



Breakfast and Lunch Ingredients List Elementary Schools

The information contained in this list is reported by each of the manufacturers or vendors. Variations may occur due to the differences in suppliers, ingredient substitutions, recipe revisions, product assembly at the school level, and/or season of the year. This information is effective as of April 26, 2019.

Single ingredient items, such as fruit, milk, vegetables, 100% juice and rice, are not listed below. **Fresh fruit and vegetables along with other single ingredient items are offered daily.** For more information about these items, please contact the Dining Services Department.

Seminole County Public Schools and employees do not assume responsibility for a particular sensitivity or allergy to any food product provided in our schools. We encourage anyone with food sensitivities, allergies or special dietary needs to check with <http://diningservices.scps.us/> on a regular basis to obtain the most current information. If your child has a special diet need due to a medical condition, please contact Von Nguyen, MS, RD at von_nguyen@scps.k12.fl.us for more information. If you have specific questions or concerns with any of the products listed, please feel free to call or write:

Seminole County Public Schools
Dining Services Department
400 East Lake Mary Blvd.
Sanford, FL 32773
407-320-0226

BREAKFAST INGREDIENTS

Applesauce (Monarch®)

Ingredients: apples, water, ascorbic acid

Applesauce, Cup (Mott's® Natural)

Ingredients: Apples, water, ascorbic acid (vitamin c)

Bagel-ful®, Cinnamon Cream Cheese

Ingredients: Water, Whole Wheat Flour, Enriched Unbleached Wheat Flour (Wheat Flour, Malted Barley Flour, Niacin, Reduced Iron, Thiamin Mononitrate, Riboflavin, Folic Acid), Cream Cheese (Pasteurized Milk and Cream, Cheese Culture, Salt, Carob Bean Gum), Cinnamon Filling (Water, Sugar, Brown Sugar, Modified Food Starch, Cellulose Gel and Gum, Salt, Cinnamon, Natural Flavors, Fumaric Acid, Benzoate of Soda and Potassium Sorbate [preservatives], Gellan Gum, Sodium Citrate), Brown Sugar, Dough Conditioners (Wheat Flour, Sugar, Corn Flour, Soybean Oil, Calcium Sulfate, L-Cysteine, Ascorbic Acid, Calcium Iodate, Calcium Peroxide, Enzymes), Vital Wheat Gluten, Extract of Malted Barley and Corn, Bagel Premix (Dimagnesium Phosphate, Dicalcium Phosphate, Calcium Carbonate, Niacinamide, Zinc Oxide, Thiamin Mononitrate, Pyridoxine Hydrochloride, Riboflavin), Yeast (Yeast, Sorbitan Monostearate, Ascorbic Acid), Salt, Ammonium Sulfate. Contains Milk, Wheat, Soy.

Biscuit, Whole Grain (Rich's®)

Ingredients: Whole wheat flour, buttermilk, enriched bleached wheat flour (wheat flour, niacin, iron as ferrous sulfate, thiamine mononitrate, enzyme, riboflavin, folic acid), palm oil, skim milk, leavening (sodium aluminum phosphate, baking soda), maltodextrin, contains less than 2% of the following: water, potassium chloride, sugar, modified cornstarch, soybean oil, artificial flavor, salt, datem, soy lecithin.

Cereal, Cheerios (General Mills®)

Ingredients: Whole Grain Oats, Corn Starch, Sugar, Salt, Tripotassium Phosphate. Vitamin E (mixed tocopherols) Added to Preserve Freshness. Vitamins and Minerals: Calcium Carbonate, Iron and Zinc (mineral nutrients), Vitamin C (sodium ascorbate), A B Vitamin (niacinamide), Vitamin B6 (pyridoxine hydrochloride), Vitamin A (palmitate), Vitamin B1 (thiamin mononitrate), A B Vitamin (folic acid), Vitamin B12, Vitamin D3. Gluten-free.

Cereal, Cinnamon Toast Crunch (General Mills®)

Ingredients: Whole grain wheat, sugar, rice flour, canola oil, fructose, maltodextrin, dextrose, salt, cinnamon, trisodium phosphate, soy lecithin, caramel color. bht added to preserve freshness. vitamins and minerals: calcium carbonate, zinc and iron (mineral nutrients), vitamin c (sodium ascorbate), a b vitamin (niacinamide), vitamin b6 (pyridoxine hydrochloride), vitamin b2 (riboflavin), vitamin b1 (thiamin mononitrate), vitamin a (palmitate), a b vitamin (folic acid), vitamin b12, vitamin d3. Contains wheat and soy ingredients.

Cereal, Froot Loops (General Mills®)

Ingredients: Corn flour blend (whole grain yellow corn flour, degerminated yellow corn flour), sugar, wheat flour, whole grain oat flour, contains 2% or less of oat fiber, hydrogenated vegetable oil (coconut, soybean and/or cottonseed), salt, soluble corn fiber, natural flavor, red 40, turmeric extract color, blue 1, yellow 6, annatto extract color. Vitamins and minerals: vitamin c (sodium ascorbate and ascorbic acid), niacinamide, reduced iron, zinc oxide, vitamin b6 (pyridoxine hydrochloride), vitamin b2 (riboflavin), vitamin b1 (thiamin hydrochloride), vitamin a palmitate, folic acid, vitamin b12, vitamin d3.

Cereal, Honey Nut Cheerios (General Mills®)

Ingredients: Whole grain oats, sugar, oat bran, corn starch, honey, brown sugar syrup, salt, tripotassium phosphate, rice bran oil and/or canola oil, natural almond flavor. Vitamin E (mixed tocopherols) added to preserve freshness. Vitamins and minerals: calcium carbonate, zinc and iron (mineral nutrients), Vitamin C (sodium ascorbate), a B vitamin (niacinamide), vitamin B6 (pyridoxine hydrochloride), vitamin B2 (riboflavin), vitamin B1 (thiamin mononitrate), vitamin a (palmitate), a B vitamin (folic acid), vitamin B12, vitamin D3. Contains almond ingredients. Gluten-free.

Cereal, Rice Chex (General Mills®)

Ingredients: Whole Grain Rice, Rice, Sugar, Salt, Molasses. Vitamin E (mixed tocopherols) Added to Preserve Freshness. Vitamins and Minerals: Calcium Carbonate, Iron and Zinc (mineral nutrients), Vitamin C (sodium ascorbate), A B Vitamin (niacinamide), Vitamin B6 (pyridoxine hydrochloride), Vitamin B2 (riboflavin), Vitamin B1 (thiamin mononitrate), Vitamin A (palmitate), A B Vitamin (folic acid), Vitamin B12, Vitamin D3.

Cheese Stick, Colby Jack (Bongards®)

Ingredients: Cultured Pasteurized Reduced-Fat Milk, Salt, Enzymes, Annatto Color, Vitamin A Palmitate.

Cheese Stick, Mozzarella (Bongards®)

Ingredients: Pasteurized part skim milk, cheese cultures, salt, enzymes.

Chicken Patty, Breaded (Rich Chicks®)

Ingredients: Antibiotic Free Chicken Breast with Rib Meat, Soy Protein Concentrate, Antibiotic Free Chicken Protein, Water, Salt, Isolated Oat Product. Seasoning Ingredients: Salt, Hydrolyzed Corn Gluten, Onion Powder, Spices, Wheat Flour, not more than 2% Silicon Dioxide added to prevent caking. Pre-dusted and Breaded With: Whole Wheat Flour, Enriched Wheat Flour (Enriched with Niacin, Reduced Iron, Thiamine Mononitrate, Riboflavin, Folic Acid), Salt, Soybean Oil (As a Processing Aid), Spices, Leavening (Sodium Aluminum Phosphate, Sodium Bicarbonate), Hydrolyzed Wheat Gluten, Garlic Powder, Soy Flour, Extractives of Paprika, Natural Flavors. Battered with: Water, Whole Wheat Flour, Enriched Wheat Flour (Enriched With Niacin, Reduced Iron, Thiamine Mononitrate, Riboflavin, Folic Acid), Yellow Corn Flour, Salt, Leavening (Sodium Bicarbonate, Sodium Aluminum Phosphate), Egg Whites, Spice Extractive, Cellulose Gum. Breeding Set in Soy Bean Oil. Allergens: Wheat, Egg and Soy

Croissant (Hadley Farms®)

Ingredients: White whole wheat flour, enriched wheat flour (unbleached wheat flour, malted barley flour, niacin, reduced iron, thiamine mononitrate, riboflavin, folic acid), water, margarine (palm oil, water, soybean oil, sugar, soybean lecithin, monoglycerides, natural butter flavor, beta carotene [color], vitamin A palmitate added), sugar, contains 2% or less of salt, nonfat dry milk powder (nonfat dry milk, whey), yeast and baking powder (sodium acid pyrophosphate, sodium bicarbonate, corn starch, monocalcium phosphate) for leavening, dough conditioner (DATEM, calcium sulfate, soybean oil, enzyme, ascorbic acid, L-Cysteine), vital wheat gluten, eggs, malt powder (malted barley, dextrose), calcium propionate, potassium sorbate and citric acid (preservatives)

French Toast Sticks (Bake Crafters®)

Ingredients: Whole Wheat Bread (Whole Wheat Flour, Water, Enriched Wheat Flour, Malted Barley Flour, Niacin, Reduced Iron, Thiamine Mononitrate, Riboflavin, Folic Acid), Sugar, Wheat Gluten, Yeast, Salt, Soybean Oil, Mono And Diglycerides, Calcium Propionate (Preservative), DATEM, Calcium Sulfate, Citric Acid, Soy Lecithin, Grain Vinegar, Potassium Iodate), Water, Whole Wheat Batter (Whole Wheat Flour, Sugar, Enriched Wheat Flour [Enriched With Niacin, Reduced Iron, Thiamine Mononitrate, Riboflavin, Folic Acid], Dextrose, Eggs, Yellow Corn Flour, Corn Syrup Solids, Natural Flavor, Modified Corn Starch, Salt, Leavening (Sodium Aluminum Phosphate, Sodium Bicarbonate), Nonfat Milk, Spice, Artificial Flavor, Modified Cellulose Gum, Spice Extractive), Coating (Enriched Wheat Flour [Wheat Flour, Niacin, Iron, Thiamine Mononitrate, Riboflavin, Folic Acid], Yellow Corn Flour, Sugar, Soy Flour, Salt, Dextrose, Leavening [Sodium Bicarbonate, Monocalcium Phosphate], Yeast), Soybean Oil, Cinnamon Sugar (Sugar, Spices, Natural Flavor, Silicon Dioxide [Added To Prevent Caking]). Contains egg, milk, soy, and wheat ingredients.

Granola, Homemade

Ingredients: Oatmeal (quick oats), Syrup (Harvest Value®), Sugar, Light Brown, Vanilla flavoring, Butter, Unsalted (Glenview Farms®).

Jelly, Grape (Heinz®)

Ingredients: Cane sugar, water, red grape juice concentrate, concord grape juice concentrate, citric acid, pectin, potassium sorbate (preservative).

