



# HIGH SCHOOL February Menu



Manage your meals online at:  
**MySchoolBucks.com**

**FREE** Breakfast and Lunch Meals for a  
Limited Time in Support of Our Community

★ = Limited Time Only  
🐷 = This Contains Pork

## BREAKFAST

All Meals Include An Entrée, Fruit,  
100% Fruit Juice and/or Milk

### MONDAY

French Toast Sticks  
General Mills® Cereals and Cheese Stick  
BeneFIT® Bar

### TUESDAY

Chicken Biscuit  
General Mills® Cereals and Cheese Stick  
BeneFIT® Bar

### WEDNESDAY

Waffles and Sausage 🐷  
General Mills® Cereals and Cheese Stick  
BeneFIT® Bar

### THURSDAY

Chicken Biscuit  
General Mills® Cereals and Cheese Stick  
BeneFIT® Bar

### FRIDAY

Bacon, Egg & Cheese Croissant 🐷  
General Mills® Cereals and Cheese Stick  
BeneFIT® Bar

Menus including A La Carte Menu  
available online at [RedAppleDining.com](http://RedAppleDining.com)

## FEATURED MEAL OF THE DAY

All Meals Include an Entrée, Fruit,  
Juice, Vegetables and/or Milk.

Monday	Tuesday	Wednesday	Thursday	Friday
<b>1</b>	<b>2</b>	<b>3</b>	<b>4</b>	<b>5</b>
100% All Beef Burger or Black Bean Burger French Fries	Chicken or Beef Burrito Bowl with Toppings	Boneless Wings Mashed Potatoes Gravy Dinner Roll	Baked Pasta Broccoli Garlic Breadstick	General Tso or Teriyaki Chicken California Vegetables Rice
<b>8</b>	<b>9</b>	<b>10</b>	<b>11</b>	<b>12</b>
BBQ Cheddar Chicken Sandwich French Fries	Chicken or Beef Burrito Bowl with Toppings	Boneless Wings Mashed Potatoes Gravy Dinner Roll	Spaghetti & Meat Sauce Broccoli Garlic Breadstick	Maple Waffles Fruit Topping Eggs & Sausage 🐷 Home Fries
<b>15</b>	<b>16</b>	<b>17</b>	<b>18</b>	<b>19</b>
<b>PRESIDENTS' DAY</b>	100% All Beef Burger or Black Bean Burger French Fries	Boneless Wings Mashed Potatoes Gravy Dinner Roll	Baked Pasta Broccoli Garlic Breadstick	<b>NEW!</b> Pulled Pork Quesadilla or Chicken Quesadilla Pinto Beans Tortilla Chips
<b>22</b>	<b>23</b>	<b>24</b>	<b>25</b>	<b>26</b>
100% All Beef Burger or Black Bean Burger French Fries	Chicken or Beef Burrito Bowl with Toppings	Boneless Wings Mashed Potatoes Gravy Dinner Roll	Chicken Alfredo Broccoli Garlic Breadstick	Maple Waffles Fruit Topping Eggs & Sausage 🐷 Home Fries



Menu is subject to change.

## EVERYDAY FAVORITES

**YOGURT  
PARFAIT MEAL**

**SPECIALTY  
SALAD MEAL**  
Turkey & Cheese  
or Chicken Caesar

**OVEN FRESH  
PIZZA MEAL**  
Cheese, Pepperoni 🐷  
or Buffalo Chicken

**SANDWICH MEAL**  
Crispy Chicken  
Spicy Chicken ★  
Starting 2/11