



MIDDLE SCHOOL *menu* MARCH



Breakfast \$1.75
Lunch \$3.00



Manage your meals
online at:
myschoolbucks.com



@RedAppleDining



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BREAKFAST

ALL MEALS INCLUDE AN ENTREE, FRUIT, 100% FRUIT JUICE AND/OR MILK.

MONDAY

French Toast Sticks
General Mills® Cereals and Cheese Stick
BenefIT® Bar
Fresh Baked Scone & Yogurt

TUESDAY

Chicken Biscuit
General Mills® Cereals and Cheese Stick
BenefIT® Bar

WEDNESDAY

Mini Maple Pancakes and Sausage™
General Mills® Cereals and Cheese Stick
BenefIT® Bar
Fresh Baked Scone & Yogurt

THURSDAY

Chicken Biscuit
General Mills® Cereals and Cheese Stick
BenefIT® Bar

FRIDAY

Bacon, Egg & Cheese Croissant™
General Mills® Cereals and Cheese Stick
BenefIT® Bar
Fresh Baked Scone & Yogurt

LUNCH

EVERYDAY FAVORITES

ALL MEALS INCLUDE AN ENTREE, FRUIT, JUICE, VEGETABLES AND/OR MILK.



CHICKEN SANDWICH MEAL

Crispy Chicken Sandwich



OVEN FRESH PIZZA MEAL

Choose from:
Cheese, Pepperoni™
or Buffalo Chicken



SUB SANDWICH MEAL

Hot Italian Sub™



SPECIALTY SALAD MEAL

Choose from:
Cheese, Chicken Caesar or
★ **Limited Time!** Grilled Chicken & Berry
(Vegan options available upon request)



YOGURT PARFAIT MEAL

Yoplait® yogurt and
fruit topped with
homemade granola

FEATURED MEAL OF THE DAY

ALL MEALS INCLUDE AN ENTREE, FRUIT, JUICE, VEGETABLES AND/OR MILK.

MONDAY 3/2



Flame Grilled Burger
or
Black Bean Burger
French Fries

TUESDAY 3/3



Nachos
with Toppings
Refried Beans

WEDNESDAY 3/4



Boneless Wings
Mashed Potatoes
Gravy
Dinner Roll

THURSDAY 3/5



Spaghetti and Meatballs [☹]
Broccoli
Garlic Breadstick

FRIDAY 3/6



Maple Waffles
Strawberry Topping
Eggs and Sausage [☹]
Home Fries

MONDAY 3/9



Flame Grilled Burger
or
Black Bean Burger
French Fries

TUESDAY 3/10



Chicken Quesadilla
Black Beans
Tortilla Chips

WEDNESDAY 3/11



Boneless Wings
Mashed Potatoes
Gravy
Dinner Roll

THURSDAY 3/12



Chicken Parmesan
Spaghetti
Broccoli

FRIDAY 3/13



MONDAY 3/16

TUESDAY 3/17

WEDNESDAY 3/18

THURSDAY 3/19

FRIDAY 3/20



SPRING BREAK



MONDAY 3/23



Flame Grilled Burger
or
Black Bean Burger
French Fries

TUESDAY 3/24



Crunchy or Soft Tacos
Tortilla Chips
Pinto Beans

WEDNESDAY 3/25



Boneless Wings
Mashed Potatoes
Gravy
Dinner Roll

THURSDAY 3/26



Chicken Alfredo
Broccoli
Garlic Breadstick

FRIDAY 3/27



NEW! Szechuan Chicken
or Orange Chicken
California Veggies
Rice or Noodles

MONDAY 3/30



Flame Grilled Burger
or
Black Bean Burger
French Fries

TUESDAY 3/31



Chicken or Beef
Burrito Bowl
with Toppings



Fresh, Local & in your Campus Restaurant
Look for your specially labeled Fresh from Florida produce

A LA CARTE AVAILABLE EVERYDAY

FRESH FROM THE OVEN

Pizza Slice 2.25

CLASSIC FAVORITES

Chicken Sandwich 2.25
Sub 2.25

LIGHTER CREATIONS

Assorted Specialty Salads 2.75

SIDES & SNACKS

Fresh Fruit .75
Fresh Veggies with Dip .75
Cheese Stick .50
Side Salad 1.50
Baked Chips 1.00
Fresh Baked Cookie 1.00
BeneFIT[®] Bar 1.25
Hershey[®] Ice Cream 1.25*
Welch's[®] Fruit Snacks 1.00

DRINKS

Nestle[®] Water 16oz 1.00
T.G. Lee[®] Milk .75
Envy[®] 1.50
Apple & Eve[®] Juice Box .75

* Ice Cream available
at select locations.

Menu is subject to change.

= Contains Pork

= Limited Time Only