Juice Box (Apple & Eve®)

Apple-Ingredients: 100% apple juice (filtered water sufficient to reconstitute apple juice concentrate), calcium gluconate, calcium lactate, ascorbic acid (vitamin c) vitamin a palmitate.

Fruit Punch-Ingredients: 100% fruit juice (filtered water sufficient to reconstitute apple, pear, cherry and pineapple concentrates), natural flavors, calcium gluconate, calcium lactate, citric acid, ascorbic acid (vitamin c), vegetable color, vitamin a palmitate.

Tangerine-Ingredients: 100% fruit juice (filtered water sufficient to reconstitute apple, pear, jujube fruit, orange, tangerine, & passionfruit juice concentrates), natural flavors, ascorbic acid (Vitamin C), calcium lactate calcium gluconate, beta carotene (for color), citric acid, Vitamin A palmitate, Vitamin E acetate.

Milk, Chocolate (TrooMoo®)

Ingredients: nonfat milk, sugar, contains less than 1% of: cocoa (processed with alkali), corn starch, salt, carrageenan, natural flavor, vitamin A palmitate, vitamin D3.

Muffin, Blueberry (Chef Pierre®)

Ingredients: Wheat flour (whole wheat flour, enriched bleached flour (wheat flour, niacin, iron, thiamine mononitrate, riboflavin, folic acid)), sugar, water, vegetable oil (soybean, canola), blueberries, eggs, contains 2% or less: maltodextrin, baking powder (corn starch, sodium aluminum phosphate, sodium bicarbonate and monocalcium phosphate), modified corn starch, salt, potassium sorbate (preservative), baking soda, mono- and diglycerides, xanthan gum, malic acid, sodium stearoyl lactylate, natural and artificial flavors.

Contains: wheat, eggs.

Quesadilla (Bacon, Egg and Cheese)

Ingredients: Tortilla, Flour, 6" (Azteca®), Cheese, Shredded Mozzarella (Bongards®), Cheese, Shredded Cheddar (Bongards®), Eggs, Low-Fat Milk, Bacon (Hormel®): Pork cured with water, salt, smoke flavoring, sugar, sodium diacetate, dextrose, sodium erythorbate, sodium nitrite; Optional Topping: Salsa (Pace®).

Salsa (Pace®)

Ingredients: Crushed tomatoes water, concentrated crushed tomatoes), fresh onions, fresh jalapeno peppers, diced tomatoes in tomato juice, distilled vinegar, salt, dehydrated onions, garlic and natural flavoring.

Sausage Patty (Advanced Pierre®)

Ingredients: Ground Pork, not more than 20% fat, seasoning (dextrose flavorings, hydrolyzed corn protein, carmel color), salt.

Scone, Apple-Cinnamon (FatCat®)

Ingredients: FatCat Whole Wheat Flour Blend (52% whole wheat pastry flour, 48% unbleached enriched wheat flour (wheat flour, niacin, reduced iron, thiamine mononitrate, riboflavin, folic acid, malted barley flour)), sugar, apple sauce (apples, water, asocrbic acid), apples, milk, butter, vegetable oil, baking powder (sodium acid pyrophosphate, sodium bicarbonate, corn starch, mono calcium phosphate), Kortinji cinnamon and salt. Glaze: Powdered sugar (sugar, corn starch), water, Korintji cinnamon.

Scone, Blueberry Lemon (FatCat®)

Ingredients: FatCat Whole Wheat Flour Blend (52% whole wheat pastry flour, 48% unbleached enriched wheat flour (wheat flour, niacin, reduced iron, thiamine mononitrate, riboflavin, folic acid, malted barley flour)), sugar, apple sauce (apples, water, ascorbic acid), wild blueberries, milk, butter, vegetable oil, baking powder (sodium acid pyrophosphate, sodium bicarbonate, mono calcium phosphate), blueberry extract and salt. Glaze: Powdered sugar, water, lemon peel (lemon peel, sugar, lemon oil) and lemon extract. Contains Wheat, Milk (Butter).

Scone, Lemon (FatCat®)

Ingredients: FatCat Whole Wheat Flour Blend (52% whole wheat pastry flour, 48% unbleached enriched wheat flour (wheat flour, niacin, reduced iron, thiamine mononitrate, riboflavin, folic acid, malted barley flour)), sugar, apple sauce (apples, water, ascorbic acid), milk, butter, lemon peel (lemon peel, sugar, lemon oil), vegetable oil, baking powder (sodium acid pyrophosphate, sodium bicarbonate, corn starch, mono calcium phosphate), lemon extract and salt. Glaze: Powdered sugar (sugar, corn starch), filtered water, lemon peel (lemon peel, sugar, lemon oil) and lemon extract.

Scone, Strawberry (FatCat®)

Ingredients: FatCat Whole Wheat Flour Blend (52% whole wheat pastry flour, 48% unbleached enriched wheat flour (wheat flour, niacin, reduced iron, thiamine mononitrate, riboflavin, folic acid, malted barley flour)), sugar, apple sauce (apples, water, ascorbic acid), strawberries, milk, butter, vegetable oil, baking powder (sodium acid pyrophosphate, sodium bicarbonate, corn starch, mono calcium phosphate), orange peel (orange peel, sugar, orange oil), strawberry extract, and salt. Glaze: Powdered sugar (sugar, corn starch), strawberries, natural strawberry extract.

Syrup (Madeira Farms®)

Ingredients: Corn syrup, high fructose corn syrup, water, potassium sorbate as preservative, caramel color, natural and artificial maple flavor, citric acid.

Waffle, Maple (Bake Crafters®)

Ingredients: Water, Whole Wheat Flour, Enriched Flour (Wheat Flour, Niacin, Reduced Iron, Thiamine Mononitrate, Riboflavin, Folic Acid), Soybean Oil, Maplebit (Sugar, Wheat Flour, Dextrose, Soybean Oil, Natural and Artificial Flavors and Caramel Color), Sugar, Contains 2% or Less of the Following: Soy Lecithin, Eggs, Wheat Bran, Sodium Acid Pyrophosphate, Sodium Bicarbonate, Natural and Artificial Flavors, Nonfat Dry Milk, Salt, Corn Starch, Mono Calcium Phosphate.

Yogurt, Danimals, Strawberry (Dannon®)

Ingredients: Cultured grade A nonfat milk, cane sugar, water, corn starch, strawberry puree, contains less than 1% of agar agar, natural flavors, fruit and vegetable juice (for color), carob bean gum, lemon juice concentrate, vitamin d3.

Yogurt, Vanilla (Yoplait®)

Ingredients: Cultured pasteurized grade A low fat milk, sugar, modified corn starch, kosher gelatin, natural flavor, potassium sorbate added to maintain freshness, vitamin A acetate, vitamin D3.

LUNCH INGREDIENTS**Apple Slices (Peterson Farms®)**

Ingredients: Apples, calcium ascorbate (to maintain freshness and color)

Apple Slices, canned (Harvest Value®)

Ingredients: apples, water

Applesauce (Monarch®)

Ingredients: apples, water, ascorbic acid

Applesauce, Cup (Mott's® Natural)

Ingredients: Apples, water, ascorbic acid (vitamin c)

Apple Topping

Ingredients: Apple slices, canned (Harvest Value®), sugar, cinnamon

Beans, Baked

Ingredients: Beans, vegetarian (Furmano's®), BBQ Sauce (Sweet Baby Ray's®)

Beans, Vegetarian (Furmanos®)

Ingredients: White Beans, Water, Sugar, Tomato Paste, Salt, Onion Powder, Garlic Powder, Spice

Beans, Black, Seasoned

Ingredients: Black beans (black beans, water, salt, calcium chloride), onion, green pepper, chili powder, garlic powder, cumin, oregano, vinegar, black pepper, cilantro

Beef Crumbles (Pierre®)

Ingredients: Ground Beef (No More Than 20% Fat), Water, Textured Vegetable Protein Product (Soy Protein Concentrate, Caramel Color, Zinc Oxide, Niacinamide, Ferrous Sulfate, Copper Gluconate, Vitamin A Palmitate, Calcium Pantothenate, Thiamine Mononitrate [B1], Pyridoxine Hydrochloride [B6], Riboflavin [B2], Cyanocobalamin [B12], Salt, Flavorings, Sodium Phosphate.

Burger, Beef (Advanced Pierre®)

Ingredients: Ground Beef (Not More Than 20% Fat), Salt, Caramel Color.

Biscuit, Whole Grain (Rich's®)

Ingredients: Whole wheat flour, buttermilk, enriched bleached wheat flour (wheat flour, niacin, iron as ferrous sulfate, thiamine mononitrate, enzyme, riboflavin, folic acid), palm oil, skim milk, leavening (sodium aluminum phosphate, baking soda), maltodextrin, contains less than 2% of the following: water, potassium chloride, sugar, modified cornstarch, soybean oil, artificial flavor, salt, datem, soy lecithin.

Bread, Flat Rounds (Rich's®)

Ingredients: Whole wheat flour, enriched unbleached wheat flour (wheat flour, malted barley flour, ascorbic acid added as a dough conditioner, niacin, reduced iron, thiamine mononitrate, riboflavin, folic acid), water, soybean oil, yeast, contains less than 2% of the following: sugar, nonfat dry milk, salt, wheat gluten, sodium stearoyl lactylate, leavening (sodium acid pyrophosphate, baking soda, monocalcium phosphate), guar gum, enzyme. Contains: milk, wheat may contain soy

Bread, Hamburger Bun, Whole Grain (Baked Crafters®)

Ingredients: Whole Wheat Flour, Enriched Wheat Flour, Sugar, Wheat Gluten, Soybean Oil, Yeast, Salt, Contains Less Than 2% Of Each of the Following: Mono and Diglycerides, Sodium Stearoyl Lactylate, Calcium Propionate, Yeast Food, Monocalcium Phosphate.

Bread, Hot Dog Bun, Whole Grain (Baked Crafters®)

Ingredients: Whole Grain Wheat Flour, Water, Enriched Wheat Flour (Wheat Flour, Malted Barley Flour, Niacin, Reduced Iron, Thiamine Mononitrate, Riboflavin, Folic Acid), Sugar, Yeast, Honey, Wheat Starch, Calcium Stearate (Caking Agent), Soybean Oil, Salt, Monoglycerides, Calcium Propionate, Diacetyl Tartaric Acid Esters of Mono-Diglycerides, Enzymes (Contains Wheat), Ascorbic Acid (Vitamin C), and 2% or Less of each of the Following: Malted Wheat Flour, Calcium Sulfate, Preservatives (Propionic Acid, Phosphoric Acid). Contains: Soy and Wheat.

Bread, Sliced, Whole Grain (Bake Crafters®)

Ingredients: Whole Wheat Flour, Water, Enriched Wheat Flour (Wheat Flour, Malted Barley Flour, Niacin, Ferrous Sulfate, Thiamine Mononitrate, Riboflavin, Folic Acid), Sugar, Yeast, Salt, Soybean Oil, Monoglycerides, Calcium Propionate, Diacetyl Tartaric Acid Esters of Mono-Diglycerides, Enzymes, Ascorbic Acid (Vitamin C), and 2% or Less of each of the Following: Preservatives (Propionic Acid, Phosphoric Acid), Malted Wheat Flour.

