



# HIGH SCHOOL November Menu



Manage your meals online at:  
**MySchoolBucks.com**

**FREE** Breakfast and Lunch Meals for a  
Limited Time in Support of Our Community

★ = Limited Time Only  
🐷 = This Contains Pork

## BREAKFAST

All Meals Include An Entrée, Fruit,  
100% Fruit Juice and/or Milk

### MONDAY

Waffles and Sausage 🐷  
General Mills® Cereals and Cheese Stick  
BeneFIT® Bar

### TUESDAY

Chicken Biscuit  
General Mills® Cereals and Cheese Stick  
BeneFIT® Bar

### WEDNESDAY

Pancakes & Sausage 🐷  
General Mills® Cereals and Cheese Stick  
BeneFIT® Bar

### THURSDAY

Chicken Biscuit  
General Mills® Cereals and Cheese Stick  
BeneFIT® Bar

### FRIDAY

French Toast Sticks & Sausage 🐷  
General Mills® Cereals and Cheese Stick  
BeneFIT® Bar

Menus including A La Carte Menu  
available online at [RedAppleDining.com](http://RedAppleDining.com)

## FEATURED MEAL OF THE DAY

All Meals Include an Entrée, Fruit,  
Juice, Vegetables and/or Milk.

Monday	Tuesday	Wednesday	Thursday	Friday
1 100% All Beef Burger or Black Bean Burger French Fries	2 Chicken or Beef Burrito Bowl with Toppings	3 Boneless Wings Mashed Potatoes Gravy Dinner Roll	4 Chicken Alfredo Broccoli Garlic Breadstick	5 Pulled Pork Sandwich 🐷 Baked Beans
8 100% All Beef Burger or Black Bean Burger French Fries	9 Chicken or Beef Burrito Bowl with Toppings	10 Boneless Wings Mashed Potatoes Gravy Dinner Roll	11 Spaghetti & Meat Sauce Broccoli Garlic Breadstick	12 General Tso's Chicken Rice California Veggies
15 100% All Beef Burger or Black Bean Burger French Fries	16 Chicken or Beef Burrito Bowl with Toppings	17 Roasted Turkey & Cranberry Sauce or Boneless Wings Mashed Potatoes & Gravy Dinner Roll & Cookie	18 Baked Pasta Broccoli Garlic Breadstick	19 Pulled Pork Sandwich 🐷 Baked Beans
<h2>HAPPY THANKSGIVING</h2>				
29 100% All Beef Burger or Black Bean Burger French Fries	30 Chicken or Beef Burrito Bowl with Toppings	1 Boneless Wings Mashed Potatoes Gravy Dinner Roll	2 Spaghetti & Meat Sauce Broccoli Garlic Breadstick	3 General Tso's Chicken Rice California Veggies



Menu is subject to change.

Due to limited product availability, some items may be temporarily unavailable.

## EVERYDAY FAVORITES

**YOGURT  
PARFAIT MEAL**

**SPECIALTY  
SALAD MEAL**  
Turkey & Cheese  
or Chicken Caesar

**OVEN FRESH  
PIZZA MEAL**  
Cheese, Pepperoni 🐷  
or Buffalo Chicken

**CHICKEN  
SANDWICH MEAL**  
Crispy or Spicy