



HIGH SCHOOL September Menu



Manage your meals online at:
MySchoolBucks.com

COST : Breakfast \$1.75 & Lunch \$3

= This Contains Pork

BREAKFAST

All Meals Include An Entrée, Fruit,
100% Fruit Juice and/or Milk

MONDAY

French Toast Sticks
General Mills® Cereals and Cheese Stick
BenefIT® Bar

TUESDAY

Chicken Biscuit
General Mills® Cereals and Cheese Stick
BenefIT® Bar

WEDNESDAY

Mini Maple Pancakes and Sausage
General Mills® Cereals and Cheese Stick
BenefIT® Bar

THURSDAY

Chicken Biscuit
General Mills® Cereals and Cheese Stick
BenefIT® Bar

FRIDAY

Bacon, Egg & Cheese Croissant
General Mills® Cereals and Cheese Stick
BenefIT® Bar

Menus including A La Carte Menu
available online at RedAppleDining.com

FEATURED MEAL OF THE DAY

All Meals Include an Entrée, Fruit,
Juice, Vegetables and/or Milk.

Monday	Tuesday	Wednesday	Thursday	Friday
	1 Chicken or Beef Burrito Bowl with Toppings	2 Boneless Wings Mashed Potatoes Gravy Dinner Roll	3 Baked Pasta Broccoli Garlic Breadstick	4 Szechuan Chicken or Orange Chicken California Veggies Lo Mein Noodles
7 HAPPY LABOR DAY	8 100% All Beef Burger or Black Bean Burger French Fries	9 Boneless Wings Mashed Potatoes Gravy Dinner Roll	10 Baked Pasta Broccoli Garlic Breadstick	11 Szechuan Chicken or Orange Chicken California Veggies Lo Mein Noodles
14 100% All Beef Burger or Black Bean Burger French Fries	15 Chicken or Beef Burrito Bowl with Toppings	16 Boneless Wings Mashed Potatoes Gravy Dinner Roll	17 Baked Pasta Broccoli Garlic Breadstick	18 Chicken & Waffles Home Fries
21 100% All Beef Burger or Black Bean Burger French Fries	22 Chicken or Beef Burrito Bowl with Toppings	23 Boneless Wings Mashed Potatoes Gravy Dinner Roll	24 Chicken Alfredo Broccoli Garlic Breadstick	25 Szechuan Chicken or Orange Chicken California Veggies Lo Mein Noodles
28 100% All Beef Burger or Black Bean Burger French Fries	29 Chicken or Beef Burrito Bowl with Toppings	30 Boneless Wings Mashed Potatoes Gravy Dinner Roll		



Menu is subject to change.

EVERYDAY FAVORITES

**CHICKEN
SANDWICH MEAL**
Crispy Chicken Sandwich

**SPECIALTY
SALAD MEAL**
Turkey & Cheese
or Chicken Caesar

**OVEN FRESH
PIZZA MEAL**
Cheese, Pepperoni
or Buffalo Chicken