Breadsticks, Garlic (Bake Crafters®)

Ingredients: Breadstick: Whole Wheat Flour, Enriched Flour ({Bleached Wheat Flour, Niacin, Reduced Iron, Thiamine Mononitrate, Riboflavin, Folic Acid}, Malted Barley Flour), Water, Soybean Oil, Sugar, Contains Less Than 1%: Salt, Potassium Chloride, Yeast, Vegetable Protein, Ascorbic Acid, Enzymes. Spread: Vegetable Oil Blend (Soybean, Palm), Water, Garlic, Contains 2% Or Less: Salt, Sweet Cream Buttermilk, Spice, Mono And Diglycerides, Onion Powder, Soy Lecithin, Natural Flavor, Potassium Sorbate (Used To Protect Quality), Citric Acid, Beta Carotene (For Color), Vitamin A Palmitate.

Butter Mist Spray (Butter Buds®)

Ingredients: Canola oil, sunflower lecithin, salt, beta carotene (natural color), silicon dioxide, concentrated natural butter flavor, beta carotene (color), propellant. Contains Milk.

Butter, Unsalted (Glenview Farms®)

Ingredients: Pasturized Cream, Natural Flavorings

Cheese, Cheddar, Shredded (Bongards®)

Ingredients: Mild Cheddar Cheese (Pasteurized Milk, Cheese Culture, Salt, Enzymes, Annatto (Vegetable Color), Powdered Cellulose (to prevent caking), Potassium Sorbate, Natamycin (a preservative).

Cheese, Low-fat American, Sliced (Bongards®)

Ingredients: Cultured skim milk and milk, water, sodium citrate, salt, potassium citrate, color added (if colored), cream, sorbic acid (preservative), enzymes, soy lecithin (non-sticking agent).

Cheese, Low-fat Mozzarella, Shredded (Bongards®)

Ingredients: Pasteurized Part Skim Milk, Cheese Cultures, Salt, Enzymes, Powdered Cellulose (to prevent caking), Natamycin (a natural mold inhibitor).

Cheese, Parmesan (Mosaic®)

Ingredients: Parmesan cheese (cultured pasteurized part-skim milk, salt, enzymes), powdered cellulose added to prevent caking, salt, potassium sorbate (preservative).

Cheese Stick, Colby Jack (Bongards®)

Ingredients: Pasteurized milk, cheese culture, salt, enzymes, annatto color

Cheese Stick, Mozzarella (Bongards®)

Ingredients: Pasteurized part skim milk, cheese cultures, salt, enzymes.

Chicken Nuggets, Breaded (Rich Chicks®)

Ingredients: White Meat/Trim, Soy Protein Concentrate, Chicken Protein, Water, Seasoning (Salt, Hydrolyzed Corn Gluten, Onion Powder, Garlic Powder, Spices, Wheat Flour, not more than 2% Silicon Dioxide added to prevent caking), Salt, Isolated Oat Product. Pre-dusted and Breaded With: Whole Wheat Flour, Enriched Wheat Flour (Enriched with Niacin, Reduced Iron, Thiamine Mononitrate, Riboflavin, Folic Acid), Salt, Soybean Oil (As a Processing Aid), Spices, Leavening (Sodium Aluminum Phosphate, Sodium Bicarbonate), Hydrolyzed Wheat Gluten, Garlic Powder, Soy Flour, Extractives of Paprika, Natural Flavors. Battered with: Water, Whole Wheat Flour, Enriched Wheat Flour (Enriched With Niacin, Reduced Iron, Thiamine Mononitrate, Riboflavin, Folic Acid), Yellow Corn Flour, Salt, Leavening (Sodium Bicarbonate, Sodium Aluminum Phosphate), Egg Whites, Spice Extractive, Cellulose Gum. Breading Set in Vegetable Oil. Allergens: Wheat, Egg, Soy

Chicken Patty, Breaded 3 oz (Rich Chicks®)

Ingredients: Antibiotic Free Chicken Breast with Rib Meat, Soy Protein Concentrate, Chicken Protein, Water, Salt, Isolated Oat Product. Pre-dusted and Breaded With: Whole Wheat Flour, Enriched Wheat Flour (Enriched with Niacin, Reduced Iron, Thiamine Mononitrate, Riboflavin, Folic Acid), Salt, Soybean Oil (As a Processing Aid), Spices, Leavening (Sodium Aluminum Phosphate, Sodium Bicarbonate), Hydrolyzed Wheat Gluten, Garlic Powder, Soy Flour, Extractives of Paprika, Natural Flavors. Battered with: Water, Whole Wheat Flour, Enriched Wheat Flour (Enriched With Niacin, Reduced Iron, Thiamine Mononitrate, Riboflavin, Folic Acid), Yellow Corn Flour, Salt, Leavening (Sodium Bicarbonate, Sodium Aluminum Phosphate), Egg Whites, Spice Extractive, Cellulose Gum. Breeding Set in Soy Bean Oil. Allergens: Wheat, Egg, and Soy

Chicken, for Chicken Alfredo

Ingredients: Chicken, grilled, Italian seasoning, garlic powder, black pepper

Chicken, Grilled

Ingredients: Chicken Meat, Water, Potato Starch, Sodium Phosphates, Salt

Chicken, Orange (Yang's®)

Ingredients: Chicken: Dark meat chicken chunks, water, cornstarch, white whole grain wheat flour, soybean oil, liquid whole eggs, salt, white pepper powder, garlic, ginger, and green onion. Sauce: Sugar, vinegar, water, soy sauce (water, soybean, salt, sugar, wheat flour, extract of mushroom) modified starch, mandarin orange juice and peel, ginger, garlic, green onion and chili powder. Allergens: Egg products, soy, wheat, and citrus

Chicken, Tenders (Rich Chicks®)

Ingredients: Antibiotic Free Chicken Breast with Rib Meat, Soy Protein Concentrate, Chicken Protein, Water, Salt, Isolated Oat Product. Pre-dusted and Breaded With: Whole Wheat Flour, Enriched Wheat Flour (Enriched with Niacin, Reduced Iron, Thiamine Mononitrate, Riboflavin, Folic Acid), Salt, Soybean Oil (As a Processing Aid), Spices, Leavening (Sodium Aluminum Phosphate, Sodium Bicarbonate), Hydrolyzed Wheat Gluten, Garlic Powder, Soy Flour, Extractives of Paprika, Natural Flavors. Battered with: Water, Whole Wheat Flour, Enriched Wheat Flour (Enriched With Niacin, Reduced Iron, Thiamine Mononitrate, Riboflavin, Folic Acid), Yellow Corn Flour, Salt, Leavening (Sodium Bicarbonate, Sodium Aluminum Phosphate), Egg Whites, Spice Extractive, Cellulose Gum. Breeding Set in Soy Bean Oil.

Chicken, Teriyaki (Yang's®)

Ingredients: Chicken: Chicken leg meat, water, sugar, soy sauce (water, soy bean, salt, sugar, wheat flour, extract of mushroom) lime juice 100%, salt, garlic, ginger and green onion. Sauce: Water, sugar, soy sauce (water, soy beans, salt, sugar, wheat flour and extract of mushroom) modified starch, salt, garlic, lime juice, ginger and green onion. Allergens: Soy, wheat, and citrus

Chips, Baked! Lay's BBQ Potato Crisps (Frito Lay®)

Ingredients: Dried Potatoes, Corn Starch, Corn Oil, Sugar, Salt, Soy Lecithin, Onion Powder, Maltodextrin (Made from Corn), Dextrose, Brown Sugar, Molasses, Spices, Fructose, Tomato Powder, Garlic Powder, Yeast, Soybean Oil, Natural Flavors (Contains Milk), Sunflower Oil, Paprika, Acacia Gum, Paprika Extracts, Annatto Extracts and Caramel Color. Contains milk and soy ingredients.

Chips, Baked Ruffles Cheddar and Sour Cream (Frito Lay®)

Ingredients: Dried Potatoes, Corn Starch, Corn Oil, Sugar, Maltodextrin (made from corn), Salt, Soy Lecithin, Dextrose, Whey, Whey Protein Concentrate, Onion Powder, Cheddar Cheese (Milk, Cheese Cultures, Salt, Enzymes), Monosodium Glutamate, Blue Cheese (Milk, Cheese Cultures, Salt, Enzymes), Citric Acid, Artificial Color (Yellow 6 Lake, Yellow 5 Lake, Yellow 5, Yellow 6), Skim Milk, Natural and Artificial Flavors, Garlic Powder, Lactic Acid, Disodium Inosinate, and Disodium Guanylate. Contains milk and soy ingredients.

Chips, Oven Baked Crunchy Cheese Cheetos (Frito Lay®)

Ingredients: Whole Corn Meal, Enriched Corn Meal (Corn Meal, Ferrous Sulfate, Niacin, Thiamin Mononitrate, Riboflavin, Folic Acid), Vegetable Oil (Corn, Canola, and/or Sunflower Oil), Whey, Cheddar Cheese (Milk, Cheese Cultures, Salt, Enzymes), Salt, Maltodextrin (Made from Corn), Natural and Artificial Flavors, Whey Protein Concentrate, Monosodium Glutamate, Lactic Acid, Citric Acid, and Artificial Color (Yellow 6). Contains milk ingredients.

Chips, Reduced Fat Cheetos Puffs (Frito Lay®)

Ingredients: Whole Cornmeal, Enriched Corn Meal (Corn Meal, Ferrous Sulfate, Niacin, Thiamin Mononitrate, Riboflavin, Folic Acid), Vegetable Oil (Corn, Canola, and/or Sunflower Oil), Cheese Seasoning (Whey, Cheddar Cheese [Milk, Cheese Cultures, Salt, Enzymes], Sea Minerals [Calcium Carbonate, Magnesium Carbonate], Canola Oil, Maltodextrin [Made From Corn], Salt, Whey Protein Concentrate, Monosodium Glutamate, Natural and Artificial Flavors, Lactic Acid, Citric Acid, Artificial Color [Yellow 6, Yellow 5]), Artificial Color (Yellow 6), and Salt. Contains milk ingredients

Chips, Reduced Fat Doritos, Cool Ranch (Frito Lay®):

Ingredients: Whole Corn, Corn, Vegetable Oil (Corn, Canola, and/or Sunflower Oil), Maltodextrin (Made From Corn), Corn Bran, Salt, Tomato Powder, Corn Starch, Lactose, Whey, Skim Milk, Corn Syrup Solids, Onion Powder, Sugar, Garlic Powder, Monosodium Glutamate, Cheddar Cheese (Milk, Cheese Cultures, Salt, Enzymes), Dextrose, Malic Acid, Buttermilk, Natural and Artificial Flavors, Sodium Acetate, Artificial Color (Red 40, Blue 1, Yellow 5), Sodium Caseinate, Spice, Citric Acid, Disodium Inosinate, and Disodium Guanylate. Contains milk ingredients.

