial flavor, vitamin a palmitate, BHT for freshness, soy lecithin. contains wheat and soy ingredients

Cracker, Cheez-it (Sunshine®)

Whole wheat flour, enriched flour (wheat flour, niacin, reduced iron, vitamin B1 [thiamin mononitrate], vitamin B2 [riboflavin], folic acid), white cheddar cheese (milk, cheese cultures, salt, enzymes), soybean oil (with TBHQ for freshness).

Cracker, Elf Graham Original (Keebler®)

Ingredients: Whole wheat flour, enriched flour (wheat flour, niacin, reduced iron, thiamin mononitrate [vitamin b1], riboflavin [vitamin b2], folic acid), sugar, vegetable oil (soybean and palm oil with TBHQ for freshness), honey, contains two percent or less of calcium carbonate, molasses, salt, baking soda, soy lecithin, vitamin A palmitate, bht for freshness. Contains: Wheat and Soy.

Cracker, Goldfish Cheddar (Pepperidge Farm®)

Ingredients: Whole grain wheat flour, unbleached enriched wheat flour [flour, niacin, reduced iron, thiamin mononitrate (vitamin b1), riboflavin (vitamin b2), folic acid], cheddar cheese [(pasteurized cultured milk, salt, enzymes), annatto], vegetable oils (canola, sunflower and/or soybean), salt, contains 2 percent or less of: autolyzed yeast, yeast, onion powder, leavening (baking soda, monocalcium phosphate) and spices.

Cracker, Goldfish Colors Cheddar (Pepperidge Farm®)

Ingredients: whole wheat flour, enriched wheat flour (flour, niacin, reduced iron, thiamine mononitrate, riboflavin, folic acid), canola and/or sunflower oils, cheddar cheese ([cultured milk, salt, enzymes], annatto), salt, contains 2% or less of: yeast, natural flavors, yeast extract, spices, celery, sugar, monocalcium phosphate, baking soda, onion powder, colors (beet, huito, and watermelon juice concentrates; paprika, turmeric, and annatto extracts). Contains: wheat, milk

Cracker, Goldfish Pretzels (Pepperidge Farm®)

Ingredients: Made with smiles and whole wheat flour, enriched wheat flour (flour, niacin, reduced iron, thiamine mononitrate, riboflavin, folic acid), vegetable oils (canola and/or sunflower), salt, contains 2 percent or less of: baking powder (sodium acid pyrophosphate, baking soda, cornstarch, monocalcium phosphate), malted barley flour, nonfat milk. contains: wheat, milk.

Craisins, Blueberry (Ocean Spray®)

Ingredients: Cranberries, Sugar, Grape Juice Concentrate, Blueberry Juice Concentrate, Sunflower Oil.

Craisins, Cherry (Ocean Spray®)

Ingredients: cranberries, sugar, cherry juice concentrate, natural flavors, citric acid, sunflower oil.

Dressing, Light Ranch, Dip Cup (Ken's)

Ingredients: Water, buttermilk, soybean oil, corn syrup, buttermilk solids, egg yolk, salt, contains less than 2% of: lemon juice concentrate, garlic, onion, potassium sorbate as a preservative, propylene glycol alginate, xanthum gum, spices, polysorbate 60, maltodextrin, yeast extract, sunflower oil

Granola, Homemade

Ingredients: Oatmeal (quick oats), Syrup, Sugar, Light Brown, Vanilla flavoring, Butter, Unsalted

Granola Bar, Oats 'n Honey (Nature Valley®)

Ingredients: Whole Grain Oats, Sugar, Canola Oil, Rice Flour, Honey, Salt, Brown Sugar Syrup, Baking Soda, Soy Lecithin, Natural Flavor. Contains soy; may contain peanut, almond and pecan ingredients

Juice (Ardmore Farms®)

Apple Juice- Ingredients: Filtered water, apple juice concentrate, malic acid, sodium benzoate and potassium sorbate (To assure freshness).

Fruit Blend - Ingredients: Filtered water, apple, pineapple, orange and grape juice concentrates, natural flavors, malic acid.

Orange Juice- Ingredients: Filtered water, orange juice concentrate.

Juice Box (Apple & Eve®)**Apple Juice**

Ingredients: 100% apple juice (filtered water sufficient to reconstitute apple juice concentrate), ascorbic acid (Vitamin C), calcium lactate, calcium gluconate, Vitamin A palmitate, Vitamin E acetate. Kosher

Fruit Punch

Ingredients: 100% fruit juice (filtered water sufficient to reconstitute apple, pear, jujube fruit, cherry, orange & pineapple juice concentrates), ascorbic acid, (Vitamin C), calcium lactate, calcium gluconate, natural flavors, citric acid, vegetable color. Vitamin A palmitate, Vitamin E acetate. Kosher

Berry

Ingredients: 100% fruit juice (filtered water sufficient to reconstitute apple, pear, jujube fruit, raspberry and strawberry juice concentrates), natural flavors, citric acid, ascorbic acid (Vitamin C), calcium lactate, calcium gluconate, vegetable color, Vitamin A palmitate, Vitamin E acetate

Strawberry-Kiwi

Ingredients: 100% juice (filtered water sufficient to reconstitute apple, pear, jujube fruit, strawberry and kiwi juice concentrates) natural flavors, citric acid, ascorbic acid, (vitamin C), calcium lactate, calcium gluconate, vegetable color, vitamin A palmitate, vitamin E acetate.

Mayonnaise, Packet (Heinz®)

Ingredients: Soybean oil, water, egg yolks, distilled vinegar, corn syrup, high fructose corn syrup, salt, spices, calcium disodium edta added to protect flavor, natural flavor.

