



MIDDLE SCHOOL

January Menu



Manage your meals online at:
MySchoolBucks.com

FREE Breakfast and Lunch Meals for a Limited Time in Support of Our Community

★ = Limited Time Only

🐷 = This Contains Pork

BREAKFAST

All Meals Include An Entrée, Fruit,
100% Fruit Juice and/or Milk

MONDAY

Waffles and Sausage 🐷

General Mills® Cereals and Cheese Stick
BenefIT® Bar

TUESDAY

Chicken Biscuit

General Mills® Cereals and Cheese Stick
BenefIT® Bar

WEDNESDAY

Pillsbury Mini Bagels® (1/5 Only)

NEW! Fresh Baked Scone (1/12 and after)

General Mills® Cereals and Cheese Stick
BenefIT® Bar

THURSDAY

Chicken Biscuit

General Mills® Cereals and Cheese Stick
BenefIT® Bar

FRIDAY

French Toast Sticks & Sausage 🐷

General Mills® Cereals and Cheese Stick
BenefIT® Bar

Menus including A La Carte Menu
available online at RedAppleDining.com

FEATURED MEAL OF THE DAY

All Meals Include an Entrée, Fruit,
Juice, Vegetables and/or Milk.

Monday	Tuesday	Wednesday	Thursday	Friday
3 NO SCHOOL	4 NO SCHOOL	5 Boneless Wings Mashed Potatoes Gravy Dinner Roll	6 Chicken Alfredo Broccoli Garlic Breadstick	7 Pulled Pork Sandwich 🐷 Baked Beans
10 100% All Beef Burger or Black Bean Burger French Fries	11 Chicken or Beef Burrito Bowl with Toppings	12 Boneless Wings Mashed Potatoes Gravy Dinner Roll	13 Spaghetti & Meat Sauce Broccoli Garlic Breadstick	14 General Tso's Chicken Rice California Vegetables
17 MARTIN LUTHER KING JR. DAY	18 100% All Beef Burger or Black Bean Burger French Fries	19 Boneless Wings Mashed Potatoes Gravy Dinner Roll	20 Baked Pasta Broccoli Garlic Breadstick	21 Pulled Pork Sandwich 🐷 Baked Beans
24 100% All Beef Burger or Black Bean Burger French Fries	25 Chicken or Beef Burrito Bowl with Toppings	26 Boneless Wings Mashed Potatoes Gravy Dinner Roll	27 Spaghetti & Meat Sauce Broccoli Garlic Breadstick	28 General Tso's Chicken Rice California Vegetables
31 100% All Beef Burger or Black Bean Burger French Fries				

@RedAppleDining

Due to limited product availability, some items may be temporarily unavailable.

Menu is subject to change.

EVERYDAY FAVORITES

YOGURT PARFAIT MEAL

SPECIALTY SALAD MEAL

Turkey & Cheese Chef
or Chicken Caesar

OVEN FRESH PIZZA MEAL

Cheese, Pepperoni 🐷
or Buffalo Chicken

CHICKEN SANDWICH MEAL
Crispy