Chips, Reduced Fat Doritos, Flamas (Frito Lay®)

Ingredients: Whole corn, corn, vegetable oil corn, canola, and/or sunflower oil, maltodextrin made from corn, salt, citric acid, sugar, monosodium glutamate, artificial color red 40 lake, yellow 6 lake, hydrolyzed corn protein, yeast extract, sodium diacetate, cheddar cheese milk, cheese cultures, salt, enzymes, modified corn starch, natural flavor, onion powder, whey, corn syrup solids, garlic powder, romano cheese part-skim cow's milk, cheese cultures, salt, enzymes, buttermilk, whey protein concentrate, disodium inosinate and disodium guanylate. Contains milk ingredients.

Chips, Reduced Fat Doritos Nacho Cheese (Frito Lay®)

Ingredients: Whole Corn, Corn, Vegetable Oil (Corn, Canola, and/or Sunflower Oil), Maltodextrin (Made from Corn), Corn Bran, Salt, Cheddar Cheese (Milk, Cheese Cultures, Salt, Enzymes), Whey, Monosodium Glutamate, Buttermilk, Romano Cheese (Part-Skim Cow's Milk, Cheese Cultures, Salt, Enzymes), Whey Protein Concentrate, Onion Powder, Corn Flour, Natural and Artificial Flavors, Dextrose, Tomato Powder, Lactose, Spices, Artificial Color (Yellow 6, Yellow 5, Red 40), Lactic Acid, Citric Acid, Sugar, Garlic Powder, Skim Milk, Red and Green Bell Pepper Powder, Disodium Inosinate, and Disodium Guanylate. Contains milk ingredients.

Chips, Reduced Fat Doritos Sweet Chili (Frito Lay®)

Ingredients: Whole Corn, Corn, Vegetable Oil (Corn, Canola, and/or Sunflower Oil), Corn Bran, Sugar, Maltodextrin (Made from Corn), Monosodium Glutamate, Fructose, Salt, Sodium Diacetate, Soy Sauce (Soybeans, Wheat, Salt), Onion Powder, Hydrolyzed Soy Protein, Hydrolyzed Corn Protein, Garlic Powder, Torula Yeast, Malic Acid, Paprika Extracts, Spices, Caramel Color, Disodium Inosinate, Disodium Guanylate, and Natural Flavor. Contains wheat and soy ingredients.

Chips, Tortilla (Azteca®)

Ingredients: Whole ground corn (treated with lime), corn oil, salt.

Cookie, Chocolate Brownie (David's Cookies®)

Ingredients: Whole wheat flour blend (whole wheat flour, enriched wheat flour (wheat, niacin, reduced iron, thiamine mononitrate, riboflavin, folic acid), vegetable oil blend (palm fruit, soybean and olive oils, water, salt, mono and diglycerides, soy lecithin, potassium sorbate as a preservative, natural flavor, vitamin A palmitate, beta carotene color), brown sugar, sugar, corn syrup, eggs, cocoa processed with alkali, prune paste, water, whey, baking powder (corn starch, sodium aluminum phosphate, baking soda, monocalcium phosphate), baking soda, natural vanilla flavor, salt. Contains: egg, milk, soy, wheat.

Cookie, Chocolate Chip (David's Cookies®)

Ingredients: Whole wheat flour blend (whole wheat flour, enriched wheat flour (wheat, niacin, reduced iron, thiamine mononitrate, riboflavin, folic acid), sugar, brown sugar, vegetable oil blend (palm fruit, soybean and olive oils, water, salt, mono and diglycerides, soy lecithin, potassium sorbate as a preservative, natural flavor, vitamin A palmitate, beta carotene color), chocolate chips (sugar, unsweetened chocolate, cocoa butter, soy lecithin,

vanilla), eggs, corn syrup, prune paste, water, molasses, dextrose, whey, baking soda, salt, natural vanilla flavor, baking powder (sodium acid pyrophosphate, corn starch, baking soda, monocalcium phosphate). Contains: Egg, Milk, Soy, Wheat.

Cookie, Farmer's Market (Dick and Jane®)

Ingredients: Whole grain wheat flour, enriched wheat flour (wheat flour, niacin, reduced iron, thiamine mononitrate, riboflavin, folic acid), sugar, sunflower oil, sunflower lecithin, salt, honey, leavening (baking soda), natural flavors, whole egg, milk. Contains wheat, egg and milk

Cookie, Food & Nutrition (Dick and Jane®)

Ingredients: Whole Grain Wheat Flour, Enriched Wheat Flour (Contains: Wheat Flour, Niacin, Reduced Iron, Thiamine Mononitrate, Riboflavin, Folic Acid), Sugar, Sunflower Oil, Sunflower Lecithin, Salt, Honey, Leavening (Baking Soda), Natural Flavors, Whole Eggs, Milk.

Cookie, Fortune (Asian Food Solutions®)

Ingredients: Whole wheat flour (51%), enriched wheat flour [flour, niacin, reduced iron, thiamine mononitrate (Vitamin B1), riboflavin (Vitamin B2), folic acid], sugar, water, soy lecithin, soybean oil and hydrogenated soybean oil, natural orange flavor, sodium bicarbonate. Contains: Wheat and Soy

Cookie, Fun & Fitness (Dick and Jane®)

Ingredients: Whole Grain Wheat Flour, Enriched Wheat Flour (Contains: Wheat Flour, Niacin, Reduced Iron, Thiamine Mononitrate, Riboflavin, Folic Acid), Sugar, Sunflower Oil, Sunflower Lecithin, Salt, Honey, Leavening (Baking Soda), Natural Flavors, Whole Eggs, Milk

Cookie, Oatmeal Raisin (David's Cookies®)

Ingredients: Whole grain flour blend (rolled oats, enriched wheat flour [wheat, niacin, reduced iron, thiamine mononitrate, riboflavin, folic acid], whole wheat flour), raisins, margarine (vegetable oil blend [palm fruit oil, soybean & olive oils] water, salt, mono and diglycerides, natural flavor, vitamin A palmitate, beta carotene color), brown sugar, sugar, water, prune paste, eggs, corn syrup, molasses, modified corn starch, baking soda, natural vanilla flavor, cinnamon, salt.

Cookie, Presidents (Dick and Jane®)

Ingredients: Whole Grain Wheat Flour, Enriched Wheat Flour (Wheat flour, Niacin, Reduced Iron, Thiamine Mononitrate, Riboflavin, Folic Acid), Sugar, Palm Oil, Canola Oil, Natural Flavors (contains milk), Honey, Baking Soda, Salt, Soy Lecithin.

Cookie, Rainbow (David's Cookies®)

Ingredients: Whole wheat flour, enriched wheat flour (wheat, barley, niacin, reduced iron, thiamine mononitrate, riboflavin, folic acid), margarine (vegetable oil blend [palm fruit oil, soybean & olive oils] water, salt, mono and diglycerides, natural flavor, vitamin A palmitate, beta carotene color), brown sugar, rainbow chocolate candies (semisweet chocolate [sugar, cocoa mass, cocoa butter, cocoa solids, soy lecithin, vanillin], candy coating [artificial colors: FD&C yellow #5, yellow #6, red #40, blue #1, titanium dioxide, potato starch, acacia gum, propylene glycol, citric acid, maltodextrin, carnauba wax]), sugar, eggs, water, corn syrup, prune paste, dextrose, molasses, baking soda, natural vanilla flavor, salt, baking powder (sodium acid pyrophosphate, corn starch, baking soda, mono calcium phosphate).

Cookie, Red Velvet WG (David's Cookies®)

ingredients: Whole wheat flour blend (whole wheat flour, enriched wheat flour (wheat, niacin, reduced iron, thiamine mononitrate, riboflavin, folic acid), sugar, margarine (vegetable oil blend (palm fruit oil, soybean and olive oils), water, salt, mono and diglycerides, natural flavor, vitamin A palmitate, beta carotene color), brown sugar, white chocolate chips (sugar, cocoa butter, milk powder, soy lecithin, vanilla), water, eggs, corn syrup, prune paste, cocoa processed with alkali, whey, dextrose, artificial color (FD&C red #40 & #3, blue #1, yellow #6), molasses, baking soda, salt, natural vanilla flavor, baking powder (sodium acid pyrophosphate, corn starch, baking soda, mono calcium phosphate).
Contains: egg, milk, soy, wheat.

Cookie, States and Capital (Dick and Jane®)

Ingredients: Whole Grain Wheat Flour, Enriched Wheat Flour (Wheat flour, Niacin, Reduced Iron, Thiamine, Mononitrate, Riboflavin, Folic Acid), Sugar, Palm Oil, Canola Oil, Natural Flavors (contains milk), Honey, Baking Soda, Salt, Soy Lecithin.

Cookie, Sugar (David's Cookies®)

Ingredients: Wheat flour blend (whole wheat flour, enriched wheat flour (wheat, niacin, reduced iron, thiamine mononitrate, riboflavin, folic acid), sugar, vegetable oil blend (palm fruit, soybean and olive oils, water, salt, mono and diglycerides, soy lecithin, potassium sorbate as a preservative, natural flavor, vitamin A palmitate, beta carotene color), corn syrup, eggs, water, dextrose, whey, natural vanilla flavor, baking powder (sodium acid pyrophosphate, corn starch, baking soda, mono calcium phosphate), baking soda, salt.
CONTAINS: EGG, MILK, SOY, WHEAT.

Corn, Roasted

Ingredients: Corn, canned (Monarch®): corn, water, sugar, salt; butter mist spray (Butter Buds®).

Cracker, Animal (Bake Crafters®)

Ingredients: Whole Wheat Flour, Sugar, Sunflower Oil, Invert Syrup, Salt, Leavening (Sodium Bicarbonate, Ammonium Bicarbonate, Monocalcium Phosphate), Soy Lecithin, Natural Flavors, Whole Egg Solids, Corn Syrup Solids, Milk. Contains egg, milk, soy, and wheat ingredients.

Cracker, Cheez-it (Sunshine®)

Whole wheat flour, enriched flour (wheat flour, niacin, reduced iron, vitamin B1 [thiamin mononitrate], vitamin B2 [riboflavin], folic acid), white cheddar cheese (milk, cheese cultures, salt, enzymes), soybean oil (with TBHQ for freshness).

Cracker, Elf Graham Original (Keebler®)

Ingredients: Whole wheat flour, enriched flour (wheat flour, niacin, reduced iron, thiamin mononitrate [vitamin b1], riboflavin [vitamin b2], folic acid), sugar, vegetable oil (soybean and palm oil with TBHQ for freshness), honey, contains two percent or less of calcium carbonate, molasses, salt, baking soda, soy lecithin, vitamin A palmitate, bht for freshness. Contains: Wheat and Soy.

Cracker, Goldfish Cheddar (Pepperidge Farm®)

Ingredients: Whole grain wheat flour, unbleached enriched wheat flour [flour, niacin, reduced iron, thiamin mononitrate (vitamin b1), riboflavin (vitamin b2), folic acid], cheddar cheese [(pasteurized cultured milk, salt, enzymes), annatto], vegetable oils (canola, sunflower and/or soybean), salt, contains 2 percent or less of: autolyzed yeast, yeast, onion powder, leavening (baking soda, monocalcium phosphate) and spices.

