



# MIDDLE SCHOOL

## November Menu



Manage your meals online at:  
**MySchoolBucks.com**

**FREE** Breakfast and Lunch Meals for a Limited Time in Support of Our Community

★ = Limited Time Only

🐷 = This Contains Pork

### BREAKFAST

All Meals Include An Entrée, Fruit,  
100% Fruit Juice and/or Milk

#### MONDAY

Waffles and Sausage 🐷

General Mills® Cereals and Cheese Stick  
BenefIT® Bar

#### TUESDAY

Chicken Biscuit

General Mills® Cereals and Cheese Stick  
BenefIT® Bar

#### WEDNESDAY

Pancakes & Sausage 🐷

General Mills® Cereals and Cheese Stick  
BenefIT® Bar

#### THURSDAY

Chicken Biscuit

General Mills® Cereals and Cheese Stick  
BenefIT® Bar

#### FRIDAY

French Toast Sticks & Sausage 🐷

General Mills® Cereals and Cheese Stick  
BenefIT® Bar

Menus including A La Carte Menu  
available online at [RedAppleDining.com](http://RedAppleDining.com)

### FEATURED MEAL OF THE DAY

All Meals Include an Entrée, Fruit,  
Juice, Vegetables and/or Milk.

Monday	Tuesday	Wednesday	Thursday	Friday
1 Boneless Wings Mashed Potatoes Gravy Dinner Roll	2 Chicken or Beef Burrito Bowl with Toppings	3 100% All Beef Burger or Black Bean Burger French Fries	4 Spaghetti & Meat Sauce Broccoli Garlic Breadstick	5 Pulled Pork Sandwich 🐷 Baked Beans
8 100% All Beef Burger or Black Bean Burger French Fries	9 Chicken or Beef Burrito Bowl with Toppings	10 Boneless Wings Mashed Potatoes Gravy Dinner Roll	11 Chicken Alfredo Broccoli Garlic Breadstick	12 Pulled Pork Sandwich 🐷 Baked Beans
15 100% All Beef Burger or Black Bean Burger French Fries	16 Chicken or Beef Burrito Bowl with Toppings	17 Roasted Turkey & Cranberry Sauce or Boneless Wings Mashed Potatoes & Gravy Dinner Roll & Cookie	18 Spaghetti & Meat Sauce Broccoli Garlic Breadstick	19 General Tso's Chicken Rice California Veggies
<b>HAPPY THANKSGIVING</b>				
29 100% All Beef Burger or Black Bean Burger French Fries	30 Chicken or Beef Burrito Bowl with Toppings	1 Boneless Wings Mashed Potatoes Gravy Dinner Roll	2 Baked Pasta Broccoli Garlic Breadstick	3 General Tso's Chicken Rice California Veggies



Menu is subject to change.

Due to limited product availability, some items may be temporarily unavailable.

### EVERYDAY FAVORITES

YOGURT  
PARFAIT MEAL

SPECIALTY  
SALAD MEAL  
Turkey & Cheese  
or Chicken Caesar

OVEN FRESH  
PIZZA MEAL  
Cheese, Pepperoni 🐷  
or Buffalo Chicken

CHICKEN  
SANDWICH MEAL  
Crispy or Spicy