



# HIGH SCHOOL December Menu



Manage your meals online at:  
**MySchoolBucks.com**

**FREE** Breakfast and Lunch Meals for a  
Limited Time in Support of Our Community

★ = Limited Time Only  
🐷 = This Contains Pork

## BREAKFAST

All Meals Include An Entrée, Fruit,  
100% Fruit Juice and/or Milk

### MONDAY

French Toast Sticks  
General Mills® Cereals and Cheese Stick  
BeneFIT® Bar

### TUESDAY

Chicken Biscuit  
General Mills® Cereals and Cheese Stick  
BeneFIT® Bar

### WEDNESDAY

Waffles and Sausage 🐷  
General Mills® Cereals and Cheese Stick  
BeneFIT® Bar

### THURSDAY

Chicken Biscuit  
General Mills® Cereals and Cheese Stick  
BeneFIT® Bar

### FRIDAY

Bacon, Egg & Cheese Croissant 🐷  
General Mills® Cereals and Cheese Stick  
BeneFIT® Bar

Menus including A La Carte Menu  
available online at [RedAppleDining.com](http://RedAppleDining.com)

## FEATURED MEAL OF THE DAY

All Meals Include an Entrée, Fruit,  
Juice, Vegetables and/or Milk.

| Monday  | Tuesday  | Wednesday   | Thursday  | Friday  |
|---|--|---|---|---|
| <b>30</b>   | <b>1</b>   | <b>2</b>  | <b>3</b>  | <b>4</b>  |
| 100% All Beef Burger<br>or<br>Black Bean Burger<br>French Fries | Chicken or Beef<br>Burrito Bowl<br>with Toppings | Boneless Wings<br>Mashed Potatoes<br>Gravy<br>Dinner Roll                               | Spaghetti & Meat Sauce<br>Broccoli<br>Garlic Breadstick | Maple Waffles<br>Fruit Topping<br>Eggs & Sausage 🐷<br>Home Fries    |
| <b>7</b>  | <b>8</b>   | <b>9</b>  | <b>10</b>   | <b>11</b>   |
| 100% All Beef Burger<br>or<br>Black Bean Burger<br>French Fries | Chicken or Beef<br>Burrito Bowl<br>with Toppings | Roasted Turkey<br>Cranberry Sauce<br>Mashed Potatoes &<br>Gravy<br>Dinner Roll & Cookie | Baked Pasta<br>Broccoli<br>Garlic Breadstick            | General Tso or<br>Teriyaki Chicken<br>Rice<br>California Vegetables |
| <b>14</b>   | <b>15</b>  | <b>16</b>   | <b>17</b>   | <b>18</b>   |
| 100% All Beef Burger<br>or<br>Black Bean Burger<br>French Fries | Chicken or Beef<br>Burrito Bowl<br>with Toppings | 100% Beef Hot Dog<br>Cheez-It®<br>Fresh Fruit<br>Vegetables                             | Sub<br>Cheetos®<br>Fresh Fruit<br>Vegetables            | Chicken Sandwich<br>Doritos®<br>Fresh Fruit<br>Vegetables           |
|   |  | <b>EARLY RELEASE</b>  | <b>EARLY RELEASE</b>                                    | <b>EARLY RELEASE</b>  |

## HAPPY HOLIDAYS



**EVERYDAY  
FAVORITES**

**YOGURT  
PARFAIT MEAL**

**SPECIALTY  
SALAD MEAL**  
Turkey & Cheese  
or Chicken Caesar

**OVEN FRESH  
PIZZA MEAL**  
Cheese, Pepperoni 🐷  
or Buffalo Chicken

**SANDWICH MEAL**  
Crispy Chicken Sandwich  
or BBQ Cheddar chicken  
Sandwich ★