Cracker, Goldfish Pretzels (Pepperidge Farm®)

Ingredients: Made with smiles and whole wheat flour, enriched wheat flour (flour, niacin, reduced iron, thiamine mononitrate, riboflavin, folic acid), vegetable oils (canola and/or sunflower), salt, contains 2 percent or less of: baking powder (sodium acid pyrophosphate, baking soda, cornstarch, monocalcium phosphate), malted barley flour, nonfat milk. contains: wheat, milk.

Cracker, Honey Goldfish (Pepperidge Farm®)

Ingredients: Made with smiles and whole wheat flour, enriched wheat flour (flour, niacin, reduced iron, thiamine mononitrate, riboflavin, folic acid), sugar, vegetable oils (canola and/or sunflower, palm kernel, palm), honey, brown sugar (sugar, invert sugar, molasses), contains 2% or less of: molasses, baking soda, salt, nonfat milk, baking powder (sodium acid pyrophosphate, sodium bicarbonate, cornstarch, monocalcium phosphate), corn syrup solids, corn maltodextrin, spices, caramelized sugar, natural flavors, whey powder, modified cornstarch, soy lecithin. contains: wheat, milk, soy.

Craisins, Blueberry (Ocean Spray®)

Ingredients: Cranberries, Sugar, Grape Juice Concentrate, Blueberry Juice Concentrate, Natural Flavor.

Craisins, Cherry (Ocean Spray®)

Ingredients: Cranberries, Sugar, Cherry Juice Concentrate, Natural Flavor

Dressing, Honey Mustard (Naturally Fresh®)

Ingredients: Soybean Oil, Vinegar, Water, Honey, Corn Syrup, Ground Mustard Seed, Apple Cider Vinegar, Sugar, Egg, Salt, Egg Yolk, Cinnamon, Turmeric & Paprika Color, Xanthan Gum (Food Fiber).

Dressing, Italian fat-free (Naturally Fresh)

Ingredients: Water, Vinegar, Garlic, Sugar, Salt, Natural Flavors, Xanthan Gum (Food Fiber), Onion, Dehydrated Red Bell Pepper, Spices, Oleoresin Turmeric Color, Annatto Turmeric Color.

Dressing, Light Ranch, Dip Cup (Ken's)

Ingredients: Water, buttermilk, soybean oil, corn syrup, buttermilk solids, egg yolk, salt, contains less than 2% of: lemon juice concentrate, garlic, onion, potassium sorbate as a preservative, propylene glycol alginate, xanthum gum, spices, polysorbate 60, maltodextrin, yeast extract, sunflower oil

Eggs (Glenview Farms®)

Ingredients: whole eggs, citric acid, .15% water added as a carrier for citric acid. Citric acid added to preserve color.

Fruit, Mixed (Del Monte®)

Ingredients: Fruit (peaches, pears, grapes), water, high fructose corn syrup, corn syrup, sugar

Granola Bar, Chewy Granola Cookies n Cream (Quaker®)

Ingredients: granola (whole grain rolled oats, brown sugar, brown rice crisp [whole grain brown rice flour, sugar, salt], whole grain rolled wheat, soybean oil, whole wheat flour, sodium bicarbonate, soy lecithin, nonfat dry milk), brown rice crisp (whole grain brown kris flour, sugar, salt), corn syrup, chocolate flavored cookie pieces (whole wheat flour, sugar, palm oil, cocoa [processed with alkali], salt, dextrose, sodium bicarbonate, soy lecithin), confectionary chips (sugar, palm kernel and palm oil, nonfat dry milk, artificial color, soy lecithin), corn syrup solids, inulin, polydextrose, sunflower oil, glycerin. contains 2% or less of calcium carbonate, invert sugar, salt, fructose, soy lecithin, natural and artificial flavor, caramel color, molasses, sucralose, soybean oil, bht (preservative), citric acid. May contain traces of peanut and tree nut.

Granola Bar, Oats 'n Honey (Nature Valley®)

Ingredients: Whole Grain Oats, Sugar, Canola Oil, Rice Flour, Honey, Salt, Brown Sugar Syrup, Baking Soda, Soy Lecithin, Natural Flavor. Contains soy; may contain peanut, almond and pecan ingredients

Gravy, Kentucky Style (Midas®)

Ingredients: Modified food starch (corn) bleached wheat flour, salt, chicken flavor (yeast extract, flavoring, salt), dextrose, chicken fat with extracts of rosemary, dipotassium phosphate, onion powder, caramel color, xanthan gum, spice and natural flavor.

Ham, Turkey Sliced (Jennie-O®)

Ingredients: Turkey Thigh Meat with a Portion of Ground Turkey Thigh Trim Added, Vinegar, Sugar, Contains 2% Or Less Sea Salt, Cultured Celery Powder, Salt, Potassium Chloride, Baking Soda, Natural Smoke Flavor.

Ham, Turkey Diced (Jennie-O®)

Ingredients: Turkey Thigh Meat with a Portion of Ground Turkey Thigh Trim Added, Vinegar, Sugar, Contains 2% or less Salt, Cultured Celery Powder, Potassium Chloride, Baking Soda, Natural Smoke Flavor.

Home Fries

Ingredients: Potato, hashbrown cubes (Ore-Ida®): potatoes, vegetable oil (contains one or more of the following oils: canola, soybean, cottonseed, sunflower, corn), contains 2% or less of dextrose, sodium acid pyrophosphate added to maintain natural color; unsalted butter (Glenview Farms®), pepper, salt.

Hot Dog, Beef (Patuxent Farms®)

Ingredients: Beef, water, contains 2% or less of sea salt, flavorings, sugar, spices, cherry powder, cultured celery juice, extractives of paprika.

Ice Cream, Birthday Cake Yogurt Twister Cup (Hershey's®)

Ingredients: Milk, nonfat milk, sugar, corn syrup, grade A nonfat dry milk, grade A whey protein concentrate, grade A cultured dairy solids (whey protein concentrate, skim milk and yogurt), yellow cake base flavor (corn syrup, water, propylene glycol, artificial flavoring, potassium sorbate, sodium benzoate, sulfites), mono & diglycerides, natural and artificial flavors, locust bean gum, guar gum, sodium citrate, calcium sulfate, carrageenan, sodium silicoaluminate, artificial colors FD & C Yellow 5 & 6, Red 40 and blue 1, live cultures added. Contains Milk.

Ice Cream, Brownie Batter Sandwich (Hershey's®)

Ingredients: Ice cream: nonfat milk, sugar, corn syrup, whey, cream, cocoa (processed with alkali), cellulose gel, mono & diglycerides, cellulose gum, polysorbate 80, carrageen, artificial and natural flavor and vitamin A palmitate. Wafers: bleached wheat flour, sugar, caramel color, dextrose, palm oil, corn flour. Contains 2% or less of: high fructose corn syrup, corn syrup, baking soda, modified corn starch, salt, mono and diglycerides, soy, lecithin, cocoa. Contains: milk, wheat, soy.

Ice Cream, Chocolate and Vanilla Twist Cone (Hershey's®)

Ingredients: Ice cream (nonfat milk, sugar, high fructose corn syrup, whey cocoa, cream maltodextrin, mono & diglycerides, locust bean gum, cellulose gum, guar gum, food starch, polysorbate 80, carrageenan, calcium carbonate, vitamin A palmitate, artificial flavor), cone (bleached white flour, sugar, contains 2% or less of vegetable shortening [soybean and/or palm oil, soylecithin, salt, caramel color and artificial flavor), chocolate sprinkles (sugar, cornstarch, palm oil, palm kernel oil, cocoa, cocoa [processed with alkali] soylecithin, confectioners glaze, natural and artificial flavor, carnauba wax. Contains: Milk, soy, wheat.

Ice Cream, Chocolate Scooter Bar (Hershey's®)

Ingredients: Ice cream: nonfat milk, sugar, corn syrup, whey, high fructose corn syrup, cream, maltodextrin, mono & diglycerides, cellulose gum, guar gum, food starch, polysorbate 80, carrageenan, artificial flavor, calcium carbonate and vitamin a palmitate, flavored center: water, sugar, natural processed cocoa, whey powder, dextrose, cocoa (processed with alkali), caramel color, salt, locust bean gum, guar gum, carrageenan, artificial flavor, fd & c red #40 and blue #1, cake crunch: bleached wheat flour, sugar, palm oil, caramel color, contains 2% or less of: salt, baking soda, cocoa, artificial flavor, soy lecithin, dip coating: soybean oil, coconut oil, sugar, corn starch, palm oil, nonfat milk powder, soy lecithin, salt, and vanillin, tbhq. Contains: wheat, soy, milk.

Ice Cream, Cookies & Cream Cone (Hershey's®)

Ingredients: Ice cream: nonfat milk, sugar, chocolate cookie crumb (enriched flour [wheat flour, niacin, reduced iron, thiamine, mononitrate, riboflavin, folic acid], sugar, cocoa processed with alkali, soybean and/or palm oils, high fructose corn syrup, chocolate liquor, salt, corn flour, dextrose, sodium bicarbonate, soylecithin), corn syrup, whey, chocolate crunch (bleached wheat flour, sugar, caramel color, palm oil, contains 2% or less of: cocoa, baking soda, salt, soylecithin), cream, cellulose gel, mono & diglycerides, cellulose gum, polysorbate 80, carrageenan, calcium bicarbonate, natural & artificial flavor. Cone ingredients: bleached wheat flour, sugar, cocoa (processed with alkali), contains 2% or less of: vegetable shortening (soybean and/or palm oil) salt, artificial flavor. Contains: milk, wheat, soy

Ice Cream, Cookies and Cream Sandwich (Hershey's®)

Ingredients: Ice cream: nonfat milk, sugar, corn syrup, chocolate cookie crumb (enriched flour [wheat flour, niacin, reduced iron, thiamine mononitrate, riboflavin, folic acid], sugar, cocoa processed with alkali, soybean and/or palm oils, high fructose corn syrup, chocolate liquor, salt, corn flour, dextrose, sodium bicarbonate, soy lecithin), whey, cream, cellulose gel, mono & diglycerides, cellulose gum, polysorbate 80, carrageen, natural and artificial flavors and vitamin A palmitate. Wafers: bleached wheat flour, sugar, caramel color, dextrose, palm oil, corn flour. Contains 2% or less of: high fructose corn syrup, corn syrup, corn syrup, baking soda, modified corn starch, salt, mono and diglycerides, soy,lecithin and cocoa. Contains: milk, wheat, soy.

Ice cream, Cotton Candy Twister Cup (Hershey's®)

Ingredients: Milk, nonfat milk, sugar, corn syrup, grade A nonfat dry milk, grade A whey protein concentrate, grade A cultured dairy solids (whey protein concentrate, skim milk and yogurt), mono & diglycerides, artificial flavor, locust bean gum, guar gum, sodium citrate, calcium sulfate, carrageenan, sodium silicoaluminate, artificial colors FD & C Red #40 & blue #1, live cultures added. Contains Milk.

