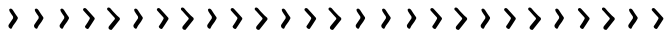




MIDDLE SCHOOL menu FEBRUARY

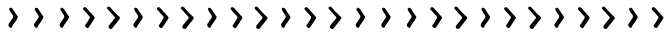


\$ Breakfast \$1.75
Lunch \$3.00

MY SCHOOL BUCKS Manage your meals online at: myschoolbucks.com

@RedAppleDining

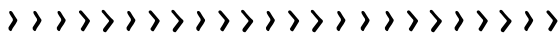
@RedAppleDining



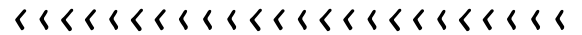
NOW SERVING GRILLED CHICKEN & BERRY SALAD

Romaine lettuce topped with grilled chicken, fresh strawberries, blueberries and sunflower kernels, served with Mandarin Orange dressing

LIMITED TIME ONLY.



LUNCH EVERYDAY FAVORITES



ALL MEALS INCLUDE AN ENTREE, FRUIT, JUICE, VEGETABLES AND/OR MILK.



CHICKEN SANDWICH MEAL
Crispy Chicken Sandwich



OVEN FRESH PIZZA MEAL
Choose from:
Cheese, Pepperoni or Buffalo Chicken



SUB SANDWICH MEAL
Hot Italian Sub



SPECIALTY SALAD MEAL
Choose from:
Cheese, Chicken Caesar or
★Limited Time! Grilled Chicken & Berry
(Vegan options available upon request)



YOGURT PARFAIT MEAL
Yoplait® yogurt and fruit topped with homemade granola

BREAKFAST

ALL MEALS INCLUDE AN ENTREE, FRUIT, 100% FRUIT JUICE AND/OR MILK.

MONDAY

French Toast Sticks
Assorted Cereals and Cheese Stick
BeneFIT® Bar
Oatmeal with Toppings

TUESDAY

Chicken Biscuit
Assorted Cereals and Cheese Stick
BeneFIT® Bar
Fresh Baked Scone & Yogurt

WEDNESDAY

Mini Maple Pancakes and Sausage
Assorted Cereals and Cheese Stick
BeneFIT® Bar
Oatmeal with Toppings

THURSDAY

Chicken Biscuit
Assorted Cereals and Cheese Stick
BeneFIT® Bar
Fresh Baked Scone & Yogurt

FRIDAY

Bacon, Egg & Cheese Croissant
Assorted Cereals and Cheese Stick
BeneFIT® Bar
Oatmeal with Toppings

FEATURED MEAL OF THE DAY

ALL MEALS INCLUDE AN ENTREE, FRUIT, JUICE, VEGETABLES AND/OR MILK.

MONDAY 2/3



Flame Grilled Burger
or
Black Bean Burger
French Fries

TUESDAY 2/4



Chicken Quesadilla
Black Beans
Tortilla Chips

WEDNESDAY 2/5



Boneless Wings
Mashed Potatoes
Gravy
Dinner Roll

THURSDAY 2/6



Chicken Alfredo
Broccoli
Garlic Breadstick

FRIDAY 2/7



Maple Waffles
Strawberry Topping
Eggs and Sausage
Home Fries

MONDAY 2/10



Flame Grilled Burger
or
Black Bean Burger
French Fries

TUESDAY 2/11



Crunchy or Soft Tacos
Pinto Beans
Tortilla Chips

WEDNESDAY 2/12



Boneless Wings
Mashed Potatoes
Gravy
Dinner Roll

THURSDAY 2/13



Spaghetti and
Meatballs
Broccoli
Garlic Breadstick

FRIDAY 2/14



Chicken Tenders
Waffles
Sweet Potato Fries

MONDAY 2/17



PRESIDENT'S DAY

TUESDAY 2/18



Flame Grilled Burger
or
Black Bean Burger
French Fries

WEDNESDAY 2/19



Boneless Wings
Mashed Potatoes
Gravy
Dinner Roll

THURSDAY 2/20



Chicken Parmesan
Spaghetti
Broccoli

FRIDAY 2/21



BBQ Chicken
Baked Beans
Biscuit

MONDAY 2/24



Flame Grilled Burger
or
Black Bean Burger
French Fries

TUESDAY 2/25



Chicken or Beef
Burrito Bowl
with Toppings

WEDNESDAY 2/26



Boneless Wings
Mashed Potatoes
Gravy
Dinner Roll

THURSDAY 2/27



Baked Ziti
Broccoli
Garlic Breadstick

FRIDAY 2/28



NEW! General Tso or
Teriyaki Chicken
California Veggies
Rice or Noodles

DID YOU KNOW?

More than 60 varieties of fruit and veggies, grown locally and across the U.S., are delivered fresh to our campus restaurants each year!

A LA CARTE
AVAILABLE EVERYDAY

FRESH FROM THE OVEN

Pizza Slice 2.25

CLASSIC FAVORITES

Chicken Sandwich 2.25
Sub 2.25

LIGHTER CREATIONS

Assorted Specialty Salads 2.75

SIDES & SNACKS

Fresh Fruit .75
Fresh Veggies with Dip .75
Cheese Stick .50
Side Salad 1.50
Baked Chips 1.00
Fresh Baked Cookie 1.00
BeneFIT® Bar 1.25
Hershey® Ice Cream 1.25
Welch's® Fruit Snacks 1.00
Rice Krispies Treats® 1.00

DRINKS

★ Hot Chocolate \$1.50
Nestle® Water 16oz 1.00
T.G. Lee® Milk .75
Envy® 1.50
Apple & Eve® Juice Box .65

Menu is subject to change.

= Contains Pork

★ = Limited Time Only