



HIGH SCHOOL January Menu



Manage your meal account
online at: MySchoolBucks.com

★ = Limited Time Only
🐷 = This Contains Pork

COST : Breakfast \$2.75 & Lunch \$3.75

Apply for Meal Benefits for free and reduced-priced meals at: SCPSmealapp.com

BREAKFAST

All Meals Include An Entrée, Fruit,
100% Fruit Juice and/or Milk

MONDAY

Waffles and Sausage 🐷
General Mills® Cereals and Cheese Stick
BenefIT® Bar

TUESDAY

Chicken Biscuit
General Mills® Cereals and Cheese Stick
BenefIT® Bar

WEDNESDAY

French Toast Sticks & Sausage 🐷
General Mills® Cereals and Cheese Stick
BenefIT® Bar

THURSDAY

Chicken Biscuit
General Mills® Cereals and Cheese Stick
BenefIT® Bar

FRIDAY

Fresh Baked Scone & Yogurt
General Mills® Cereals and Cheese Stick
BenefIT® Bar

Menus including A La Carte Menu
available online at RedAppleDining.com



Due to limited product availability, some
Items may be temporarily unavailable.

Menu is subject to change.

This institution is an equal opportunity provider.

EVERYDAY FAVORITES

**YOGURT
PARFAIT MEAL**
Blueberry

**SPECIALTY
SALAD MEAL**
Turkey & Cheese Chef
or Chicken Caesar

**OVEN FRESH
PIZZA MEAL**
Cheese, Pepperoni 🐷
or Buffalo Chicken

**CHICKEN
SANDWICH MEAL**
Crispy or Spicy

FEATURED MEAL OF THE DAY

All Meals Include an Entrée, Fruit,
Juice, Vegetables and/or Milk.
Vegetarian option available daily.

Monday	Tuesday	Wednesday	Thursday	Friday
2	3	4	5	6
100% All Beef Burger or Black Bean Burger French Fries	Chicken, Beef or Veggie Burrito Bowl with Toppings	Boneless Wings Mashed Potatoes Gravy Dinner Roll	Spaghetti Meat Sauce or Marinara Broccoli Garlic Breadstick	Tangerine Chicken Rice or Lo Mein Honey-Glazed Carrots Fortune Cookie
9	10	11	12	13
100% All Beef Burger or Black Bean Burger French Fries	Chicken, Beef or Veggie Burrito Bowl with Toppings	Boneless Wings Mashed Potatoes Gravy Dinner Roll	Chicken or Penne Alfredo Broccoli Garlic Breadstick	Rib-b-que Sandwich 🐷 Baked Beans
16	17	18	19	20
MARTIN LUTHER KING JR. DAY	100% All Beef Burger or Black Bean Burger French Fries	Boneless Wings Mashed Potatoes Gravy Dinner Roll	Baked Pasta Broccoli Garlic Breadstick	Orange Chicken Rice or Lo Mein Honey-Glazed Carrots Fortune Cookie
23	24	25	26	27
100% All Beef Burger or Black Bean Burger French Fries	Chicken, Beef or Veggie Burrito Bowl with Toppings	Boneless Wings Mashed Potatoes Gravy Dinner Roll	Spaghetti Meat Sauce or Marinara Broccoli Garlic Breadstick	Rib-b-que Sandwich 🐷 Baked Beans
30	31			
100% All Beef Burger or Black Bean Burger French Fries	Chicken, Beef or Veggie Burrito Bowl with Toppings			