Ice cream, Crazy Cone (Hershey's®)

Ingredients: Ice cream (nonfat milk, sugar, corn syrup, whey, cream, cellulose gel, mono & diglycerides, cellulose gum, polysorbate 80, carrageenan, artificial flavor, artificial color fd & c blue #1 & yellow #5), cone (blended flour, sugar, partially hydrogenated shortening [contains soybean and/or cottonseed oil], lecithin, salt, caramel color and artificial flavoring. contains: milk, wheat and soy.

Ice Cream, Fudge-O Bar (Hershey's®)

Ingredients: Nonfat milk, high fructose corn syrup, corn syrup, whey, cocoa (processed with alkali), mono & diglycerides, guar gum, polysorbate 80, carrageenan and vanillin. Contains: milk.

Ice Cream, Minty Mint Sandwich (Hershey's®)

Ingredients: Ice cream (nonfat milk, sugar, corn syrup, whey, cream, cellulose gel, mono & diglycerides, cellulose gum, polysorbate 80, carrageenan, natural mint flavor, artificial colors fd & c yellow #5 & 6, blue 1 and vitamin a palmitate), wafers (bleached wheat flour, sugar, caramel color, dextrose, palm oil, corn flour, contains 2% or less of: high fructose corn syrup, corn syrup, baking soda, modified cornstarch, salt, mono & diglycerides, soy lecithin, cocoa).contains: milk, wheat and soy.

Ice cream, Orange Blossom Bar

Ingredients: Ice cream (nonfat milk, sugar, cream, cellulose gel, mono & diglycerides, cellulose gum, polysorbate 80, maltodextrin, carrageenan, sodium chloride, calcium carbonate, artificial flavor and vitamin a palmitate), orange sherbet (sugar, high fructose corn syrup, corn syrup, whey, orange puree [concentrated orange juice, water, natural flavor, pulp cells, gum tragacanth, artificial color fd & c yellow #6, citric acid], mono & diglycerides, guar gum, polysorbate 80, carrageenan and citric acid. contains: milk.

Ice Cream, Polar Blast Fruit Punch Bar (Hershey's®)

Ingredients: apple juice from concentrate (water and concentrated apple juice), sugar, corn syrup, citric acid, natural and artificial flavors, ascorbic acid, guar gum, carrageenan and artificial color fd & c red #40.

Ice Cream, Salted Caramel Brownie Crunch Bar (Hershey's®)

Ingredients: Ice cream: nonfat milk, sugar, corn syrup, whey, high fructose corn syrup, sea salt base (water, sea salt, natural & artificial flavor, caramel color, potassium sorbate), maltodextrin, mono & diglycerides, cellulose gum, guar gum, food starch, polysorbate 80, carrageenan, artificial flavor, calcium carbonate, vitamin a palmitate. flavored center:

sugar, nonfat milk, corn syrup, milk protein concentrate, maltodextrin, whey, cocoa (processed with alkali), mono & diglycerides, guar gum, locust bean gum, carrageenan. cake crunch: bleached wheat flour, sugar, caramel color, palm oil, contains 2% or less of: cocoa, baking soda, salt, soy lecithin. dip coating: soybean oil, sugar, corn starch, coconut oil, palm oil, nonfat milk powder, soy lecithin, salt, vanillin, tbhq. Contains Milk, Wheat, Soy.

Ice Cream, Sour Apple Twister Cup (Hershey's)

Ingredients: Apple juice (water, concentrated apple juice), sugar, corn syrup, citric acid, natural & artificial flavors, ascorbic acid, guar & carob gums, mono & diglycerides, polysorbate 80, carrageenan, artificial flavor and artificial color fd & c blue #1

Ice Cream, Sour Blue Raspberry Twister Cup (Hershey's®)

Ingredients: Apple juice (water and concentrated apple juice), sugar, corn syrup, citric acid, natural and artificial flavors, ascorbic acid, guar carob gums, carrageenan and artificial flavor and artificial color fd & c blue 1.

Ice Cream, Strawberry Scooter Bar (Hershey's®)

Ingredients: Ice cream: (nonfat milk, sugar, corn syrup, whey, high fructose corn syrup, maltodextrin, mono & diglycerides, cellulose gum, guar gum, food starch, polysorbate 80, carrageenan, artificial flavor, calcium carbonate and vitamin a palmitate), flavored center: (water, sugar, dextrose, malic acid, artificial flavor, locust bean gum, guar gum, propylene glycol alginate, fd & c red #40 and adipic acid), cake crunch: (bleached wheat flour, sugar, palm oil, contains 2% or less of: salt, baking soda, artificial flavors, soy lecithin, artificial color red #3), dip coating (soybean oil, coconut oil, sugar, corn starch, palm oil, nonfat milk powder, soy lecithin, salt, and vanillin, tbhq). contains: wheat, soy, milk.

Ice Cream, Vanilla Sandwich (Hershey's®)

Ingredients: Ice cream: nonfat milk, sugar, corn syrup, whey, cream, cellulose gel, mono & diglycerides, cellulose gum, polysorbate 80, carrageen, artificial flavor and vitamin a palmitate. wafers: bleached wheat flour, sugar, caramel color, dextrose, palm oil, corn flour. Contains 2% or less of: high fructose corn syrup, corn syrup, baking soda, modified corn starch, salt, mono and diglycerides, soy, lecithin and cocoa. Contains: milk, wheat, soy.

Jamwich, Grape (Welch's®)

Ingredients: Whole grain bread: whole wheat flour, unbleached enriched wheat flour (wheat flour, malted barley flour, niacin, reduced iron, thiamine mononitrate, riboflavin, folic acid), water, vital wheat gluten, sugar, soybean oil. contains less than 2% of: yeast, salt, soy flour, monoglycerides with propionic acid and phosphoric acid, datem, ammonium sulfate, calcium sulfate, enzymes, sodium stearoyl lactylate, calcium propionate, ascorbic acid. Peanut butter: peanuts, dextrose or sugar, hydrogenated vegetable oil [cottonseed, rapeseed, and soybean oils], and salt. grape jelly: grape juice, corn syrup, sugar, pectin, citric acid, sodium citrate. contains: peanuts, wheat, soy

Juice Box (Apple & Eve®)

Apple Juice

Ingredients: 100% apple juice (filtered water sufficient to reconstitute apple juice concentrate), ascorbic acid (Vitamin C), calcium lactate, calcium gluconate, Vitamin A palmitate, Vitamin E acetate. Kosher

Berry

Ingredients: 100% fruit juice (filtered water sufficient to reconstitute apple, pear, jujube fruit, raspberry and strawberry juice concentrates), natural flavors, citric acid, ascorbic acid (Vitamin C), calcium lactate, calcium gluconate, vegetable color, Vitamin A palmitate, Vitamin E acetate

Fruit Punch

Ingredients: 100% fruit juice (filtered water sufficient to reconstitute apple, pear, jujube fruit, cherry, orange & pineapple juice concentrates), ascorbic acid, (Vitamin C), calcium lactate, calcium gluconate, natural flavors, citric acid, vegetable color. Vitamin A palmitate, Vitamin E acetate. Kosher

Tangerine

Ingredients: 100% fruit juice (filtered water sufficient to reconstitute apple, pear, jujube fruit, orange, tangerine, & passionfruit juice concentrates), natural flavors, ascorbic acid (Vitamin C), calcium lactate calcium gluconate, beta carotene (for color), citric acid, Vitamin A palmitate, Vitamin E acetate.

Juice Rush, Cherry Blue Raspberry (Hershey's®)

Ingredients: Fruit juice (water, apple juice concentrate), artificial flavoring, citric acid, artificial color: FD & C Red #40, blue #1, less than 2% of: xantham gum, cellulose gum and guar gum.

Juice Rush, Lemon Orange (Hershey's®)

Ingredients: Fruit juice (water, apple juice concentrate), natural flavoring, citric acid, artificial coloring: fd & c red #40, yellow #6, less than 2% of: xantham gum, cellulose gum and guar gum.

Juice Rush, Strawberry Mango (Hershey's®)

Ingredients: Fruit juice (water, apple juice concentrate), natural flavoring, natural coloring, beta carotene and citric acid, less than 2% of: xantham gum, cellulose gum, gum tragacanth and guar gum

Ketchup, Dispenser (Heinz®)

Ingredients: Tomato concentrate made from red ripe tomatoes, distilled vinegar, high fructose corn syrup, corn syrup, salt, spice, onion powder, natural flavoring.

Ketchup, Packet (Heinz®)

Ingredients: tomato concentrate from red ripe tomatoes, distilled vinegar, high fructose corn syrup, corn syrup, potassium chloride, salt, spice, onion powder, natural flavoring.

Lunchedible, Pizza

Ingredients: Bread, Rounds (Father's Table®), Mozzarella Cheese, Shredded (Bongard's®), Pizza Sauce (Heinz Bell' Orto®)

Macaroni and Cheese

Ingredients: Pasta, Macaroni (Roseli®), Cheese Sauce (Midas Foods®) Cheddar Cheese (Bongards®), milk; optional: with turkey ham (Jennie-O®)

Mashed Potatoes, Original Butter (Basic American®)

Ingredients: Potatoes, canola oil, contains 2% or less of: salt, potassium chloride, mono and diglycerides, artificial color, natural and artificial flavors (milk), freshness preserved with: sodium bisulfite, sodium acid pyrophosphate, citric acid, BHT. Contains: milk

Mayonnaise, Dispenser (Heinz®)

Ingredients: Soybean oil, distilled white vinegar, water, egg yolks, salt, sugar, mustard flour, onion powder, lemon juice concentrate, calcium disodium edta added to protect flavor, natural flavor.

Mayonnaise, Packet (Heinz®)

Ingredients: Soybean oil, water, egg yolks, distilled vinegar, corn syrup, high fructose corn syrup, salt, spices, calcium disodium edta added to protect flavor, natural flavor.

Meatballs, Pork (JTM®)

Ingredients: Ground pork (no more than 20% fat), water, textured vegetable protein (soy protein concentrate, caramel color), bread crumbs (wheat flour, enriched, malted, bromated [wheat flour, malted barley flour, niacin, reduced iron, potassium bromate, thiamine mononitrate, riboflavin, folic acid], water, palm oil, salt, sweet whey, sugar, yeast [natural yeast, sorbitan monostearate, ascorbic acid], calcium propionate, sodium metabisulfite), nonfat dry milk, seasoning (potassium chloride, natural flavor [contains maltodextrin]), dehydrated onion, sugar, salt, grated romano cheese (sheep's milk, cheese culture, salt, enzymes, calcium propionate), spice, caramel color, dehydrated garlic.

Milk, Chocolate (TrooMoo®)

Ingredients: Nonfat milk, sugar, contains less than 1% of: cocoa (processed with alkali), corn starch, salt, carrageenan, natural flavor, vitamin A palmitate, vitamin D3.

Mustard, Dispenser (Heinz®)

Ingredients: Distilled white vinegar, mustard seed, water, salt, turmeric, natural flavor and spices.

