

# **HIGH SCHOOL**November Menu

Manage your meals online at:

MySchoolBucks.com

**FREE** Breakfast and Lunch Meals for a Limited Time in Support of Our Community

★ = Limited Time Only冨 = This Contains Pork

## **BREAKFAST**

All Meals Include An Entrèe, Fruit, 100% Fruit Juice and/or Milk

#### **MONDAY**

Waffles and Sausage (5)
General Mills® Cereals and Cheese Stick
BeneFIT® Bar

#### **TUESDAY**

Chicken Biscuit

General Mills® Cereals and Cheese Stick

BeneFIT® Bar

#### **WEDNESDAY**

Pancakes & Sausage (a)
General Mills® Cereals and Cheese Stick
BeneFIT® Bar

#### **THURSDAY**

Chicken Biscuit

General Mills® Cereals and Cheese Stick

BeneFIT® Bar

#### **FRIDAY**

French Toast Sticks & Sausage S
General Mills® Cereals and Cheese Stick
BeneFIT® Bar

Menus including A La Carte Menu available online at **RedAppleDining.com** 

## @RedAppleDining

Menu is subject to change.

Due to limited product availability, some items may be temporarily unavailable.

# FEATURED MEAL OF THE DAY

All Meals Include an Entrèe, Fruit, Juice, Vegetables and/or Milk.

Friday	Thursday	Wednesday	Tuesday	Monday
Ę	4	3	2	1
Pulled Pork Sandwich ଞି Baked Beans	Spaghetti & Meat Sauce Broccoli Garlic Breadstick	100% All Beef Burger or Black Bean Burger French Fries	Chicken or Beef Burrito Bowl with Toppings	Boneless Wings Mashed Potatoes Gravy Dinner Roll
12	11	10	9	8
Pulled Pork Sandwich ଞି Baked Beans	Chicken Alfredo Broccoli Garlic Breadstick	Boneless Wings Mashed Potatoes Gravy Dinner Roll	Chicken or Beef Burrito Bowl with Toppings	100% All Beef Burger or Black Bean Burger French Fries
19	18	17 Roasted Turkey &	16	15
General Tso's Chicken Rice California Veggies	Spaghetti & Meat Sauce Broccoli Garlic Breadstick	Cranberry Sauce or Boneless Wings Mashed Potatoes & Gravy Dinner Roll & Cookie	Chicken or Beef Burrito Bowl with Toppings	100% All Beef Burger or Black Bean Burger French Fries

### HAPPY THANKSGIVING

29	30	1	2	3
100% All Beef Burger or Black Bean Burger French Fries	Chicken or Beef Burrito Bowl with Toppings	Boneless Wings Mashed Potatoes Gravy Dinner Roll	Baked Pasta Broccoli Garlic Breadstick	General Tso's Chicken Rice California Veggies



YOGURT
PARFAIT MEAL

SPECIALTY SALAD MEAL Turkey & Cheese or Chicken Caesar OVEN FRESH PIZZA MEAL

Cheese, Pepperoni 
or Buffalo Chicken

CHICKEN SANDWICH MEAL

Crispy or Spicy