



# HIGH SCHOOL Menu MARCH



Breakfast \$1.75  
Lunch \$3.00



Manage your meals  
online at:  
[myschoolbucks.com](http://myschoolbucks.com)



@RedAppleDining



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## BREAKFAST

ALL MEALS INCLUDE AN ENTREE, FRUIT, 100% FRUIT JUICE AND/OR MILK.

### MONDAY

French Toast Sticks  
General Mills® Cereals and Cheese Stick  
BenefIT® Bar  
Fresh Baked Scone & Yogurt

### TUESDAY

Chicken Biscuit  
General Mills® Cereals and Cheese Stick  
BenefIT® Bar

### WEDNESDAY

Mini Maple Pancakes and Sausage™  
General Mills® Cereals and Cheese Stick  
BenefIT® Bar  
Fresh Baked Scone & Yogurt

### THURSDAY

Chicken Biscuit  
General Mills® Cereals and Cheese Stick  
BenefIT® Bar

### FRIDAY

Bacon, Egg & Cheese Croissant™  
General Mills® Cereals and Cheese Stick  
BenefIT® Bar  
Fresh Baked Scone & Yogurt

## LUNCH

### EVERYDAY FAVORITES

ALL MEALS INCLUDE AN ENTREE, FRUIT, JUICE, VEGETABLES AND/OR MILK.



#### CHICKEN SANDWICH MEAL

Crispy Chicken Sandwich



#### OVEN FRESH PIZZA MEAL

Choose from:  
Cheese, Pepperoni™  
or Buffalo Chicken



#### SUB SANDWICH MEAL

Hot Italian Sub™



#### SPECIALTY SALAD MEAL

Choose from:  
Cheese, Chicken Caesar or  
★ Limited Time! Grilled Chicken & Berry  
(Vegan options available upon request)



#### YOGURT PARFAIT MEAL

Yoplait® yogurt and  
fruit topped with  
homemade granola

# FEATURED MEAL OF THE DAY

ALL MEALS INCLUDE AN ENTREE, FRUIT, JUICE, VEGETABLES AND/OR MILK.

**MONDAY 3/2**



Flame Grilled Burger  
or  
Black Bean Burger  
French Fries

**TUESDAY 3/3**



Nachos  
with Toppings  
Refried Beans

**WEDNESDAY 3/4**



Boneless Wings  
Mashed Potatoes  
Gravy  
Dinner Roll

**THURSDAY 3/5**



Spaghetti and Meatballs <sup>☩</sup>  
Broccoli  
Garlic Breadstick

**FRIDAY 3/6**



Maple Waffles  
Strawberry Topping  
Eggs and Sausage <sup>☩</sup>  
Home Fries

**MONDAY 3/9**



Flame Grilled Burger  
or  
Black Bean Burger  
French Fries

**TUESDAY 3/10**



Chicken Quesadilla  
Black Beans  
Tortilla Chips

**WEDNESDAY 3/11**



Boneless Wings  
Mashed Potatoes  
Gravy  
Dinner Roll

**THURSDAY 3/12**



Chicken Parmesan  
Spaghetti  
Broccoli

**FRIDAY 3/13**



**MONDAY 3/16**

**TUESDAY 3/17**

**WEDNESDAY 3/18**

**THURSDAY 3/19**

**FRIDAY 3/20**



## SPRING BREAK



**MONDAY 3/23**



Flame Grilled Burger  
or  
Black Bean Burger  
French Fries

**TUESDAY 3/24**



Crunchy or Soft Tacos  
Tortilla Chips  
Pinto Beans

**WEDNESDAY 3/25**



Boneless Wings  
Mashed Potatoes  
Gravy  
Dinner Roll

**THURSDAY 3/26**



Chicken Alfredo  
Broccoli  
Garlic Breadstick

**FRIDAY 3/27**



**NEW!** Szechuan Chicken  
or Orange Chicken  
California Veggies  
Rice or Noodles

**MONDAY 3/30**



Flame Grilled Burger  
or  
Black Bean Burger  
French Fries

**TUESDAY 3/31**



Chicken or Beef  
Burrito Bowl  
with Toppings



**Fresh, Local & in your Campus Restaurant**  
Look for your specially labeled Fresh from Florida produce

## A LA CARTE AVAILABLE EVERYDAY

### FRESH FROM THE OVEN

Pizza Slice 2.25

### CLASSIC FAVORITES

Chicken Sandwich 2.25  
Sub 2.25

### LIGHTER CREATIONS

Assorted Specialty Salads 2.75

### SIDES & SNACKS

Fresh Fruit .75  
Fresh Veggies with Dip .75  
Cheese Stick .50  
Side Salad 1.50  
Baked Chips 1.00  
Fresh Baked Cookie 1.00  
BeneFIT<sup>®</sup> Bar 1.25  
Hershey<sup>®</sup> Ice Cream 1.25\*  
Welch's<sup>®</sup> Fruit Snacks 1.00

### DRINKS

Nestle<sup>®</sup> Water 16oz 1.00  
T.G. Lee<sup>®</sup> Milk .75  
Envy<sup>®</sup> 1.50  
Apple & Eve<sup>®</sup> Juice Box .75

\* Ice Cream available  
at select locations.

Menu is subject to change.

= Contains Pork

= Limited Time Only