Mustard, Packet (Heinz®)

Ingredients: Distilled vinegar, ground mustard seed, salt, turmeric, spices.

Noodles

Ingredients: **Pasta, spaghetti** (Roseli®); **Stir fry sauce** (Nestle®) (water, soy sauce (water, wheat, soybeans, salt, sodium benzoate [preservative]), high fructose corn syrup, sherry wine, modified cornstarch, soybean oil, Worcestershire sauce (distilled vinegar, molasses, corn syrup, water, salt, caramel color, garlic powder, sugar, spices, anchovies, tamarind, natural flavor), 2% or less of vinegar, sesame oil, oyster flavored sauce (oyster extractives, sugar, water, salt, modified corn starch, caramel color), dried garlic, salt, onion powder, garlic powder, citric acid, spice, caramel color, natural flavors. contains: soy, anchovy, wheat ingredients. contains soy, anchovy, wheat), **Ponzu sauce** (Kikkoman®) (water, soy sauce (water, soybeans, wheat, salt, alcohol), vinegar, sugar, salt, lime juice concentrate, natural flavor, yeast extract, sodium benzoate: less than 1/10 of 1% as a preservative) 100% apple juice from concentrate, oil (soybean oil with citric acid added as a preservative)

Oil, Vegetable (Monarch®)

Ingredients: Soybean oil

Pasta, Baked

Ingredients: Pasta, penne (Roseli®), Spaghetti sauce (Bell O'rto®), Mozzarella cheese (Bongard's®), Italian Seasoning: oregano, thyme, basil, rosemary, sage.

Pasta, Elbow (Roseli®)

Ingredients: whole wheat durum flour, durum wheat semolina and durum wheat flour [enriched with iron (ferrous sulfate) and b vitamins (niacin, thiamin mononitrate, riboflavin, folic acid)]. contains: wheat.

Pasta, Penne (Roseli®)

Ingredients: Whole Wheat Durum Flour, Durum Wheat Semolina And Durum Wheat Flour {Enriched With Iron (Ferrous Sulfate) And B Vitamins (Niacin, Thiamin Mononitrate, Riboflavin, Folic Acid)}.

Pasta, Penne, for Chicken Alfredo

Ingredients: Whole Wheat Durum Flour, Durum Wheat Semolina And Durum Wheat Flour {Enriched With Iron (Ferrous Sulfate) And B Vitamins (Niacin, Thiamin Mononitrate, Riboflavin, Folic Acid)}; Vegetable Oil (Monarch®).

Pasta, Spaghetti (Roseli®)

Ingredients: whole wheat durum flour, durum wheat semolina and durum wheat flour (enriched with iron (ferrous sulfate) and B vitamins (niacin, thiamin mononitrate, riboflavin, folic acid).

Peach Cup

Ingredients: Peaches; may be packed in sugar, syrup, ascorbic acid and citric acid or juice.

Pear Cup (Advance Pierre®)

Ingredients: Pears (diced pears, water, light syrup, sugar), potassium sorbate.

Pears, in Juice (Monarch®)

Ingredients: Bartlett pears, water, pear juice from concentrate

Peanut Butter Cup (Market Street®)

Ingredients: Roasted peanuts, sugar, hydrogenated vegetable oil (rapeseed, cottonseed, and/or soybean oils), salt.

Pepperoni (Hormel®)

Ingredients: Pork and beef, salt, contains 2% or less of water, dextrose, natural spices, oleoresin of paprika, lactic acid starter culture, garlic powder, sodium nitrite, BHA, BHT, citric acid.

Pineapple Cup (Advance Pierre®)

Ingredients: Crushed pineapple (pineapple, pineapple juice, citric acid), pineapple tidbits (pineapple, pineapple juice, citric acid) potassium sorbate

Pineapple Tidbits (Dole®)

Ingredients: Pineapple, water, sugar, citric acid

Pizza**Cheese Pizza**

Ingredients: Pizza crust (Tubito's Pizza®), pizza sauce (Heinz Bell' Orto®), low-fat mozzarella cheese, shredded (Bongard's®)

Pepperoni

Ingredients: Pizza crust (Tubito's Pizza®), pizza sauce (Heinz Bell' Orto®), low-fat mozzarella cheese, shredded (Bongard's®), pepperoni (Hormel®).

Sausage

Ingredients: Pizza crust (Tubito's Pizza®), pizza sauce (Heinz Bell' Orto®), low-fat mozzarella cheese, shredded (Bongard's®), sausage (Hormel®).

White

Ingredients: Pizza crust (Tubito's Pizza®), Sauce, Alfredo (Midas®), low-fat mozzarella cheese, shredded (Bongard's®), chicken, grilled.

Pizza Crust, 14" (Tubito's Pizza®)

Ingredients: Water, whole wheat flour, enriched wheat flour (wheat flour, niacin, reduced iron, thiamine mononitrate, riboflavin, folic acid), isolated soy protein, soybean oil, sugar, salt, dough conditioner (sodium bicarbonate, monocalcium, phosphate, l-cysteine, enzymes), yeast.

Popcorn, Sweet & Salty Kettle (The Whole Earth®)

Ingredients: Popcorn, sugar, vegetable oil (sunflower, rice and/or safflower oil), sea salt.

Pork Patty, Rib-B-Que (Advance-Pierre®)

Ingredients: Ground pork (not more than 20% fat), water, seasoning (tomato powder (dehydrated tomato), dextrose, brown sugar, artificial vinegar (malic acid, sodium acetates, lactose, fumaric acid, artificial flavorings), powdered Worcestershire sauce (corn syrup solids, salt, garlic powder, sugar, spices, soy sauce solids (wheat, soybeans, salt, maltodextrin, caramel color), tamarind, natural flavor), spices, spice extractive, onion powder, natural smoke flavor, garlic powder), textured vegetable protein product (soy protein concentrate, caramel color, zinc oxide, niacinamide, ferrous sulfate, copper gluconate, vitamin a palmitate, calcium pantothenate, thiamine mononitrate (b1), pyridoxine hydrochloride (b6), Riboflavin (B2), Cyanocobalamin (B12)), Salt, Sodium Phosphates. CONTAINS: MILK, WHEAT, SOY

Quesadilla, Cheese

Ingredients: Mozzarella Cheese (Bongards®), Butter Mist Spray, Tortilla, Flour, 8" (Azteca®), Shredded Cheddar Cheese (Bongards®)

Rice Krispies Treats, Mini (Kellogg's®)

Ingredients: Whole grain brown rice, corn syrup, fructose, soybean and palm oil with tbhq for freshness, sugar, corn syrup solids, contains 2% or less of glycerin, dextrose, salt, gelatin, natural and artificial butter flavor (contains milk), datem, natural and artificial marshmallow flavor, acetylated monoglycerides, iron, bht (preservative), niacinamide, vitamin b1 (thiamin hydrochloride), vitamin b6 (pyridoxine hydrochloride), vitamin b2 (riboflavin), soy lecithin. Contains milk and soy ingredients.

Rips Juice Slush, Blue Raspberry (Cool Tropics®)

Ingredients: Water, pear juice concentrate, apple juice concentrate, maltodextrin, artificial flavor, citric acid, ascorbic acid (vitamin C), cellulose gum, gum Arabic, vitamin A palmitate, vitamin D 3.

Rips Juice Slush, Kiwi Strawberry (Cool Tropics®)

Ingredients: Water, pear juice concentrate, apple juice concentrate, maltodextrin, natural flavor, citric acid, ascorbic acid (vitamin C), cellulose gum, vitamin A palmitate, vitamin D 3.

Roll, Sub (Bake Crafters®)

Ingredients: Water, Whole Wheat Flour, Enriched Wheat Flour (Wheat Flour, Malted Barley Flour, Ascorbic Acid [as a dough conditioner], Niacin, Reduced Iron, Thiamine Mononitrate, Riboflavin, Folic Acid), Yeast, Contains 2% or less of the Following Ingredients; Salt, Sugar, Sodium Stearoyl Lactylate, Datem, Calcium Sulfate, Wheat Gluten, Soybean Oil, Enzymes, Vegetable Protein (Corn Based), Calcium Peroxide, Potassium Iodate, Corn Meal, Calcium Propionate (as a mold inhibitor)

Roll, Wheat Dinner (Bake Crafters®)

Ingredients: Whole Wheat Flour, Enriched Wheat Flour (Wheat Flour, Malted Barley Flour, Ascorbic Acid, Niacin, Reduced Iron, Thiamine Mononitrate, Riboflavin, Folic Acid), Water, Yeast, Sugar, Contains 2% or less of the Following Ingredients: Salt, Cracked Wheat, Wheat Gluten, Sodium Stearoyl Lactylate, Datem, Calcium Sulfate, Soybean Oil, Enzymes, L-Cysteine, Calcium Peroxide, Potassium Iodate, Corn Meal, Calcium Propionate

Salad, Chef

Ingredients: Lettuce (iceberg, romaine), spinach, tomato, cucumber and carrots with choice of turkey (Jennie-O®), tuna, turkey ham (Jennie-O®), egg or cheese (Bongards). Served with assorted cracker of the week. Ranch or Italian dressing available.

Salad, Side

Ingredients: Lettuce (iceberg, romaine), spinach, tomato, carrots, cucumber.

Salsa (Pace®)

Ingredients: Crushed tomatoes water, concentrated crushed tomatoes), fresh onions, fresh jalapeno peppers, diced tomatoes in tomato juice, distilled vinegar, salt, dehydrated onions, garlic and natural flavoring.

Sandwiches**Grilled Cheese**

Ingredients: Bread, Sandwich, Whole Grain (CEM®), American Cheese (Bongards®), Butter Mist Spray (Butter Buds®).

Grilled Turkey & Cheese

Ingredients: Roll, Sub (Bake Crafters®), Turkey, Sliced (Jennie-O®) Cheese, Low-fat American, Sliced (Bongards®), Butter Mist Spray (Butter Buds®)

Rib-b-que Sandwich

Ingredients: Bun, Hamburger (Bake Crafters®), Sauce, Barbeque (Sweet Baby Ray's), Ketchup (Heinz®), Rib-B-Que Patty (Advanced Pierre®).

Sauce, Barbeque (Sweet Baby Ray's ®)

Ingredients: high fructose corn syrup, distilled vinegar, tomato paste, modified food starch, contains less than 2% of: salt, pineapple juice concentrate, natural smoke flavor, spices, caramel color, sodium benzoate as a preservative, molasses, corn syrup, garlic, sugar, tamarind, natural flavor.

Sauce, Barbeque, Dip Cup (Taste Pleasers ®)

Ingredients: Water, high fructose corn syrup, corn syrup, tomato paste, distilled vinegar, salt, modified food starch, natural flavors, spices, caramel color, potassium sorbate and sodium benzoate as preservatives

Sauce, Cheese (Midas®)

Ingredients: Dehydrated cheddar cheese (pasteurized milk, cheese culture, salt, enzymes), maltodextrin, modified food starch (corn), whey, nonfat dry milk, buttermilk solids, salt, natural flavors, sodium phosphate, lactic acid, lecithin(soy), cellulose gum, titanium dioxide, sodium citrate and artificial colors (yellow 5, yellow 6).

