



# MIDDLE SCHOOL

## November Menu



Manage your meals online at:  
**MySchoolBucks.com**

**FREE** Breakfast and Lunch Meals for a Limited Time in Support of Our Community

★ = Limited Time Only  
🐷 = This Contains Pork

### BREAKFAST

All Meals Include An Entrée, Fruit,  
100% Fruit Juice and/or Milk

#### MONDAY

French Toast Sticks  
General Mills® Cereals and Cheese Stick  
BeneFIT® Bar

#### TUESDAY

Chicken Biscuit  
General Mills® Cereals and Cheese Stick  
BeneFIT® Bar

#### WEDNESDAY

Waffles and Sausage 🐷  
General Mills® Cereals and Cheese Stick  
BeneFIT® Bar

#### THURSDAY

Chicken Biscuit  
General Mills® Cereals and Cheese Stick  
BeneFIT® Bar

#### FRIDAY

Bacon, Egg & Cheese Croissant 🐷  
General Mills® Cereals and Cheese Stick  
BeneFIT® Bar

Menus including A La Carte Menu  
available online at [RedAppleDining.com](http://RedAppleDining.com)

## FEATURED MEAL OF THE DAY

All Meals Include an Entrée, Fruit,  
Juice, Vegetables and/or Milk.

Monday	Tuesday	Wednesday	Thursday	Friday
2 Hot Italian Sub French Fries	3 Chicken or Beef Burrito Bowl with Toppings	4 Boneless Wings Mashed Potatoes Gravy Dinner Roll	5 Baked Pasta Broccoli Garlic Breadstick	6 General Tso's or Teriyaki Chicken Rice California Veggies
9 100% All Beef Burger or Black Bean Burger French Fries	10 Chicken or Beef Burrito Bowl with Toppings	11 Boneless Wings Mashed Potatoes Gravy Dinner Roll	12 Chicken Alfredo Broccoli Garlic Breadstick	13 Maple Waffles Fruit Topping Eggs & Sausage 🐷 Home Fries
16 BBQ Cheddar Chicken Sandwich or Black Bean Burger French Fries	17 Chicken or Beef Burrito Bowl with Toppings	18 Roasted Turkey Cranberry Sauce Mashed Potatoes & Gravy Dinner Roll & Cookie	19 Baked Pasta Broccoli Garlic Breadstick	20 Szechuan Chicken or Orange Chicken Noodles Green Beans
<h2>HAPPY THANKSGIVING</h2>				
30 100% All Beef Burger or Black Bean Burger French Fries				



**EVERYDAY  
FAVORITES**

YOGURT  
PARFAIT MEAL

**SPECIALTY  
SALAD MEAL**  
Turkey & Cheese  
or Chicken Caesar

**OVEN FRESH  
PIZZA MEAL**  
Cheese, Pepperoni 🐷  
or Buffalo Chicken

**SANDWICH MEAL**  
Crispy Chicken Sandwich  
or ★ Hot Italian Sub