Milk, Chocolate (TrooMoo®)

Ingredients: nonfat milk, sugar, contains less than 1% of: cocoa (processed with alkali), corn starch, salt, carrageenan, natural flavor, vitamin A palmitate, vitamin D3.

Mustard, Packet (Heinz®)

Ingredients: Distilled vinegar, ground mustard seed, salt, turmeric, spices.

Peach Cup

Ingredients: Peaches; may be packed in sugar, syrup, ascorbic acid and citric acid or juice.

Pear Cup (Advance Pierre®)

Ingredients: Pears (diced pears, water, light syrup, sugar), potassium sorbate.

Pineapple Cup (Advance Pierre®)

Ingredients: Crushed pineapple (pineapple, pineapple juice, citric acid), pineapple tidbits (pineapple, pineapple juice, citric acid) potassium sorbate

Popcorn, Kettle (Vic's®)

Ingredients: Popcorn, sugar, corn syrup, sunflower and/or corn oil, soy lecithin, salt, baking soda.

Rice Krispies Treats (Kellogg's®)

Ingredients: Whole grain brown rice, corn syrup, fructose, soybean and palm oil with tbhq for freshness, sugar, corn syrup solids, contains 2% or less of glycerin, dextrose, salt, gelatin, natural and artificial butter flavor (contains milk), datem, natural and artificial marshmallow flavor, acetylated monoglycerides, iron, bht (preservative), niacinamide, vitamin b1 (thiamin hydrochloride), vitamin b6 (pyridoxine hydrochloride), vitamin b2 (riboflavin), soy lecithin. Contains: milk and soy

Snack Mix, Harvest Cheddar (SunChips®)

Ingredients: Whole Corn, Sunflower and/or Canola Oil, Whole Wheat, Brown Rice Flour, Whole Oat Flour, Sugar, Maltodextrin (Made from Corn), Salt, Cheddar Cheese (Milk, Cheese Cultures, Salt, Enzymes), Natural Flavors, Whey, Whey Protein Concentrate, Onion Powder, Romano Cheese (Cow's Milk, Cheese Cultures, Salt, Enzymes), Buttermilk, Yeast Extract, Citric Acid, Paprika Extracts, Lactic Acid, Garlic Powder, Parmesan Cheese (Milk, Cheese Cultures, Salt, Enzymes), and Skim Milk. Contains Wheat and Milk ingredients.

Snack Mix, Munchies (Quaker®)

Ingredients: **Quaker® squares** - Whole oat flour, whole wheat flour, brown sugar, sugar, maltodextrin (made from corn), malted barley extract, molasses, salt, calcium carbonate, sodium bicarbonate, natural flavor, ascorbic acid, corn syrup, artificial color (yellow 5, yellow 6), sodium ascorbate, reduced iron, tocopherol (vitamin e, antioxidant), bht (preservative), niacinamide (vitamin b3), zinc oxide, modified food starch, thiamin mononitrate (vitamin b1), folic acid, pyridoxine hydrochloride (vitamin b6), vitamin a palmitate, riboflavin (vitamin b2), and coconut oil. Contains a wheat ingredient.

Rold Gold® brand Heartzels - whole wheat flour, enriched flour (wheat flour, niacin, reduced iron, thiamin mononitrate, riboflavin, folic acid), corn syrup, corn oil, salt, yeast, ammonium bicarbonate. Contains wheat ingredients.

Sunchips® Harvest Cheddar Minis - whole corn, sunflower and/or canola oil, whole wheat, brown rice flour, whole oat flour, sugar, maltodextrin (made from corn), salt, cheddar cheese (milk, cheese cultures, salt, enzymes), natural flavors, whey, whey protein concentrate, onion powder, romano cheese (cow's milk, cheese cultures, salt, enzymes), buttermilk, yeast extract, citric acid, paprika extracts, lactic acid, garlic powder, parmesan cheese (milk, cheese cultures, salt, enzymes), and skim milk. Contains wheat and milk ingredients.

Smartfood® brand Delight White Cheddar Cheese Popcorn - popcorn, vegetable oil (corn, canola and/or sunflower oil), maltodextrin (made from corn), cheddar cheese (milk, cheese cultures, salt, enzymes), reduced lactose whey, salt, whey, whey protein concentrate, buttermilk, potassium chloride, natural flavors, yeast extract, lactic acid, and citric acid. Contains milk ingredients.

Cheetos® brand Asteroids® Cheese Flavored Snacks - enriched corn meal (corn meal, ferrous sulfate, niacin, thiamin mononitrate, riboflavin, and folic acid), vegetable oil (corn, canola, and/or sunflower oil), cheese seasoning (whey, cheddar cheese [milk, cheese cultures, salt, enzymes], canola oil, maltodextrin [made from corn], salt, whey protein concentrate, monosodium

Strawberry Cup – Cut strawberries, strawberry puree, sugar.

Sunflower Seeds, Honey Roasted (Sunrich Naturals®)

Ingredients: Sunflower Kernels, Sugar, Sunflower Oil, Honey, Salt, Maltodextrin, Xanthan Gum.

Turkey, Sliced (Jennie-O®)

Ingredients: Turkey Breast Meat, Turkey Broth, Contains 2% or less Salt, Sugar, Rosemary Extract, Baking Soda

Yogurt, Danimals, Strawberry (Dannon®)

Ingredients: Cultured grade A nonfat milk, cane sugar, water, corn starch, strawberry puree, contains less than 1% of agar agar, natural flavors, fruit and vegetable juice (for color), carob bean gum, lemon juice concentrate, vitamin d3.