Sauce, Chicken Alfredo

Ingredients: Alfredo sauce (Midas®): Whole Milk Powder, Dehydrated Parmesan Cheese (pasteurized part-skim milk, cheese culture, salt, enzymes), Dehydrated Romano Cheese (part-skim milk, cheese culture, salt, enzymes), Modified Food Starch (Corn), Buttermilk Solids [whey protein concentrate, buttermilk powder, whey powder, and dried cream (nonfat milk solids, sodium caseinate)], Coconut Oil, Salt, and Contains Less than 2% of: Lactic Acid, Spice, Garlic Powder, Xanthan Gum, Lecithin(SOY), Maltodextrin, Sodium Phosphate, Sodium Caseinate, Dipotassium Phosphate, Mono- and Diglycerides, Autolyzed Yeast Extract, Artificial Colors (yellow 5, yellow 6), and Silicon Dioxide (anti-caking agent); butter, unsalted (Glenview Farms®).

Sauce, Honey Mustard, Dip Cup (Taste Pleasers®)

Ingredients: Water, soybean oil, high fructose corn syrup, distilled vinegar, modified food starch, sugar, egg yolk, mustard seed, salt, honey, turmeric, mustard bran, caramel color, apo-carotenal, xanthan gum, sodium benzoate as a preservative, corn syrup, paprika, calcium disodium edta to protect flavor, yellow #5, natural flavor. Contains: egg.

Sauce, Pizza (Heinz Bell' Orto®)

Ingredients: Tomato Puree (from vine ripe fresh tomatoes), salt, sugar, extra virgin olive oil, spices, and garlic powder.

Sauce, Spaghetti (Heinz Bell O'rto®)

Ingredients: Peeled ground tomatoes, tomato purée, extra virgin olive oil, garlic, salt, carrot purée, dehydrated onions, sugar, basil, spices.

Sausage, Italian Crumbles (Hormel®)

Ingredients: Pork, water, textured vegetable protein (soy flour, soy protein concentrate, isolated soy protein, caramel color), seasoning (sugar, spices), salt, sodium phosphates.

Sausage Patty (Advanced Pierre®)

Ingredients: Ground Pork, not more than 20%fat, seasoning (dextrose flavorings, hydrolyzed corn protein, carmel color), salt.

Snack Mix, Harvest Cheddar (SunChips®)

Ingredients: Whole Corn, Sunflower and/or Canola Oil, Whole Wheat, Brown Rice Flour, Whole Oat Flour, Sugar, Maltodextrin (Made from Corn), Salt, Cheddar Cheese (Milk, Cheese Cultures, Salt, Enzymes), Natural Flavors, Whey, Whey Protein Concentrate, Onion Powder, Romano Cheese (Cow's Milk, Cheese Cultures, Salt, Enzymes), Buttermilk, Yeast Extract, Citric Acid, Paprika Extracts, Lactic Acid, Garlic Powder, Parmesan Cheese (Milk, Cheese Cultures, Salt, Enzymes), and Skim Milk. Contains Wheat and Milk ingredients.

Snack Mix, Munchies (Quaker®)

Ingredients: **Quaker® squares** - Whole oat flour, whole wheat flour, brown sugar, sugar, maltodextrin (made from corn), malted barley extract, molasses, salt, calcium carbonate, sodium bicarbonate, natural flavor, ascorbic acid, corn syrup, artificial color (yellow 5, yellow 6), sodium ascorbate, reduced iron, tocopherol (vitamin e, antioxidant), bht (preservative), niacinamide (vitamin b3), zinc oxide, modified food starch, thiamin mononitrate (vitamin b1), folic acid, pyridoxine hydrochloride (vitamin b6), vitamin a palmitate, riboflavin (vitamin b2), and coconut oil. Contains a wheat ingredient.

Rold Gold® brand Pretzels - whole wheat flour, enriched flour (wheat flour, niacin, reduced iron, thiamin mononitrate, riboflavin, folic acid), corn syrup, corn oil, salt, yeast, ammonium bicarbonate. Contains wheat ingredients.

Sunchips® Harvest Cheddar Minis - whole corn, sunflower and/or canola oil, whole wheat, brown rice flour, whole oat flour, sugar, maltodextrin (made from corn), salt, cheddar cheese (milk, cheese cultures, salt, enzymes), natural flavors, whey, whey protein concentrate, onion powder, romano cheese (cow's milk, cheese cultures, salt, enzymes), buttermilk, yeast extract, citric acid, paprika extracts, lactic acid, garlic powder, parmesan cheese (milk, cheese cultures, salt, enzymes), and skim milk. Contains wheat and milk ingredients.

Smartfood® brand Delight White Cheddar Cheese Popcorn - popcorn, vegetable oil (corn, canola and/or sunflower oil), maltodextrin (made from corn), cheddar cheese (milk, cheese cultures, salt, enzymes), reduced lactose whey, salt, whey, whey protein concentrate, buttermilk, potassium chloride, natural flavors, yeast extract, lactic acid, and citric acid. Contains milk ingredients.

Cheetos® brand Asteroids® Cheese Flavored Snacks - enriched corn meal (corn meal, ferrous sulfate, niacin, thiamin mononitrate, riboflavin, and folic acid), vegetable oil (corn, canola, and/or sunflower oil), cheese seasoning (whey, cheddar cheese [milk, cheese cultures, salt, enzymes], canola oil, maltodextrin [made from corn], salt, whey protein concentrate, monosodium

Soup, Tomato (Campbell's®)

Ingredients: Tomato puree (water, tomato paste), water, wheat flour, high fructose corn syrup, contains less than 2% of: salt, vegetable oil (corn, canola, and/or soybean), potassium chloride, lower sodium natural sea salt, flavoring, ascorbic acid (vitamin C), citric acid, monopotassium phosphate, celery extract, garlic oil.

Strawberries & Blueberries Cup

Ingredients: Strawberries, Blueberries, and Sugar

Strawberry Cup – Cut strawberries, strawberry puree, sugar.

Sunflower Seeds, Honey Roasted (Sunrich Naturals®)

Ingredients: Sunflower Kernels, Sugar, Sunflower Oil, Honey, Salt, Maltodextrin, Xanthan Gum.

Sweet Potato Waffle Fries (Harvest Splendor®)

Ingredients: Sweet Potatoes, Vegetable Oil (Contains One Or More Of The Following Oils: Canola, Soybean, Cottonseed, Sunflower, Corn), Corn Starch - Modified, Potato Starch - Modified. Contains 2% or less of Baking Soda, Dextrin, Extractives of Paprika and Turmeric (color), Fiber (Pea, Corn), Molasses Powder (Refiners Syrup, Molasses), Rice Flour, Salt, Sodium Acid Pyrophosphate (Maintains Natural Color & Leavening), Sugar, Xanthan Gum.

Syrup (Harvest Value®)

Ingredients: Corn syrup, water, salt, preservatives (potassium sorbate, sodium benzoate and benzoic acid), cellulose gum, caramel color, sodium hexametaphosphate, natural and artificial flavor, phosphoric acid.

Syrup (Madeira Farms®)

Ingredients: Corn syrup, high fructose corn syrup, water, potassium sorbate as preservative, caramel color, natural and artificial maple flavor, citric acid.

Taco, Beef

Ingredients: Taco shell, corn (Mission®); beef crumbles (Advanced Pierre®); Taco Seasoning (Del Pasado®); *optional* cheese, cheddar, shredded (Bongards®), lettuce, salsa (Pace®)

Taco Seasoning (Del Pasado®)

Ingredients: Seasoned with dextrose, salt, corn flour, chili pepper, cumin, onion powder, garlic powder, oregano, citric acid, silicon dioxide (anticaking agent), extractives of paprika.

Taco Shell, Corn (Mission®)

Ingredients: Whole Grain Corn, water, vegetable oil (contains one or more of the following: cottonseed oil, corn oil, palm oil), contains 2% or less of niacin, reduced iron, thiamine mononitrate, riboflavin

Tortilla, Flour, 6" (Azteca®)

Ingredients: Whole wheat flour, water, unbleached enriched Flour (unbleached wheat flour, niacin, reduced iron, thiamine mononitrate, riboflavin, folic acid), vegetable shortening (palm oil with monoglycerides), sugar, honey, sodium bicarbonate, sodium aluminum phosphate, potassium sorbate (a preservative), mono and diglycerides, fumaric acid, calcium propionate (a preservative), salt, dough conditioner (sodium metabisulfite).

Tortilla, Flour, 8" (Azteca®)

Ingredients: Whole Wheat Flour, Water, Bleached Enriched Flour (bleached wheat flour, niacin, reduced iron, thiamine mononitrate, riboflavin, folic acid), Vegetable Shortening (palm oil with monoglycerides), Sugar, Honey, Sodium Bicarbonate, Sodium Aluminum Phosphate, Potassium Sorbate (a preservative), Mono and Diglycerides, Fumaric Acid, Calcium Propionate (a preservative), Salt, Dough Conditioner (sodium metabisulfite).

Turkey, Diced (Jennie-O®)

Ingredients: Turkey Breast Meat, Turkey Broth, Contains 2% or less Salt, Sugar, Rosemary Extract, Baking Soda.

Turkey, Sliced (Jennie-O®)

Ingredients: Turkey Breast Meat, Turkey Broth, Contains 2% or less Salt, Sugar, Rosemary Extract, Baking Soda

Vegetable, California Blend (Monarch®)

Ingredients: Broccoli, cauliflower, carrots

Uncrustables, Grape (Smucker's®)

Ingredients: peanut butter: peanuts, sugar, contains 2% or less of: molasses, fully Hydrogenated vegetable oils (rapeseed and soybean), mono and diglycerides, salt. Bread: unbleached whole wheat flour, enriched unbleached flour (wheat flour, malted barley flour, niacin, ferrous sulfate, thiamin mononitrate, riboflavin, folic acid), water, sugar, yeast, contains 2% or less of: wheat gluten, soybean oil, salt, dough conditioners (distilled mono and diglycerides, sodium stearoyl lactylate, datem, enzymes [with wheat starch, ascorbic acid, calcium peroxide]). Grape jelly: Sugar, grape juice, contains 2% or less of: pectin, citric acid, potassium sorbate (preservative).

Uncrustables, Strawberry (Smucker's®)

Ingredients: peanut butter: peanuts, sugar, contains 2% or less of: molasses, fully hydrogenated vegetable oils (rapeseed and soybean), mono and diglycerides, salt. Bread: unbleached whole wheat flour, enriched unbleached flour (wheat flour, malted barley flour, niacin, ferrous sulfate, thiamin mononitrate, Riboflavin, folic acid), water, sugar, yeast, contains 2% Or less of: wheat gluten, soybean oil, salt, dough conditioners (distilled mono and diglycerides, sodium stearoyl lactylate, datem, enzymes [with wheat starch, ascorbic acid, calcium peroxide]). Strawberry Jam: sugar, strawberries, contains 2% or less of: pectin, citric acid, potassium sorbate (preservative).