



HIGH SCHOOL November Menu



Manage your meals online at:
MySchoolBucks.com

FREE Breakfast and Lunch Meals for a Limited Time in Support of Our Community

★ = Limited Time Only
🐷 = This Contains Pork

BREAKFAST

All Meals Include An Entrée, Fruit,
100% Fruit Juice and/or Milk

MONDAY

French Toast Sticks
General Mills® Cereals and Cheese Stick
BeneFIT® Bar

TUESDAY

Chicken Biscuit
General Mills® Cereals and Cheese Stick
BeneFIT® Bar

WEDNESDAY

Waffles and Sausage 🐷
General Mills® Cereals and Cheese Stick
BeneFIT® Bar

THURSDAY

Chicken Biscuit
General Mills® Cereals and Cheese Stick
BeneFIT® Bar

FRIDAY

Bacon, Egg & Cheese Croissant 🐷
General Mills® Cereals and Cheese Stick
BeneFIT® Bar

Menus including A La Carte Menu
available online at RedAppleDining.com

FEATURED MEAL OF THE DAY

All Meals Include an Entrée, Fruit,
Juice, Vegetables and/or Milk.

Monday	Tuesday	Wednesday	Thursday	Friday
2 Hot Italian Sub French Fries	3 Chicken or Beef Burrito Bowl with Toppings	4 Boneless Wings Mashed Potatoes Gravy Dinner Roll	5 Baked Pasta Broccoli Garlic Breadstick	6 General Tso's or Teriyaki Chicken Rice California Veggies
9 100% All Beef Burger or Black Bean Burger French Fries	10 Chicken or Beef Burrito Bowl with Toppings	11 Boneless Wings Mashed Potatoes Gravy Dinner Roll	12 Chicken Alfredo Broccoli Garlic Breadstick	13 Maple Waffles Fruit Topping Eggs & Sausage 🐷 Home Fries
16 BBQ Cheddar Chicken Sandwich or Black Bean Burger French Fries	17 Chicken or Beef Burrito Bowl with Toppings	18 Roasted Turkey Cranberry Sauce Mashed Potatoes & Gravy Dinner Roll & Cookie	19 Baked Pasta Broccoli Garlic Breadstick	20 Szechuan Chicken or Orange Chicken Noodles Green Beans
<h2>HAPPY THANKSGIVING</h2>				
30 100% All Beef Burger or Black Bean Burger French Fries				



**EVERYDAY
FAVORITES**

**YOGURT
PARFAIT MEAL**

**SPECIALTY
SALAD MEAL**
Turkey & Cheese
or Chicken Caesar

**OVEN FRESH
PIZZA MEAL**
Cheese, Pepperoni 🐷
or Buffalo Chicken

SANDWICH MEAL
Crispy Chicken Sandwich
or ★ Hot Italian Sub