

# HIGH SCHOOL Menu JANUARY

**\$** Breakfast \$1.75  
Lunch \$3.00

**MY SCHOOL BUCKS** Manage your meals online at: [myschoolsbucks.com](http://myschoolsbucks.com)



## BREAKFAST

ALL MEALS INCLUDE AN ENTREE, FRUIT, 100% FRUIT JUICE AND/OR MILK.

### MONDAY

French Toast Sticks  
Assorted Cereals and Cheese Stick  
BenefIT Bar  
**NEW!** Oatmeal with Toppings  
Fruit Smoothie and Granola

### TUESDAY

Chicken Biscuit  
Assorted Cereals and Cheese Stick  
BenefIT Bar  
Fresh Baked Scone & Yogurt  
Fruit Smoothie and Granola

### WEDNESDAY

Mini Maple Pancakes and Sausage<sup>™</sup>  
Assorted Cereals and Cheese Stick  
BenefIT Bar  
**NEW!** Oatmeal with Toppings  
Fruit Smoothie and Granola

### THURSDAY

Chicken Biscuit  
Assorted Cereals and Cheese Stick  
BenefIT Bar  
Fresh Baked Scone & Yogurt  
Fruit Smoothie and Granola

### FRIDAY

Breakfast Quesadilla<sup>™</sup>  
Assorted Cereals and Cheese Stick  
BenefIT Bar  
**NEW!** Oatmeal with Toppings  
Fruit Smoothie and Granola

## LUNCH

### EVERYDAY FAVORITES

ALL MEALS INCLUDE AN ENTREE, FRUIT, JUICE, VEGETABLES AND/OR MILK.



#### CHICKEN SANDWICH MEAL

Choose from:  
Grilled Chicken Sandwich or  
Crispy Chicken Sandwich



#### GIANNI'S<sup>™</sup> OVEN FRESH PIZZA MEAL

Choose from:  
Cheese, Pepperoni<sup>™</sup>  
or Buffalo Chicken



#### SUB SANDWICH MEAL

Choose from:  
Hot Italian Sub<sup>™</sup>  
or Meatball Sub<sup>™</sup>



#### SPECIALTY SALAD MEAL

Freshly prepared salads topped  
with a variety of proteins  
(Vegan options available)



#### YOGURT PARFAIT MEAL

Yoplait<sup>®</sup> yogurt and  
fruit topped with  
homemade granola

# DAILY SPECIALS

ALL MEALS INCLUDE AN ENTREE, FRUIT, JUICE, VEGETABLES AND/OR MILK.

TUESDAY 1/1

WEDNESDAY 1/2

THURSDAY 1/3

FRIDAY 1/4

## HAPPY NEW YEAR

MONDAY 1/7



100% All Beef Burger  
or  
Black Bean Burger  
French Fries

TUESDAY 1/8



Chicken or Beef Burrito  
Black Beans

WEDNESDAY 1/9



Boneless Wings  
Mashed Potatoes  
Gravy  
Dinner Roll

THURSDAY 1/10



Baked Ziti  
Broccoli  
Garlic Breadstick

FRIDAY 1/11



Teriyaki Chicken or  
Sriracha Chicken  
California Veggies  
Rice or Noodles

MONDAY 1/14



100% All Beef Burger  
or  
Black Bean Burger  
French Fries

TUESDAY 1/15



Chicken Quesadilla  
Tortilla Chips  
Black Beans

WEDNESDAY 1/16



Boneless Wings  
Mashed Potatoes  
Gravy  
Dinner Roll

THURSDAY 1/17



Chicken Alfredo  
Broccoli  
Garlic Breadstick

FRIDAY 1/18



Szechuan Chicken or  
Orange Chicken  
California Veggies  
Rice or Noodles

MONDAY 1/21



TUESDAY 1/22



100% All Beef Burger  
or  
Black Bean Burger  
French Fries

WEDNESDAY 1/23



Boneless Wings  
Mashed Potatoes  
Gravy  
Dinner Roll

THURSDAY 1/24



Spaghetti and  
Meatballs   
Broccoli  
Garlic Breadstick

FRIDAY 1/25



Chicken Tenders  
Waffles  
Sweet Potato Fries

MONDAY 1/28



100% All Beef Burger  
or  
Black Bean Burger  
French Fries

TUESDAY 1/29



Nachos  
with toppings  
Black Beans

WEDNESDAY 1/30



Boneless Wings  
Mashed Potatoes  
Gravy  
Dinner Roll

THURSDAY 1/31



Chicken Parmesan  
Spaghetti  
Broccoli

## ALA CARTE AVAILABLE EVERYDAY

### FRESH FROM THE OVEN

Gianni's® Pizza Slice 2.25

### CLASSIC FAVORITES

Chicken Sandwich 2.75  
Sub/Flatbread 2.25

### LIGHTER CREATIONS

Assorted Specialty Salads 2.75

### SIDES & SNACKS

Fresh Fruit .75  
Fresh Veggies with Dip .75  
Cheese Stick .45  
Side Salad 1.50  
Baked Chips .75  
Fresh Baked Cookie .75  
BenefIT Bar 1.25  
Hershey® Ice Cream 1.15\*  
Welch's® Fruit Snacks 1.00

### DRINKS

Nestle® Water 16oz 1.00  
T.G. Lee® Milk .75  
Envy® 1.50  
Fruit Smoothie 1.75

\* Ice Cream available  
at select locations.

Menu is subject to change.

 = Contains Pork