



# MIDDLE SCHOOL

## September Menu



Manage your meals online at:  
**MySchoolBucks.com**

= This Contains Pork

**COST :** Breakfast \$1.75 & Lunch \$3

### BREAKFAST

All Meals Include An Entrée, Fruit,  
100% Fruit Juice and/or Milk

#### MONDAY

French Toast Sticks  
General Mills® Cereals and Cheese Stick  
BenefIT® Bar

#### TUESDAY

Chicken Biscuit  
General Mills® Cereals and Cheese Stick  
BenefIT® Bar

#### WEDNESDAY

Mini Maple Pancakes and Sausage   
General Mills® Cereals and Cheese Stick  
BenefIT® Bar

#### THURSDAY

Chicken Biscuit  
General Mills® Cereals and Cheese Stick  
BenefIT® Bar

#### FRIDAY

Bacon, Egg & Cheese Croissant   
General Mills® Cereals and Cheese Stick  
BenefIT® Bar

Menus including A La Carte Menu  
available online at [RedAppleDining.com](http://RedAppleDining.com)

## FEATURED MEAL OF THE DAY

All Meals Include an Entrée, Fruit,  
Juice, Vegetables and/or Milk.

Monday	Tuesday	Wednesday	Thursday	Friday
	<b>1</b> Chicken or Beef Burrito Bowl with Toppings	<b>2</b> Boneless Wings Mashed Potatoes Gravy Dinner Roll	<b>3</b> Baked Pasta Broccoli Garlic Breadstick	<b>4</b> Szechuan Chicken or Orange Chicken California Veggies Lo Mein Noodles
<b>7</b> <b>HAPPY LABOR DAY</b>	<b>8</b> 100% All Beef Burger or Black Bean Burger French Fries	<b>9</b> Boneless Wings Mashed Potatoes Gravy Dinner Roll	<b>10</b> Baked Pasta Broccoli Garlic Breadstick	<b>11</b> Szechuan Chicken or Orange Chicken California Veggies Lo Mein Noodles
<b>14</b> 100% All Beef Burger or Black Bean Burger French Fries	<b>15</b> Chicken or Beef Burrito Bowl with Toppings	<b>16</b> Boneless Wings Mashed Potatoes Gravy Dinner Roll	<b>17</b> Baked Pasta Broccoli Garlic Breadstick	<b>18</b> Chicken & Waffles Home Fries
<b>21</b> 100% All Beef Burger or Black Bean Burger French Fries	<b>22</b> Chicken or Beef Burrito Bowl with Toppings	<b>23</b> Boneless Wings Mashed Potatoes Gravy Dinner Roll	<b>24</b> Chicken Alfredo Broccoli Garlic Breadstick	<b>25</b> Szechuan Chicken or Orange Chicken California Veggies Lo Mein Noodles
<b>28</b> 100% All Beef Burger or Black Bean Burger French Fries	<b>29</b> Chicken or Beef Burrito Bowl with Toppings	<b>30</b> Boneless Wings Mashed Potatoes Gravy Dinner Roll		



Menu is subject to change.

### EVERYDAY FAVORITES

**CHICKEN  
SANDWICH MEAL**  
Crispy Chicken Sandwich

**SPECIALTY  
SALAD MEAL**  
Turkey & Cheese  
or Chicken Caesar

**OVEN FRESH  
PIZZA MEAL**  
Cheese, Pepperoni   
or Buffalo Chicken